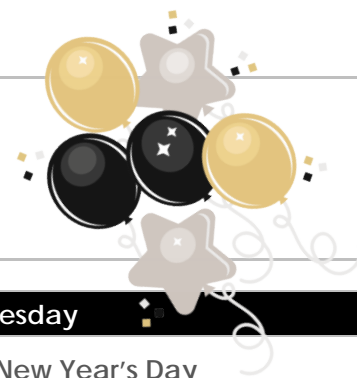











# Legacy Ridge



# January

# 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1 New Year's Day</p> <p>9:00am Rose Parade NBC</p> <p>10:00am Group Exercise</p> <p>10:30am New Years Resolution Chat</p> <p>11:30 Lunch</p> <p>1:00pm Modern Art or Toddler Art?</p> <p>2:00pm Bowling</p> <p>3:00pm Daily Chronicle &amp; News Currents</p> <p>4:00pm Who is Betsy Ross?</p> <p>4:30pm Dinner</p> <p>5:30pm Evening Games</p> 	<p>2</p> <p>9:00am Morning Inspiration</p> <p>10:00am Group Exercise</p> <p>10:30am Daily Chronicle &amp; News Currents</p> <p>11:30 Lunch</p> <p>1:00pm IMAX Outing: "Panda 3D" at the Museum of Nature and Science- BUS</p> <p>4:30pm Dinner</p> <p>5:30pm UNO</p>	<p>3</p> <p>9:00am Morning Comedy</p> <p>10:00am Group Exercise</p> <p>10:30am Resident Council Meeting</p> <p>11:30 Lunch</p> <p>1:00pm Snowball Toss</p> <p>2:30pm Bingo</p> <p>3:30pm Happy Hour with Mary Mitchell - Bis</p> <p>4:30pm Dinner</p> <p>5:30pm Throwback Thursday Movie</p>	<p>4</p> <p>9:30am Group Exercise</p> <p>10:00am Joy Ride- BUS</p> <p>11:30 Lunch</p> <p>1:30pm Ukulele Performance- TR</p> <p>2:30pm Dating a Star</p> <p>3:00pm Giant Jenga</p> <p>3:30pm Bridge- A&amp;C</p> <p>3:30pm Armchair Travel- TR</p> <p>4:00pm Wheel of Fortune</p> <p>4:30pm Dinner</p> <p>6:00pm Viewer's Choice</p>	<p>5</p> <p>9:00am Weekend Zen</p> <p>10:30am Group Exercise</p> <p>11:00am Musical Minds &amp; Sing Along</p> <p>11:30am Lunch</p> <p>1:00pm I Love Lucy Trivia </p> <p>2:00pm Brain Games</p> <p>3:00pm 2019 Door Bust Maker</p> <p>4:30pm Dinner</p> <p>6:00pm Movie Night with Popcorn</p>
<p>6</p> <p>9:00am Daily Chronicle &amp; News Currents</p> <p>10:30am Catholic Communion-PDR</p> <p>10:30am Hymn Sing Along</p> <p>11:30 Lunch</p> <p>1:00pm Rhythm Ribbons</p> <p>2:00pm Reminiscing</p> <p>3:00pm Balloon Volleyball</p> <p>4:00pm Jenga</p> <p>4:30pm Dinner</p> <p>6:00pm Movie Night</p>	<p>7</p> <p>9:00am Daily Chronicle &amp; News Currents</p> <p>10:00am Group Exercise</p> <p>10:30am Adams Family Trivia</p> <p>11:30 Lunch</p> <p>1:30pm Movie Matinee- TR</p> <p>3:30pm Name that Tune</p> <p>4:30pm Dinner</p> <p>5:30pm Harlem Globetrotters "Granny Shot"</p>	<p>8</p> <p>9:00am Good Morning Inspiration</p> <p>10:00am Group Exercise</p> <p>10:30am Daily Chronicle &amp; News Currents</p> <p>11:30 Lunch</p> <p>1:00pm Reminisce: Good Housewives Guide</p> <p>2:00pm Therapy Balls</p> <p>3:00pm Pass Out Joy (Balloons)</p> <p>4:00pm Wheel of Fortune</p> <p>4:30pm Dinner</p> <p>5:30pm Evening Games</p> 	<p>9 Foot Clinic</p> <p>9:00am Morning Comedy</p> <p>10:00am Group Exercise</p> <p>10:30am Daily Chronicle &amp; News Currents</p> <p>11:00am Lunch Outing: Famous Dave's BBQ- BUS</p> <p>11:30 Lunch</p> <p>2:30pm Toss and Talk Ball</p> <p>3:30pm Activate Your Senses</p> <p>4:30pm Dinner</p> <p>5:30pm Joe Name It</p>	<p>10</p> <p>9:00am Daily Chronicle &amp; News Currents</p> <p>10:00am Group Exercise</p> <p>10:30am Poetry Hour</p> <p>11:30 Lunch</p> <p>1:00pm Drawing with Julie- A&amp;C</p> <p>1:30pm Science Experiment</p> <p>2:30pm Dominoes</p> <p>3:30pm Happy Hour with Hal and Evelyn- Bis</p> <p>4:30pm Dinner</p> <p>5:30pm Throwback Thursday Movie</p>	<p>11</p> <p>9:30am Group Exercise</p> <p>10:00am Joy Ride- BUS</p> <p>11:30 Lunch</p> <p>1:30pm The Daily Chronicle &amp; News Currents</p> <p>2:00pm Balloon Volleyball</p> <p>3:00pm Who Shares Your Bday?</p> <p>3:30pm Bridge- A&amp;C</p> <p>3:30pm Armchair Travel- TR</p> <p>4:00pm Wheel of Fortune</p> <p>4:30pm Dinner</p> <p>6:00pm Viewer's Choice</p>	<p>12</p> <p>9:00am Weekend Zen</p> <p>10:30am Group Exercise</p> <p>11:00am Morning Music</p> <p>11:30am Lunch</p> <p>1:00pm Kids Say the Darndest Things</p> <p>2:00pm Famous Quotes</p> <p>3:00pm Cornhole Toss</p> <p>4:30pm Dinner</p> <p>6:00pm Movie Night with Popcorn</p>
<p>13</p> <p>9:00am Daily Chronicle &amp; News Currents</p> <p>10:30am Catholic Communion-PDR</p> <p>10:30am Hymn Sing Along</p> <p>11:30 Lunch</p> <p>1:00pm Rhythm Ribbons</p> <p>2:00pm Reminiscing</p> <p>3:00pm Balloon Volleyball</p> <p>4:00pm Jenga</p> <p>4:30pm Dinner</p> <p>6:00pm Movie Night</p>	<p>14</p> <p>9:00am Name that Tune</p> <p>10:00am Group Exercise</p> <p>10:30am Reminisce: Coming of Age</p> <p>11:30 Lunch</p> <p>1:30pm Movie Matinee- TR</p> <p>3:30pm Daily Chronicle &amp; News Currents</p> <p>4:30pm Dinner</p> <p>5:30pm Wheel of Fortune</p>	<p>15 Hat Day</p> <p>9:00am Good Morning Inspiration</p> <p>10:00am Group Exercise</p> <p>10:30am Newspaper Hats</p> <p>11:30 Lunch</p> <p>1:00pm The Daily Chronicle &amp; News Currents</p> <p>2:00pm Therapy Balls</p> <p>3:00pm Jeanne Robertson Comedy Hour</p> <p>4:00pm Wheel of Fortune</p> <p>4:30pm Dinner</p> <p>5:30pm Evening Games</p>	<p>16</p> <p>9:00am Morning Comedy</p> <p>9:30am Group Exercise</p> <p>10:00am Joy Ride- BUS</p> <p>11:30 Lunch</p> <p>1:30pm Water Colors with Liz</p> <p>2:30pm Minute to Win It</p> <p>3:30pm Famous January Birthdays Word Search</p> <p>4:30pm Dinner</p> <p>5:30pm UNO</p>	<p>17 Ear Clinic</p> <p>9:00am Daily Chronicle &amp; News Currents</p> <p>10:00am Group Exercise</p> <p>10:30am Learn to Juggle</p> <p>11:30 Lunch</p> <p>1:00pm Name that Performer</p> <p>2:30pm Bingo</p> <p>3:30pm Happy Hour with Gino- Bis</p> <p>4:30pm Dinner</p> <p>5:30pm Throwback Thursday Movie</p>	<p>18</p> <p>9:30am Group Exercise</p> <p>10:00am Outing: Black American West Museum- BUS</p> <p>11:30 Lunch</p> <p>1:00pm The Daily Chronicle &amp; News Currents</p> <p>2:00pm Balloon Volleyball</p> <p>3:00pm Giant Jenga</p> <p>3:30pm Bridge- A&amp;C</p> <p>3:30pm Armchair Travel- TR</p> <p>4:00pm Wheel of Fortune</p> <p>4:30pm Dinner</p> <p>6:00pm Viewer's Choice</p>	<p>19 National Popcorn Day </p> <p>9:00am Weekend Zen</p> <p>10:30am Group Exercise</p> <p>11:00am Musical Minds &amp; Sing Along</p> <p>11:30am Lunch</p> <p>1:00pm Curious Dragonfly Newsletter &amp; Discussion</p> <p>2:00pm Wii Bowling</p> <p>3:00pm Party Popcorn Snack Making</p> <p>4:30pm Dinner</p> <p>6:00pm Movie Night with Popcorn</p>

<p>20</p> <p>9:00am Daily Chronicle &amp; News Currents</p> <p>10:30am Catholic Communion-PDR</p> <p>10:30am Hymn Sing Along</p> <p>11:30 Lunch</p> <p>1:00pm Rhythm Ribbons</p> <p>2:00pm Reminiscing</p> <p>3:00pm Balloon Volleyball</p> <p>4:00pm Jenga</p> <p>4:30pm Dinner</p> <p>6:00pm Movie Night</p>	<p>21 Martin Luther King Jr Day</p> <p>9:00am Name that Tune</p> <p>10:00am Group Exercise</p> <p>10:30am Trivia- Martin Luther King Jr</p> <p>11:30 Lunch</p> <p>1:30pm Movie Matinee- TR</p> <p>3:30pm Daily Chronicle &amp; News Currents</p> <p>4:30pm Dinner</p> <p>5:30pm Wheel of Fortune</p> 	<p>22</p> <p>9:00am Good Morning Inspiration</p> <p>10:00am Group Exercise</p> <p>10:30am Frisbee Toss</p> <p>11:30 Lunch</p> <p>1:00pm The Daily Chronicle &amp; News Currents</p> <p>2:00pm Therapy Balls</p> <p>3:00pm What's in the Balloon?</p> <p>4:00pm Wheel of Fortune</p> <p>4:30pm Dinner</p> <p>5:30pm Evening Games</p>	<p>23</p> <p>9:00am Morning Comedy</p> <p>10:00am Group Exercise</p> <p>10:30am Daily Chronicle &amp; News Currents</p> <p>11:00am Lunch Outing: Las Delicia's- BUS</p> <p>11:30 Lunch</p> <p>1:00pm Spice Art</p> <p>2:30pm Balloon Volleyball</p> <p>3:30pm Activate Your Senses</p> <p>4:30pm Dinner</p> <p>5:30pm Blurt</p>	<p>24 National Compliment Day</p> <p>9:00am Daily Chronicle &amp; News Currents</p> <p>10:00am Group Exercise</p> <p>10:30am Drum Circle</p> <p>11:30 Lunch</p> <p>1:00pm Hand Out Compliments</p> <p>2:30pm Dominoes</p> <p>3:30pm Happy Hour with- Bis</p> <p>4:30pm Dinner</p> <p>5:30pm Throwback Thursday Movie</p> 	<p>25</p> <p>9:30am Group Exercise</p> <p>10:00am Joy Ride- BUS</p> <p>11:30 Lunch</p> <p>1:30pm The Daily Chronicle &amp; News Currents</p> <p>2:00pm Curious Dragon: Titanic Part 3- TR</p> <p>3:00pm Giant Jenga</p> <p>3:30pm Bridge- A&amp;C</p> <p>3:30pm Armchair Travel- TR</p> <p>4:00pm Wheel of Fortune</p> <p>4:30pm Dinner</p> <p>6:00pm Viewer's Choice</p>	<p>26</p> <p>9:00am Weekend Zen</p> <p>10:30am Group Exercise</p> <p>11:00am Morning Music</p> <p>11:30am Lunch</p> <p>1:00pm- Winter Tree Art</p> <p>2:00pm Aerial America - Colorado</p> <p>3:00pm Target Toss</p> <p>4:30pm Dinner</p> <p>6:00pm Movie Night with Popcorn</p>
<p>27</p> <p>9:00am Daily Chronical</p> <p>10:30am Catholic Communion-PDR</p> <p>10:30am Hymn Sing Along</p> <p>11:30 Lunch</p> <p>1:00pm Rhythm Ribbons</p> <p>2:00pm Reminiscing</p> <p>3:00pm Balloon Volleyball</p> <p>4:00pm Jenga</p> <p>4:30pm Dinner</p> <p>6:00pm Movie Night</p>	<p>28</p> <p>9:00am Name that Tune</p> <p>10:00am Group Exercise</p> <p>10:30am Reminisce: Fantasy Destinations</p> <p>11:30 Lunch</p> <p>1:30pm Movie Matinee- TR</p> <p>3:30pm Daily Chronicle &amp; News Currents</p> <p>4:30pm Dinner</p> <p>5:30pm Wheel of Fortune</p>	<p>29 Puzzle Day</p> <p>9:00am Good Morning Inspiration</p> <p>10:00am Group Exercise</p> <p>10:30am Puzzle Time!</p> <p>11:30 Lunch</p> <p>1:00pm The Daily Chronicle &amp; News Currents</p> <p>2:00pm Therapy Balls</p> <p>3:00pm Steve and Dawn Perform Oklahoma- TR</p> <p>4:00pm Wheel of Fortune</p> <p>4:30pm Dinner</p> <p>5:30pm Evening Games</p> 	<p>30</p> <p>9:00am Morning Comedy</p> <p>9:30am Group Exercise</p> <p>10:00am Joy Ride to Colorado Spring Garden of the Gods- BUS</p> <p>11:30 Lunch</p> <p>2:30pm Can You Yodel?</p> <p>3:30pm Bubble Wrap Painting</p> <p>4:30pm Dinner</p> <p>5:30pm UNO</p>	<p>31</p> <p>9:00am Daily Chronicle &amp; News Currents</p> <p>10:00am Group Exercise</p> <p>10:30am Reminiscing: Did You Eat Your Veggies?</p> <p>11:30 Lunch</p> <p>1:00pm Science Experiment</p> <p>2:30pm Bingo</p> <p>3:30pm Happy Hour with Don D'Angelo- Bis</p> <p>4:30pm Dinner</p> <p>5:30pm Throwback Thursday Movie</p>	 <p>Wilma R Jan 01</p> <p>Liz O Jan 06</p> <p>Bill S Jan 11</p> <p>Betty H Jan 11</p> <p>Alyce U Jan 13</p> <p>Belinda H Jan 17</p> <p>Margie S Jan 19</p> <p>Alan B Jan 30</p> <p>Mary E Jan 31</p> 