








Essentials



February

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<p>1</p> <p>9:00am Breakfast 9:00am Coffee Chat- Bis 10:00am Group Exercise- Gym 10:00am Joy Ride - LR 11:00am Felt Heart pins- A&C 12:00pm Lunch 1:30pm Ukulele Performance-TR 1:30pm Daily Chronicle- A&C 2:30pm Desserts with Sarah- Bis 3:30pm Armchair Travel- TR 5:00pm Dinner 6:00pm Movie Night- TR</p>	<p>2 Groundhog Day</p> <p>9:00am Breakfast 9:00am Coffee Chat- Bis 10:00am Group Exercise- Gym 11:00am Scrapbook the Week- A&C 12:00pm Lunch 1:30pm Decorate for February- A&C 3:30pm Beer and Bingo *free bingo*- Bis 4:00pm Groundhog Day Mad Lib- A&C 5:00pm Dinner 6:00pm Movie Night- TR</p> 
<p>3 Superbowl Sunday!</p> <p>9:00am Breakfast 9:00am Coffee Chat- Bis 9:30am Crafts with the Sunday Schoolers- A&C 10:00am Chair Yoga- Gym 10:30-11:00am- Catholic Communion- TR 11:00am Reminiscing: Sports 12:00pm Lunch 1:30pm Replay Matinee- TR 1:30pm Bingo- A&C 2:30pm Superbowl Trivia- A&C 4:30pm Super Bowl Party! -TR 5:00pm Dinner</p> 	<p>4</p> <p>9:00am Breakfast 9:00am Coffee Chat- Bis 10:00am Group Exercise- Gym 11:00am Watercolors with Liz- A&C 11:00am Weird but True- Lib 12:00pm Lunch 1:30pm Replay Matinee- TR 1:30pm Joy Ride- BUS 1:30pm Wii Bowling 3:30pm News Currents- TR 5:00pm Dinner 6:00pm Viewer's Choice TV- TR</p>	<p>5 Chinese New Year</p>  <p>9:00am Breakfast 9:00am Coffee Chat- Bis 10:00am Group Exercise- Gym 11:00am Origami Pigs- A&C 12:00pm Lunch 1:30pm Bingo- A&C 2:00pm Sensory Outings- LR 3:00pm Musical Minds & Sing Along - LR 5:00pm Dinner 6:00pm Viewer's Choice TV- TR</p>	<p>6</p> <p>9:00am Breakfast 9:00am Coffee Chat- Bis 10:00am Group Exercise- Gym 10:00am Butterfly Pavilion Outing- BUS 11:00am Trivia- BIS 12:00pm Lunch 1:30pm Hands and Nails- A&C 2:30pm Fire Side Chat- Hall 222 3:30pm Root Beer Floats- BIS 5:00pm Dinner 6:00pm Viewer's Choice TV- TR</p>	<p>7</p> <p>9:00am Breakfast 9:00am Coffee Chat- Bis 10:00am Group Exercise- Gym 11:00am Bible Study- PDR 11:00am Resident Council Meeting- TR 12:00pm Lunch 1:30pm Paper Heart Wreath- A&C 3:30pm Monthly Resident Birthday Celebration and Happy Hour with Gino- BIS 5:00pm Dinner 6:00pm Bingo- A&C</p>	<p>8</p> <p>9:00am Breakfast 9:00am Coffee Chat- Bis 10:00am Group Exercise- Gym 10:00am Joy Ride - LR 11:00am Crosswords- TR 12:00pm Lunch 1:30pm Knitting Club- LV 1:30pm Daily Chronicle- A&C 2:30pm Desserts with Sarah- Bis 3:30pm Armchair Travel- TR 5:00pm Dinner 6:00pm Movie Night- TR</p>	<p>9</p> <p>9:00am Breakfast 9:00am Coffee Chat- Bis 10:00am Group Exercise- Gym 11:00am Scrapbook the Week- A&C 12:00pm Lunch 1:30pm Game: Dominos- A&C 3:30pm Beer and Bingo *free bingo*- Bis 5:00pm Dinner 6:00pm Movie Night- TR</p>
<p>10</p> <p>9:00am Breakfast 9:00am Coffee Chat- Bis 10:00am Chair Yoga- Gym 10:30-11:00am- Catholic Communion- TR 11:00am Reminiscing: First Date 12:00pm Lunch 1:30pm Replay Matinee- TR 1:30pm Bingo- A&C 3:00pm Baking Club: Two ingredient fudge- CK 5:00pm Dinner 6:00pm Movie Night- TR</p>	<p>11</p> <p>9:00am Breakfast 9:00am Coffee Chat- Bis 10:00am Group Exercise- Gym 11:00am Puzzles- Atrium 12:00pm Lunch 1:30pm Replay Matinee- TR 1:30pm Joy Ride- BUS 1:30pm Walk in the Park- LOB 3:30pm News Currents- TR 5:00pm Dinner 6:00pm Viewer's Choice TV- TR</p>	<p>12</p> <p>9:00am Breakfast 9:00am Coffee Chat- Bis 10:00am Group Exercise- Gym 11:00am Valentine Pictionary- A&C 12:00pm Lunch 1:30pm Bingo- A&C 1:30pm Movie: Lincoln- TR 3:00pm Musical Minds & Sing Along - LR 5:00pm Dinner 6:00pm Viewer's Choice TV- TR</p>	<p>13 Foot Clinic</p> <p>9:00am Breakfast 9:00am Coffee Chat- Bis 10:00am Group Exercise- Gym 11:00am Lunch Outing: Lucile's Creole Café- BUS 12:00pm Lunch 1:30pm Hands & Nails- A&C 2:30pm Fire Side Chat- Hall 222 3:30pm Root Beer Floats- BIS 5:00pm Dinner 6:00pm Viewer's Choice TV- TR</p>	<p>14 Valentine's Day</p> <p>9:00am Breakfast 9:00am Coffee Chat- Bis 10:00am Group Exercise- Gym 10:30am Chef Chat and Kitchen Tour- PDR 11:00am Celebrity Couples- A&C 12:00pm Lunch 1:00pm Drawing with Julie- A&C 1:30pm Cupid Toss Game- TR 3:30pm Happy Hour with Tom Yook- Bis 6:00pm Dinner 6:00pm Bingo- A&C</p> 	<p>15</p> <p>9:00am Breakfast 9:00am Coffee Chat- Bis 10:00am Group Exercise- Gym 10:00am Joy Ride - LR 11:00am Mad Libs- A&C 12:00pm Lunch 1:30pm Daily Chronicle- A&C 2:30pm Desserts with Sarah- Bis 3:30pm Armchair Travel- TR 5:00pm Dinner 6:00pm Movie Night- TR</p>	<p>16</p> <p>9:00am Breakfast 9:00am Coffee Chat- Bis 10:00am Group Exercise- Gym 11:00am Scrapbook the Week- A&C 12:00pm Lunch 1:30pm Game: SORRY!- A&C 3:30pm Beer and Bingo *free bingo*- Bis 5:00pm Dinner 6:00pm Movie Night- TR</p>

<p>17</p> <p>9:00am Breakfast 9:00am Coffee Chat- Bis 10:00am Chair Yoga- Gym 10:30-11:00am- Catholic Communion- TR 11:00am Reminiscing: Voting 12:00pm Lunch 1:30pm Replay Matinee- TR 1:30pm Bingo- A&C 3:00pm Sip and Paint- A&C 5:00pm Dinner 6:00pm Movie Night- TR</p>	<p>18 Presidents' Day</p> <p>9:00am Breakfast 9:00am Coffee Chat- Bis 10:00am Group Exercise- Gym 11:00am Penny Bookmark- A&C 12:00pm Lunch 1:30pm Replay Matinee- TR 1:30pm Joy Ride- BUS 1:30pm President Trivia- Bis 3:30pm News Currents- TR 5:00pm Dinner 6:00pm Viewer's Choice TV- TR</p> 	<p>19 Ear Clinic</p> <p>9:00am Breakfast 9:00am Coffee Chat- Bis 10:00am Group Exercise- Gym 11:00am Hands and Nails- A&C 12:00pm Lunch 1:30pm Bingo- A&C 2:00pm Sensory Outings- LR 3:00pm Musical Minds & Sing Along - LR 5:00pm Dinner 6:00pm Viewer's Choice TV- TR</p>	<p>20</p> <p>9:00am Breakfast 9:00am Coffee Chat- Bis 10:00am Group Exercise- Gym 10:30am Wednesday Morning Singers- LV 12:00pm Lunch 1:00pm Outing: Denver Art Museum: Jason Castell- BUS 1:30pm Watercolors with Liz- LR 2:30pm Fire Side Chat- Hall 222 3:30pm Root Beer Floats- BIS 5:00pm Dinner 6:00pm Viewer's Choice TV- TR</p>	<p>21</p> <p>9:00am Breakfast 9:00am Coffee Chat- Bis 10:00am Group Exercise- Gym 11:00am Activities Meeting- A&C 12:00pm Lunch 1:30pm Craft: Paper Roses- A&C 3:00pm All Staff Meeting- Dining Room 3:30pm Happy Hour with Gary White- BIS 5:00pm Dinner 6:00pm Bingo- A&C</p>	<p>22</p> <p>9:00am Breakfast 9:00am Coffee Chat- Bis 10:00am Group Exercise- Gym 10:00am Joy Ride - LR 11:00am Crosswords- TR 12:00pm Lunch 1:30pm Daily Chronicle 2:30pm Desserts with Sarah- Bis 3:30pm Armchair Travel- TR 5:00pm Dinner 6:00pm Movie Night- TR</p>	<p>23</p> <p>9:00am Breakfast 9:00am Coffee Chat- Bis 10:00am Group Exercise- Gym 11:00am Scrapbook the Week- A&C 12:00pm Lunch 1:30pm Game: Joe Name It- A&C 3:30pm Beer and Bingo *free bingo*- Bis 5:00pm Dinner 6:00pm Movie Night- TR</p>
<p>24</p> <p>9:00am Breakfast 9:00am Coffee Chat- Bis 10:00am Chair Yoga- Gym 10:30-11:00am- Catholic Communion- TR 11:00am Reminiscing: Teachers 12:00pm Lunch 1:30pm Replay Matinee- TR 1:30pm Bingo- A&C 3:00pm Game: Monopoly- A&C 5:00pm Dinner 6:00pm Movie Night- TR</p>	<p>25</p> <p>9:00am Breakfast 9:00am Coffee Chat- Bis 10:00am Group Exercise- Gym 11:00am Puzzles- Atrium 12:00pm Lunch 1:30pm Replay Matinee- TR 1:30pm Joy Ride- BUS 1:30pm Physical Balloon Volleyball- BIS 3:30pm News Currents- TR 5:00pm Dinner 6:00pm Viewer's Choice TV- TR</p>	<p>26</p> <p>9:00am Breakfast 9:00am Coffee Chat- Bis 10:00am Group Exercise- Gym 11:00am Jewelry Making- A&C 12:00pm Lunch 1:30pm Bingo- A&C 1:30pm Dominoes- BIS 3:00pm Steven and Dawn perform "Fiddler on the Roof"- TR 5:00pm Dinner 6:00pm Viewer's Choice TV- TR</p>	<p>27</p> <p>9:00am Breakfast 9:00am Coffee Chat- Bis 10:00am Group Exercise- Gym 11:00am Curious Dragonfly Newsletter- Bis 11:00am Lunch Outing: El Parral Mexican Restaurant and Steak House- BUS 12:00pm Lunch 1:30pm Hands and Nails- A&C 2:30pm Fire Side Chat- Hall 222 3:30pm Root Beer Floats- BIS 5:00pm Dinner 6:00pm Viewer's Choice TV- TR</p>	<p>28 National Chili Day</p> <p>9:00am Breakfast 9:00am Coffee Chat- Bis 10:00am Group Exercise- Gym 11:00am Bible Study- PDR 11:00am Hospitality Meeting- BIS 12:00pm Lunch 1:30pm Take Down Valentines Decorations 3:30pm Happy Hour with Don D' Angelo- BIS 5:00pm Dinner 6:00pm Bingo- A&C</p> 	 <p>Charlotte O. 2/03 Charlotte L. 2/08 Ocie L. 2/08 Fran W. 2/11 Don S. 2/17 JoAnn B. 2/20 Al L. 2/20 Pigeon H. 2/20 Mary S. 2/21</p>	