









# Legacy Ridge



# March

# 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> 9:30am Group Exercise 10am Joy Ride- BUS 11:30am Lunch 1:30pm Ukulele Performance-TR 2:30pm Reminisce: Edelweiss 3:30pm Armchair Travel 4:30pm Dinner 5:30pm Peace Corps Factoids	<b>2</b> 9:30am Weekend Zen 10am Group Exercise 10:30am Monthly Gazette 11:30am Lunch 1:30pm Musical Minds & Sing-Along 2:30pm Afternoon Stretches 3:30pm Swiss Scavenger Hunt 4:30pm Dinner 5:30pm St. Paddy's Hangman
<b>3 World Wildlife Day</b> 9:30am Group Exercise 10:30-11:00am- Catholic Communion- TR 10:30am Hymn Sing Along 11:30am Lunch 1:30pm Beach Ball Bowling 2:30pm Funniest Animals 3:30pm A Seal Documentary 4:30pm Lunch 5:30pm Movie Night	<b>4</b> 9:30am Name That Tune 10am Group Exercise 11:30am Lunch 1:30pm Mask Painting 2:30pm Daily Chronicle 3:30pm Name Tag Making 4:30pm Dinner 5:30pm Word Puzzles	<b>5 Mardi Gras</b> 9:30am Good Morning Inspiration 10am Group Exercise 10:30am What is Mardi Gras? A History 11:30am Lunch 1:30pm Origin of Name 2:00pm Sensory Outings 3:00pm Musical Minds & Sing A-long 4:30pm Dinner 5:30pm Mardi Gras with Gary White-BIS	<b>6 Ash Wednesday</b> 9:30am Coffee Chat 10am Group Exercise 10:30am Remember the Alamo 11:30am Lunch <b>1:00pm Museum of Contemporary Art- BUS</b> 3:30pm Root Beer Floats- BIS 4:30pm Dinner 5:30pm All Things Swiss	<b>7</b> 9:30pm Comedy Hour 10am Group Exercise 10:30am Color with Buttons 11:30am Lunch 1:30pm Lucky # 7 2:30pm Name the Flower 3:30pm Monthly Resident Birthday Celebration Happy Hour with Jeff-BIS 5:30pm Throwback Thursday Movie	<b>8 International Women's Day</b> 9:30am Group Exercise 10am Joy Ride- BUS 11:30am Lunch 1:30pm Ukulele Performance-TR 2:30pm Women's History Trivia 3:30pm Armchair Travel 4:30pm Dinner 5:30pm Viewer's Choice 	<b>9</b> 9:30am Weekend Zen 10am Group Exercise 11:30am Lunch 1:30pm Musical Minds & Sing-Along 2:30pm Monthly Gazette 3:30pm Afternoon Stretches 4:30pm Dinner 5:30pm Movie Night with Popcorn
<b>10 Daylight Savings Time</b> 9:30am Group Exercise 10:30-11:00am- Catholic Communion- TR 10:30am Hymn Sing Along 11:30am Lunch 1:30pm Unexpected Food Pairs 2:30pm Afternoon Stretches 3:30pm Daylight Savings Time 4:30pm Dinner 5:30pm Movie Night 	<b>11</b> 9:30am Name That Tune 10am Group Exercise 11:30am Lunch 1:30pm Ombre Pots 2:30pm Cranium Crunches 3:30pm Champagne Music 4:30pm Dinner 5:30pm Word Puzzles	<b>12</b> 9:30am Good Morning Inspiration 10am Group Exercise 10:30am Great Debate 11:30am Lunch 1:30pm Afternoon Stretches 2:00pm Fireside Chat 3:00pm Musical Minds & Sing A-long 4:30pm Dinner 5:30pm Mosaic Shamrocks	<b>13 Foot Clinic</b> 9:30am Coffee Chat 10am Group Exercise 10:30am Daily Chronicle <b>11:00am Lunch Outing: Torchy's Tacos- BUS</b> 2:30pm Bermuda Triangle 3:30pm Pineapple Banana Smoothies- BIS 4:30pm Dinner 5:30pm Happy Birthday Neil Sedaka	<b>14</b> 9:30pm Comedy Hour 10am Group Exercise 10:30am International Ask A Question Day 11:30am Lunch 1:30pm Science Experiment 2:30pm Pi Day 3:30pm Happy Hour with Mary Mitchell – Bis 5:30pm Throwback Thursday Movie 	<b>15</b> 9:30am Group Exercise 10am Joy Ride- BUS 11:30am Lunch 1:30pm Ukulele Performance-TR 2:30pm Get to Know Your Care Staff 3:30pm Armchair Travel 4:30pm Dinner 5:30pm Viewer's Choice	<b>16</b> 9:30am Weekend Zen 10am Group Exercise 11:30am Lunch 1:30pm Musical Minds & Sing-Along 2:30pm Monthly Gazette 3:30pm Afternoon Stretches 4:30pm Dinner 5:30pm Movie Night with Popcorn

<p>17  St. Patrick's Day</p> <p>9:30am Group Exercise 10:30-11:00am- Catholic Communion- TR 10:30am Hymn Sing Along 11:30am Lunch 1:30pm Nathaniel Adams Cole Day 2:30pm Coin Toss Game 3:30pm How Irish Are You Trivia 4:30pm Lunch 5:30pm Irish Step Dancers- BIS</p>	<p>18</p> <p>9:30am Name That Tune 10am Group Exercise 11:30am Lunch 1:30pm Funniest Kids Stories 2:30pm Shakespearian Sonnets 3:30pm Mothers of Invention 4:30pm Dinner 5:30pm Word Puzzles</p>	<p>19 Ear Clinic</p> <p>9:30am Good Morning Inspiration 10am Group Exercise 10:30am March Madness 11:30am Lunch 1:30pm The "Yolks On You" 2:00pm Sensory Outings 3:00pm Musical Minds &amp; Sing Along 4:30pm Dinner 5:30pm Dominoes</p>	<p>20 <b>First Day of Spring</b></p> <p>9:30am Coffee Chat 10am Group Exercise 10:30am Daily Chronicle <b>10:00am Estes Park/Boxed Lunch- BUS</b> 3:30pm Orange Creamsicle Shirley Temple 4:30pm Dinner 5:30pm The 1<sup>st</sup> Flower</p> 	<p>21</p> <p>9:30pm Comedy Hour 10am Group Exercise 10:30am Holi Art Painting 11:30am Lunch 1:30pm Afternoon Tea Party 2:30pm Nature Walk 3:00pm All Staff Meeting- Dining Room Closed 4:30pm Happy Hour with Gino- BIS 5:30pm Throwback Thursday Movie</p>	<p>22</p> <p>9:30am Group Exercise 10am Joy Ride- BUS 11:30am Lunch 1:30pm Ukulele Performance-TR 2:30pm Noodle Hockey 3:30pm Armchair Travel 4:30pm Dinner 5:30pm Viewer's Choice</p>	<p>23</p> <p>9:30am Weekend Zen 10am Group Exercise 11:30am Lunch 1:30pm Musical Minds &amp; Sing-Along 2:30pm Monthly Gazette 3:30pm Afternoon Stretches 4:30pm Dinner 5:30pm Movie Night with Popcorn</p>
<p>24</p> <p>9:30am Group Exercise 10:30-11:00am- Catholic Communion- TR 10:30am Hymn Sing Along 11:30am Lunch 1:30pm Smoke &amp; Mirrors 2:30pm Cartoon Day 3:30pm Afternoon Stretches 4:30pm Dinner 5:30pm Movie Night</p>	<p>25 <b>National Medal of Honor Day</b></p> <p>9:30am Name That Tune 10am Group Exercise 11:30am Lunch 1:30pm Medal of Honor Trivia 2:30pm Painted Rock Flower Puzzle 3:30pm Women in Military 4:30pm Dinner 5:30pm Word Puzzles</p> 	<p>26</p> <p>9:30am Good Morning Inspiration 10am Group Exercise 10:30am Aerial America - Maryland 11:30am Lunch 1:30pm Afternoon Stretches 2:00pm Ice Cream Social 3:30pm Steve &amp; Dawn performing Mary Poppins- TR 4:30pm Dinner 5:30pm Reminiscing: Favorite Toy as a Child</p>	<p>27</p> <p>9:30am Coffee Chat 10am Group Exercise 10:30am Drama Exercises 11:30am Lunch <b>1:30pm Outing: City Donuts- BUS</b> 3:30pm Root Beer Floats- BIS 4:30pm Dinner 5:30pm Minute to Win It</p>	<p>28</p> <p>9:30pm Comedy Hour 10am Group Exercise 10:30am The New Circus Acts 11:30am Lunch 1:30pm Canvas &amp; Cocktails 2:30pm Pong Toss 3:30pm Happy Hour with Don D' Angelo- BIS 5:30pm Throwback Thursday Movie</p>	<p>29</p> <p>9:30am Group Exercise 10am Joy Ride- BUS 11:30am Lunch 1:30pm Ukulele Performance-TR 2:30pm Slap-Alloons 3:30pm Armchair Travel 4:30pm Dinner 5:30pm Viewer's Choice</p>	<p>30</p> <p>9:30am Weekend Zen 10am Group Exercise 11:30am Lunch 1:30pm Musical Minds &amp; Sing-Along 2:30pm Monthly Gazette 3:30pm Afternoon Stretches 4:30pm Dinner 5:30pm Movie Night with Popcorn</p>
<p>31 <b>Crayola Crayon Day</b></p> <p>9:30am Group Exercise 10:30-11:00am- Catholic Communion- TR 10:30am Hymn Sing Along 11:30am Lunch 1:30pm Smushed Paint 2:30pm Lawn Games 3:30pm Melted Crayon Art 4:30pm Lunch 5:30pm Movie Night</p> 	<p> HAPPY BIRTHDAY</p> <p>Pat M. 03/02 Carol D. 03/06 Merilyn L. 03/07 Billie B. 03/09 Bert B. 03/10 John F. 03/22 Stan M. 03/29 Marge S. 03/29 Barbara A. 03/29 Fran N. 03/30 Doreen O. 03/30</p> 