




Legacy Ridge



October

2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Happy Birthday! Imogene B 10/14 Helen A 10/24 Wanda B. 10/28</p> <p>*Activities/Locations Subject to Change</p>				<p>1 Broncos VS Jets</p> <p>9:30am Coffee Chat 10:00am Group Exercise 10:30am "America's Funniest Videos" 11:30am Lunch 12:30pm One on One 1:00pm Afternoon Stretch 1:30pm Slap Balloon 2:00pm Afternoon Movie and Popcorn 4:00pm Fun Facts 4:30pm Dinner 6:00pm Chicken Noodle Soup for the Senior Soul 6:00pm Short Stories 6:00pm Throwback Movie</p> 	<p>2</p> <p>9:30am Coffee Chat- Bis 10:00am Group Exercise 10:30am Mad Libs 11:30am Lunch 12:30pm Afternoon Jokes 1:00pm Afternoon Stretch 1:30pm One on One 2:00pm America Sings- Sing along 2:30pm Hair and Beauty 3:30pm "The Doris Day Show" 4:30pm Dinner 6:00pm Puzzles and Crosswords 6:15pm Broadway Musicals</p>	<p>3</p> <p>9:30am Coffee Chat 10:00am Group Exercise 10:30am Bingo 11:30am Lunch 12:30pm Classical Music 1:00pm Afternoon Stretch 1:30pm YouTube Sing -A- Long 2:30pm Nature Documentary 3:30pm Afternoon Walk 4:30pm Dinner 6:00pm Movie Night 6:00pm One on One</p>
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<p>11 Bronocs VS Patriots</p> <p>9:30am Coffee Chat- Bis 10:00am Group Exercise 10:30am Hymn Sing A Long 11:30am Lunch 12:30pm One on One 1:00pm Afternoon Stretch 1:30pm Wheel of Fortune 2:30pm Cookie Decorating 3:30pm Creative Expressions 4:30pm Dinner 6:00pm Short Stories 6:00pm Action Packed Movie</p> 	<p>12</p> <p>9:30am Coffee Chat 10:00am Group Exercise 10:30am Word Games 11:00am One on One 11:30am Lunch 12:30pm Puzzles and Crosswords 1:00pm Afternoon Stretch 1:30pm Karaoke 2:30pm Tac- Tac- Toe- Toss 3:30pm News Currents 4:30pm Dinner 6:00pm Essential Oils & Pastels 6:00pm BBC Earth Show</p>	<p>13</p> <p>9:30am Coffee Chat 10:00am Movers and Groovers 10:30am Slap Balloon 11:00am Family Feud 11:30am Lunch 12:30pm One on One 1:00pm Afternoon Stretch 2:00pm Horse Races 3:00pm Creative Expressions 4:30pm Dinner 6:00pm Chicken Noodle Soup for the Senior Soul 6:00pm Comedy Movie Night</p>	<p>14 Foot Clinic</p> <p>9:30am Coffee Chat 10:00am Group Exercise 10:30am Movie Magic Sing A Long 11:30am Lunch 12:30pm Hands and Nails 1:00pm Afternoon Stretch 1:30pm Afternoon Painting 2:30pm Aerial America 3:30pm Name That.... 4:30pm Dinner 6:00pm Essential Oils & Puzzles 6:00pm Documentary Wednesday</p>	<p>15</p> <p>9:30am Coffee Chat 10:00am Group Exercise 10:30am "America's Funniest Videos" 11:30am Lunch 12:30pm One on One 1:00pm Afternoon Stretch 1:30pm Slap Balloon 2:00pm Afternoon Movie and Popcorn 4:00pm Fun Facts 4:30pm Dinner 6:00pm Chicken Noodle Soup for the Senior Soul 6:00pm Short Stories 6:00pm Throwback Movie</p>	<p>16</p> <p>9:30am Coffee Chat- Bis 10:00am Group Exercise 10:30am Mad Libs 11:30am Lunch 12:30pm Afternoon Jokes 1:00pm Afternoon Stretch 1:30pm One on One 2:00pm America Sings- Sing along 2:30pm Hair and Beauty 3:30pm "The Doris Day Show" 4:30pm Dinner 6:00pm Puzzles and Crosswords 6:15pm Broadway Musicals</p>	<p>17</p> <p>9:30am Coffee Chat 10:00am Group Exercise 10:30am Bingo 11:30am Lunch 12:30pm Classical Music 1:00pm Afternoon Stretch 1:30pm YouTube Sing -A- Long 2:30pm Nature Documentary 3:30pm Afternoon Walk 4:30pm Dinner 6:00pm Movie Night 6:00pm One on One</p>
<p>18 Broncos VS Dolphins</p> <p>9:30am Coffee Chat- Bis 10:00am Group Exercise 10:30am Hymn Sing A Long 11:30am Lunch 12:30pm One on One 1:00pm Afternoon Stretch 1:30pm Wheel of Fortune 2:30pm Cookie Decorating 3:30pm Creative Expressions 4:30pm Dinner 6:00pm Short Stories 6:00pm Action Packed Movie</p> 	<p>19</p> <p>9:30am Coffee Chat 10:00am Group Exercise 10:30am Word Games 11:00am One on One 11:30am Lunch 12:30pm Puzzles and Crosswords 1:00pm Afternoon Stretch 1:30pm Karaoke 2:30pm Tac- Tac- Toe- Toss 3:30pm News Currents 4:30pm Dinner 6:00pm Essential Oils & Pastels 6:00pm BBC Earth Show</p>	<p>20 Ear Clinic</p> <p>9:30am Coffee Chat 10:00am Movers and Groovers 10:30am Slap Balloon 11:00am Family Feud 11:30am Lunch 12:30pm One on One 1:00pm Afternoon Stretch 2:00pm Horse Races 3:00pm Creative Expressions 4:30pm Dinner 6:00pm Chicken Noodle Soup for the Senior Soul 6:00pm Comedy Movie Night</p> 	<p>21</p> <p>9:30am Coffee Chat 10:00am Group Exercise 10:30am Movie Magic Sing A Long 11:30am Lunch 12:30pm Hands and Nails 1:00pm Afternoon Stretch 1:30pm Afternoon Painting 2:30pm Aerial America 3:30pm Name That... 4:30pm Dinner 6:00pm Essential Oils & Puzzles 6:00pm Documentary Wednesday</p>	<p>22</p> <p>9:30am Coffee Chat 10:00am Group Exercise 10:30am "America's Funniest Videos" 11:30am Lunch 12:30pm One on One 1:00pm Afternoon Stretch 1:30pm Slap Balloon 2:00pm Afternoon Movie and Popcorn 4:00pm Fun Facts 4:30pm Dinner 6:00pm Chicken Noodle Soup for the Senior Soul 6:00pm Short Stories 6:00pm Throwback Movie</p>	<p>23</p> <p>9:30am Coffee Chat- Bis 10:00am Group Exercise 10:30am Mad Libs 11:30am Lunch 12:30pm Afternoon Jokes 1:00pm Afternoon Stretch 1:30pm One on One 2:00pm America Sings- Sing along 2:30pm Hair and Beauty 3:30pm "The Doris Day Show" 4:30pm Dinner 6:00pm Puzzles and Crosswords 6:15pm Broadway Musicals</p>	<p>24</p> <p>9:30am Coffee Chat 10:00am Group Exercise 10:30am Bingo 11:30am Lunch 12:30pm Classical Music 1:00pm Afternoon Stretch 1:30pm YouTube Sing -A- Long 2:30pm Nature Documentary 3:30pm Afternoon Walk 4:30pm Dinner 6:00pm Movie Night 6:00pm One on One</p>
<p>25 Broncos VS Chiefs</p> <p>9:30am Coffee Chat- Bis 10:00am Group Exercise 10:30am Hymn Sing A Long 11:30am Lunch 12:30pm One on One 1:00pm Afternoon Stretch 1:30pm Wheel of Fortune 2:30pm Cookie Decorating 3:30pm Creative Expressions 4:30pm Dinner 6:00pm Short Stories 6:00pm Action Packed Movie</p> 	<p>26</p> <p>9:30am Coffee Chat 10:00am Group Exercise 10:30am Word Games 11:00am One on One 11:30am Lunch 12:30pm Puzzles and Crosswords 1:00pm Afternoon Stretch 1:30pm Karaoke 2:30pm Tac- Tac- Toe- Toss 3:30pm News Currents 4:30pm Dinner 6:00pm Essential Oils & Pastels 6:00pm BBC Earth Show</p>	<p>27</p> <p>9:30am Coffee Chat 10:00am Movers and Groovers 10:30am Slap Balloon 11:00am Family Feud 11:30am Lunch 12:30pm One on One 1:00pm Afternoon Stretch 2:00pm Horse Races 3:00pm Creative Expressions 4:30pm Dinner 6:00pm Chicken Noodle Soup for the Senior Soul 6:00pm Comedy Movie Night</p>	<p>28</p> <p>9:30am Coffee Chat 10:00am Group Exercise 10:30am Movie Magic Sing A Long 11:30am Lunch 12:30pm Hands and Nails 1:00pm Afternoon Stretch 1:30pm Afternoon Painting 2:30pm Aerial America 3:30pm Name That... 4:30pm Dinner 6:00pm Essential Oils & Puzzles 6:00pm Documentary Wednesday</p>	<p>29</p> <p>9:30am Coffee Chat 10:00am Group Exercise 10:30am "America's Funniest Videos" 11:30am Lunch 12:30pm One on One 1:00pm Afternoon Stretch 1:30pm Slap Balloon 2:00pm Afternoon Movie and Popcorn 4:00pm Fun Facts 4:30pm Dinner 6:00pm Chicken Noodle Soup for the Senior Soul 6:00pm Short Stories 6:00pm Throwback Movie</p>	<p>30</p> <p>9:30am Coffee Chat- Bis 10:00am Group Exercise 10:30am Mad Libs 11:30am Lunch 12:30pm Afternoon Jokes 1:00pm Afternoon Stretch 1:30pm One on One 2:00pm America Sings- Sing along 2:30pm Hair and Beauty 3:30pm "The Doris Day Show" 4:30pm Dinner 6:00pm Puzzles and Crosswords 6:15pm Broadway Musicals</p>	<p>31 Halloween</p> <p>9:30am Coffee Chat 10:00am Group Exercise 10:30am Bingo 11:30am Lunch 12:30pm Classical Music 1:00pm Afternoon Stretch 1:30pm YouTube Sing -A- Long 2:30pm Nature Documentary 3:30pm Afternoon Walk 4:30pm Dinner 6:00pm Movie Night 6:00pm One on One</p> 

