

CHAL WEEK AT A GLANCE SPECIALS #3 November 15 to 21

| | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | | |
|--|--|---|--|---|---|--|--|---|--|
| B R E A K F A S T | <p>Chocolate Chip Pancake Fluffy pancakes served with bacon and fresh fruit</p> <p>Scrambled Eggs Scrambled Eggs, Bacon, Breakfast Potatoes, Ketchup, Danish, Fresh Fruit</p> | <p>French Toast Delicious French toast with a sweet fruit topping. Served with bacon and fresh fruit</p> <p>Country Egg Scramble Scrambled eggs with bacon, sausage, onions and bell peppers topped with cheddar cheese. Served with Breakfast Potatoes, Bacon, Ketchup, Danish, Fresh Fruit</p> | <p>Strawberry Belgium Waffle Belgium waffle served with strawberry topping, bacon and fresh fruit</p> <p>Scrambled Eggs Scrambled Eggs, Bacon, Breakfast Potatoes, Ketchup, Danish, Fresh Fruit</p> | <p>Peach French Toast Delicious French toast with a sweet peach topping. Served with bacon and fresh fruit</p> <p>Scrambled Eggs Scrambled Eggs, Bacon, Breakfast Potatoes, Ketchup, Danish, Fresh Fruit</p> | <p>Buttermilk Pancakes Fluffy buttermilk pancakes served with bacon and fresh fruit</p> <p>Scrambled Eggs Scrambled Eggs, Bacon, Breakfast Potatoes, Ketchup, Danish, Fresh Fruit</p> | <p>Apple Belgium Waffle Belgium waffle served with apple topping, bacon and fresh fruit</p> <p>Denver Frittata Baked egg frittata with ham, bell peppers, onions and cheddar cheese. Served with Breakfast Potatoes, Bacon, Ketchup, Danish, Fresh Fruit</p> | <p>Mixed Berry French Toast Delicious French toast with a sweet mixed berry topping. Served with bacon and fresh fruit</p> <p>Scrambled Eggs Scrambled Eggs, Bacon, Breakfast Potatoes, Ketchup, Danish, Fresh Fruit</p> | <p>Additional Breakfast Items Available Upon Request: Oatmeal Cereal (Raisin Bran, Granola, Rice Krispies, Frosted Flakes, Cheerios) Stewed Prunes Breakfast Sausage</p> | |
| | <p>SOUP: Cream of Mushroom</p> | <p>SOUP: Beef Barley</p> | <p>SOUP: Cream of Mushroom</p> | <p>SOUP: Beef Barley</p> | <p>SOUP: Cream of Mushroom</p> | <p>SOUP: Beef Barley</p> | <p>SOUPS: Cream of Mushroom</p> | | |
| | <p>Turkey and Avocado Sandwich Roasted turkey, avocado, Bibb lettuce, tomato and chipotle mayo on white bread. Accompanied by Ambrosia Fruit Salad</p> <p>California Chicken Salad Crispy breaded chicken on a bed of greens topped with tomatoes, avocado, sliced green onions, shredded cheddar and salsa Ranch dressing</p> <p>M&M Cookie</p> | <p>Mushroom Swiss Burger Grilled hamburger topped with Swiss cheese, sautéed mushrooms, lettuce & tomato.. Served on a hamburger bun with French Fries</p> <p>Garden Salad with Chicken Mixed greens, grilled chicken, shredded carrots, cucumbers, red onions, grape tomatoes, croutons and red wine vinaigrette</p> <p>Vanilla Wafer Pudding Cup</p> | <p>Chicken Parmesan Sandwich Parmesan crusted chicken breast, marinara sauce and mozzarella cheese toasted on a Hoagie roll. Served with Creamy Cucumber Salad</p> <p>Blackened Salmon Caesar Salad Blackened salmon served over crisp romaine and topped with croutons, parmesan cheese and Caesar dressing.</p> <p>Assorted Desserts</p> | <p>Chicken Enchiladas Shredded chicken enchiladas covered with green chili sauce and shredded cheese. Served with Spanish rice and Refried Beans</p> <p>Steak & Blue Cheese Salad Mixed greens, grilled steak, red onions, avocado, grape tomatoes, blue cheese crumbles and basil balsamic vinaigrette</p> <p>Turtle Brownie</p> | <p>Prime Rib French Dip Thinly sliced prime rib, white cheddar cheese, toasted parmesan baguette with au jus dipping sauce and Sweet Potato Fries</p> <p>Chicken, Artichoke & Goat Cheese Salad Mixed greens, chicken breast, marinated artichoke hearts, goat cheese, roasted peppers, garlic croutons, Dijon balsamic vinaigrette</p> <p>Sunshine Jell-O Cake</p> | <p>French Bread Pepperoni Pizza French bread with pizza sauce, shredded cheese and pepperoni toasted to perfection. Served with Grapes</p> <p>Chicken & Apple Salad Grilled chicken over mixed greens with sliced green apples, dates, candied walnuts, goat cheese and herb vinaigrette</p> <p>Chocolate Chip Cookies</p> | <p>Santa Fe Chicken Sandwich Blackened chicken, provolone cheese, caramelized onions, avocado, roasted red pepper mayo on Country White bread.. Served with Sweet Kale Salad</p> <p>Chef's Salad Crispy lettuce topped with diced eggs, tender slices of ham and turkey, diced green peppers, tomato wedges and cheddar cheese with Thousand Island dressing</p> <p>Pound Cake with Strawberry Topping</p> | | <p>Additional Lunch/Dinner Entree Options Grilled Cheese Peanut Butter & Jelly Ham or Turkey Sandwich Chicken Tenders Maccaroni & Cheese Choice of side: Fruit, Chips or French Fries</p> |
| L U N C H | <p>Ginger Beef Stir Fry A colorful stir fry of thinly sliced marinated beef stir fried with carrots, bell peppers and bean sprouts. Served with Steamed Brown Rice</p> <p>Cheese Quesadilla Jack and Cheddar cheese toasted in a flour tortilla, served with pico de gallo and sour cream</p> <p>Peach Pie</p> | <p>Roast Pork with Orange Cranberry Sauce Tender pork loin with a delicious orange cranberry sauce. Served with Lemon Herb Orzo and Roasted Carrots & Cauliflower</p> <p>Crunchy Onion Chicken Chicken coated with crunchy onions and baked until golden brown. Served with Lemon Herb Orzo and Roasted Carrots & Cauliflower</p> <p>Chocolate Milkshake Cake</p> | <p>Shepherd's Pie Layers of seasoned ground beef, peas and carrots topped with fluffy mashed potatoes. Served with mixed vegetables</p> <p>Spinach Stuffed Shells Large pasta shells stuffed with a ricotta and parmesan cheese filling over Alfredo sauce. Served with Garlic Toast</p> <p>Key Lime Pie</p> | <p>Herb Marinated Turkey Breast Roasted turkey breast marinated with citrus and herbs. Served with Buttered Peas and Cider Baked Squash</p> <p>Cabbage Rolls Ground beef in a light tomato sauce rolled into cabbage leaves and baked. Served with Parslied Red Potatoes</p> <p>Carrot Cake</p> | <p>Chicken Pot Pie Chicken in a rich and creamy sauce with carrots and peas, topped with a flaky crust.</p> <p>Baked Ham with Pineapple Glaze Sliced ham baked in a sweet brown sugar pineapple glaze. Served with Baked Sweet Potato and Savory Green Beans</p> <p>Chocolate Mousse Pie</p> | <p>Pan Fried Trout Trout fillets coated with an almond mixture and sautéed until golden brown. Served with fluffy Rice Pilaf and Fresh Spinach & Mushrooms</p> <p>Garlic Roasted Chicken Chicken thighs braised with roasted garlic and served with a brandy cream sauce. Accompanied by fluffy Rice Pilaf and Fresh Spinach & Mushrooms</p> <p>Frosted White Cake</p> | <p>Pot Roast Slow roasted tender pot roast served with a rich beef gravy, potatoes, carrots and onions</p> <p>Shrimp Pasta Sautéed shrimp in a creamy parmesan sauce over Linguini. Served with parmesan cheese and toasted Herb Bread</p> <p>Assorted Desserts</p> | | |
| | D I N N E R | | | | | | | | <p>Additional Snack Items Available Upon Request: Apple Sauce Yogurt Cottage Cheese Chips Granola Bar Oranges Bananas Jell-O Cup Pudding Cup</p> |
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Chef Specials- Breakfast 7am-9am Lunch 11am-1pm Dinner 4pm-6pm Menu Items Subject to Change