

Legacy Ridge



November

2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1 Daylight Savings</p> <p>9:30am Coffee Chat- Bis 10:00am Group Exercise 10:30am Hymn Sing A Long 11:30am Lunch 12:30pm One on One 1:00pm Afternoon Stretch 1:30pm Wheel of Fortune 2:00pm Broncos Games 2:30pm Cookie Decorating 3:30pm Creative Expressions 4:30pm Dinner 6:00pm Short Stories 6:00pm Action Packed Movie</p> 	<p>2</p> <p>9:30am Coffee Chat 10:00am Group Exercise 10:30am Word Games 11:00am One on One 11:30am Lunch 12:30pm Puzzles and Crosswords 1:00pm Afternoon Stretch 1:30pm Karaoke 2:30pm Slap Balloon 3:30pm News Currents 4:30pm Dinner 6:00pm Essential Oils & Pastels 6:00pm BBC Earth Show</p>	<p>3 Election Day</p> <p>9:30am Coffee Chat 10:10am Movers and Groovers 10:30am Slap Balloon 11:00am Word Games 11:30am Lunch 12:30pm One on One 1:00pm Afternoon Stretch 2:00pm Bingo 3:00pm Creative Expressions 4:30pm Dinner 6:00pm Chicken Noodle Soup for the Senior Soul 6:00pm Comedy Movie Night</p> <p style="text-align: center;">VOTE!</p>	<p>4</p> <p>9:30am Coffee Chat 10:00am Group Exercise 10:30am Movie Magic Sing A Long 11:30am Lunch 12:30pm Hands and Nails 1:00pm Afternoon Stretch 1:30pm Afternoon Painting 2:30pm Afternoon Movie 3:30pm Paired Up! (Matching Games) 4:30pm Dinner 6:00pm Essential Oils & Puzzles 6:00pm Documentary Wednesday</p>	<p>5</p> <p>9:30am Coffee Chat 10:00am Group Exercise 10:30am "America's Funniest Videos" 11:30am Lunch 12:30pm One on One 1:00pm Afternoon Stretch 1:30pm Slap Balloon 2:00pm Afternoon Movie and Popcorn 4:00pm Bingo 4:30pm Dinner 6:00pm Short Stories 6:00pm Throwback Movie</p>	<p>6</p> <p>9:30am Coffee Chat- Bis 10:00am Group Exercise 10:30am Mad Libs 11:30am Lunch 12:30pm Afternoon Jokes 1:00pm Afternoon Stretch 1:30pm One on One 2:00pm America Sings- Sing along 2:30pm Hair and Beauty 3:30pm "The Doris Day Show" 4:30pm Dinner 6:00pm Puzzles and Crosswords 6:15pm Broadway Musicals</p>	<p>7</p> <p>9:30am Coffee Chat 10:00am Group Exercise 10:30am Bingo 11:30am Lunch 12:30pm Classical Music 1:00pm Afternoon Stretch 1:30pm YouTube Sing -A- Long 2:30pm John Wayne Movie on YouTube 3:30pm Afternoon Walk 4:30pm Dinner 6:00pm Movie Night 6:00pm One on One</p>
<p>8</p> <p>9:30am Coffee Chat- Bis 10:00am Group Exercise 10:30am Hymn Sing A Long 11:00am Broncos Game 11:30am Lunch 12:30pm One on One 1:00pm Afternoon Stretch 1:30pm Wheel of Fortune 2:30pm Cookie Decorating 3:30pm Creative Expressions 4:30pm Dinner 6:00pm Short Stories 6:00pm Action Packed Movie</p>	<p>9</p> <p>9:30am Coffee Chat 10:00am Group Exercise 10:30am Word Games 11:00am One on One 11:30am Lunch 12:30pm Puzzles and Crosswords 1:00pm Afternoon Stretch 1:30pm Karaoke 2:30pm Slap Balloon 3:30pm News Currents 4:30pm Dinner 6:00pm Essential Oils & Pastels 6:00pm BBC Earth Show</p>	<p>10</p> <p>9:30am Coffee Chat 10:10am Movers and Groovers 10:30am Slap Balloon 11:00am Word Games 11:30am Lunch 12:30pm One on One 1:00pm Afternoon Stretch 2:00pm Bingo 3:00pm Creative Expressions 4:30pm Dinner 6:00pm Chicken Noodle Soup for the Senior Soul 6:00pm Comedy Movie Night</p>	<p>11 Veterans Day/ Foot Clinic</p> <p>9:30am Coffee Chat 10:00am Group Exercise 10:30am Movie Magic Sing A Long 11:30am Lunch 12:30pm Hands and Nails 1:00pm Afternoon Stretch 1:30pm Afternoon Painting 2:30pm Afternoon Movie 3:30pm Paired Up! (Matching Games) 4:30pm Dinner 6:00pm Essential Oils & Puzzles 6:00pm Documentary Wednesday</p> 	<p>12</p> <p>9:30am Coffee Chat 10:00am Group Exercise 10:30am "America's Funniest Videos" 11:30am Lunch 12:30pm One on One 1:00pm Afternoon Stretch 1:30pm Slap Balloon 2:00pm Afternoon Movie and Popcorn 4:00pm Bingo 4:30pm Dinner 6:00pm Short Stories 6:00pm Throwback Movie</p>	<p>13</p> <p>9:30am Coffee Chat- Bis 10:00am Group Exercise 10:30am Mad Libs 11:30am Lunch 12:30pm Afternoon Jokes 1:00pm Afternoon Stretch 1:30pm One on One 2:00pm America Sings- Sing along 2:30pm Hair and Beauty 3:30pm "The Doris Day Show" 4:30pm Dinner 6:00pm Puzzles and Crosswords 6:15pm Broadway Musicals</p>	<p>14</p> <p>9:30am Coffee Chat 10:00am Group Exercise 10:30am Bingo 11:30am Lunch 12:30pm Classical Music 1:00pm Afternoon Stretch 1:30pm YouTube Sing -A- Long 2:30pm John Wayne Movie on YouTube 3:30pm Afternoon Walk 4:30pm Dinner 6:00pm Movie Night 6:00pm One on One</p>



<p>15 9:30am Coffee Chat- Bis 10:00am Group Exercise 10:30am Hymn Sing A Long 11:30am Lunch 12:30pm One on One 1:00pm Afternoon Stretch 1:30pm Wheel of Fortune 2:00pm Broncos Game 2:30pm Cookie Decorating 3:30pm Creative Expressions 4:30pm Dinner 6:00pm Short Stories 6:00pm Action Packed Movie</p>	<p>16 9:30am Coffee Chat 10:00am Group Exercise 10:30am Word Games 11:00am One on One 11:30am Lunch 12:30pm Puzzles and Crosswords 1:00pm Afternoon Stretch 1:30pm Karaoke 2:30pm Slap Balloon 3:30pm News Currents 4:30pm Dinner 6:00pm Essential Oils & Pastels 6:00pm BBC Earth Show</p>	<p>17 Ear Clinic 9:30am Coffee Chat 10:10am Movers and Groovers 10:30am Slap Balloon 11:00am Word Games 11:30am Lunch 12:30pm One on One 1:00pm Afternoon Stretch 2:00pm Bingo 3:00pm Creative Expressions 4:30pm Dinner 6:00pm Chicken Noodle Soup for the Senior Soul 6:00pm Comedy Movie Night</p>	<p>18 9:30am Coffee Chat 10:00am Group Exercise 10:30am Movie Magic Sing A Long 11:30am Lunch 12:30pm Hands and Nails 1:00pm Afternoon Stretch 1:30pm Afternoon Painting 2:30pm Afternoon Movie 3:30pm Paired Up! (Matching Games) 4:30pm Dinner 6:00pm Essential Oils & Puzzles 6:00pm Documentary Wednesday</p>	<p>19 9:30am Coffee Chat 10:00am Group Exercise 10:30am "America's Funniest Videos" 11:30am Lunch 12:30pm One on One 1:00pm Afternoon Stretch 1:30pm Slap Balloon 2:00pm Afternoon Movie & Popcorn 4:00pm Bingo 4:30pm Dinner 6:00pm Short Stories 6:00pm Throwback Movie</p>	<p>20 9:30am Coffee Chat- Bis 10:00am Group Exercise 10:30am Mad Libs 11:30am Lunch 12:30pm Afternoon Jokes 1:00pm Afternoon Stretch 1:30pm One on One 2:00pm America Sings- Sing along 2:30pm Hair and Beauty 3:30pm "The Doris Day Show" 4:30pm Dinner 6:00pm Puzzles and Crosswords 6:15pm Broadway Musicals</p>	<p>21 9:30am Coffee Chat 10:00am Group Exercise 10:30am Bingo 11:30am Lunch 12:30pm Classical Music 1:00pm Afternoon Stretch 1:30pm YouTube Sing -A- Long 2:30pm John Wayne Movie on YouTube 3:30pm Afternoon Walk 4:30pm Dinner 6:00pm Movie Night 6:00pm One on One</p>
<p>22 9:30am Coffee Chat- Bis 10:00am Group Exercise 10:30am Hymn Sing A Long 11:30am Lunch 12:30pm One on One 1:00pm Afternoon Stretch 1:30pm Wheel of Fortune 2:00pm Broncos Game 2:30pm Cookie Decorating 3:30pm Creative Expressions 4:30pm Dinner 6:00pm Short Stories 6:00pm Action Packed Movie</p>	<p>23 9:30am Coffee Chat 10:00am Group Exercise 10:30am Word Games 11:00am One on One 11:30am Lunch 12:30pm Puzzles and Crosswords 1:00pm Afternoon Stretch 1:30pm Karaoke 2:30pm Slap Balloon 3:30pm News Currents 4:30pm Dinner 6:00pm Essential Oils & Pastels 6:00pm BBC Earth Show</p>	<p>24 9:30am Coffee Chat 10:10am Movers and Groovers 10:30am Slap Balloon 11:00am Word Games 11:30am Lunch 12:30pm One on One 1:00pm Afternoon Stretch 2:00pm Bingo 3:00pm Creative Expressions 4:30pm Dinner 6:00pm Chicken Noodle Soup for the Senior Soul 6:00pm Comedy Movie Night</p>	<p>25 9:30am Coffee Chat 10:00am Group Exercise 10:30am Movie Magic Sing A Long 11:30am Lunch 12:30pm Hands and Nails 1:00pm Afternoon Stretch 1:30pm Afternoon Painting 2:30pm Afternoon Movie 3:30pm Paired Up! (Matching Games) 4:30pm Dinner 6:00pm Essential Oils & Puzzles 6:00pm Documentary Wednesday</p>	<p>26 9:30am Coffee Chat 10:00am Group Exercise 10:30am "America's Funniest Videos" 11:30am Lunch 12:30pm One on One 1:00pm Afternoon Stretch 1:30pm Slap Balloon 2:00pm Afternoon Movie and Popcorn 4:00pm Bingo 4:30pm Dinner 6:00pm Short Stories 6:00pm Throwback Movie Happy Thanksgiving!</p>	<p>27 9:30am Coffee Chat- Bis 10:00am Group Exercise 10:30am Mad Libs 11:30am Lunch 12:30pm Afternoon Jokes 1:00pm Afternoon Stretch 1:30pm One on One 2:00pm America Sings- Sing along 2:30pm Hair and Beauty 3:30pm "The Doris Day Show" 4:30pm Dinner 6:00pm Puzzles and Crosswords 6:15pm Broadway Musicals</p>	<p>28 9:30am Coffee Chat 10:00am Group Exercise 10:30am Bingo 11:30am Lunch 12:30pm Classical Music 1:00pm Afternoon Stretch 1:30pm YouTube Sing -A- Long 2:30pm John Wayne Movie on YouTube 3:30pm Afternoon Walk 4:30pm Dinner 6:00pm Movie Night 6:00pm One on One</p>
<p>29 9:30am Coffee Chat- Bis 10:00am Group Exercise 10:30am Hymn Sing A Long 11:30am Lunch 12:30pm One on One 1:00pm Afternoon Stretch 1:30pm Wheel of Fortune 2:00pm Broncos Game 2:30pm Cookie Decorating 3:30pm Creative Expressions 4:30pm Dinner 6:00pm Short Stories 6:00pm Action Packed Movie</p>	<p>30 9:30am Coffee Chat 10:00am Group Exercise 10:30am Word Games 11:00am One on One 11:30am Lunch 12:30pm Puzzles and Crosswords 1:00pm Afternoon Stretch 1:30pm Karaoke 2:30pm Slap Balloon 3:30pm News Currents 4:30pm Dinner 6:00pm Essential Oils & Pastels 6:00pm BBC Earth Show</p>	<p>November Birthdays! Joe B 11/03 Jack F. 11/06 Mary Frances H. 11/17 Clella H. 11/18 Pam 11/20 Pat T. 11/24 Sylvia W. 11/24 Alberta T. 11/24</p> 				