




Essentials

May

2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Happy Birthday!</p> <p>Betty M May 3rd</p> <p>Betty A May 10th</p> <p>Dotsy V. May 12th</p> <p>Jane Archer May 13th</p> <p>Roberta S. May 14th</p> <p>Marylou L. May 23rd</p>						<p>1 Kentucky Derby</p> <p>9:00am Coffee Chat- Bistro</p> <p>10:00am Group Exercise- TR</p> <p>11:00am Monthly Gazette and May Newsletter – A&C</p> <p>1:00am Walking Club - LOB</p> <p>1:15pm Movie: First Saturday in May - TR</p> <p>2:30pm Derby Happy hour and Bingo</p> <p>4:00pm Derby Ribbon Craft</p> <p>6:15pm Movie Night- TR</p>
<p>2</p> <p>9:00am Coffee Chat- Bistro</p> <p>10:00am Group Exercise- TR</p> <p>11:00am History TV - TR</p> <p>1:15pm Cranium Crunches – A&C</p> <p>2:30pm Armchair Travel - Hawaii</p> <p>4:00pm Coloring</p> <p>6:15pm Movie Night- TR</p>	<p>3 May Day</p> <p>9:00am Coffee Chat- Bistro</p> <p>10:00am Group Exercise- TR</p> <p>11:00am What is May Day?</p> <p>1:00pm Walking Club</p> <p>1:15pm Replay Matinee - TR</p> <p>1:30pm Mayday Basket Crafts – A&C</p> <p>3:30pm News Currents- Bis</p> <p>6:15pm Movie Night- TR</p>	<p>4</p> <p>9:00am Coffee Chat- Bistro</p> <p>10:00am Group Exercise- TR</p> <p>11:00am Word Games – BIS</p> <p>1:00pm Walking Club</p> <p>1:15pm Movie Matinee: Breakfast at Tiffany's</p> <p>1:15pm All about Audrey Hepburn</p> <p>2:30pm Music Appreciation</p> <p>3:30pm Happy Hour</p> <p>6:15pm Movie Night- TR</p>	<p>5 Cinco de Mayo</p> <p>9:00am Coffee Chat- Bistro</p> <p>10:00am Group Exercise- TR</p> <p>11:00am History of Cinco De Mayo</p> <p>1:00pm Walking Club</p> <p>1:15pm Mini Piñata Making</p> <p>2:30pm Cinco De Mayo Celebration</p> <p>3:30pm Viva Mexico Crossword</p> <p>6:15pm Movie Night- TR</p>	<p>6</p> <p>9:00am Coffee Chat- Bistro</p> <p>10:00am Group Exercise- TR</p> <p>11:00am One on One</p> <p>1:00pm Walking Club</p> <p>1:15pm Series Thursday- TR</p> <p>2:30pm Free Bingo- DR</p> <p>4:00pm Happy Hour</p> <p>6:15pm Movie Night- TR</p>	<p>7</p> <p>9:00am Coffee Chat- Bistro</p> <p>10:00am Group Exercise- TR</p> <p>11:00am Twister Trivia</p> <p>1:00pm Walking Club</p> <p>1:15pm "The Carol Burnette Show"</p> <p>2:30pm Who Am I?</p> <p>4:00pm Coloring</p> <p>6:15pm Movie Night- TR</p>	<p>8</p> <p>9:00am Coffee Chat- Bistro</p> <p>10:00am Group Exercise- TR</p> <p>11:00am Number Magic</p> <p>1:00pm Walking Club</p> <p>1:15pm Movie Matinee</p> <p>2:30pm Beer and Bingo</p> <p>4:00pm You be the Judge</p> <p>6:15pm Movie Night- TR</p>
<p>9 Mother's Day</p> <p>9:00am Coffee Chat- Bistro</p> <p>10:00am Group Exercise- TR</p> <p>11:00am History TV.</p> <p>1:15pm Movie: Mother's Day</p> <p>1:15pm Mother's Day Craft</p> <p>2:30pm Armchair Travel – Oregon</p> <p>4:00pm Puzzles</p> <p>6:15pm Movie Night- TR</p>	<p>10</p> <p>9:00am Coffee Chat- Bistro</p> <p>10:00am Group Exercise- TR</p> <p>11:00am Cranium Crunches – A&C</p> <p>1:00pm Walking Club</p> <p>1:15pm Replay Matinee</p> <p>1:30pm Iced Tea Party and Tea History – A&C</p> <p>3:30pm News Currents - Bis</p> <p>6:15pm Movie Night- TR</p>	<p>11</p> <p>9:00am Coffee Chat- Bistro</p> <p>10:00am Group Exercise- TR</p> <p>11:00am Word Games</p> <p>1:00pm Walking Club</p> <p>1:15pm Pressed Flower Art</p> <p>2:30pm Music Appreciation</p> <p>3:30pm Happy Hour</p> <p>6:15pm Movie Night- TR</p>	<p>12 Foot Clinic</p> <p>9:00am Coffee Chat- Bistro</p> <p>10:00am Group Exercise- TR</p> <p>11:00am Hand and Nails</p> <p>1:00pm Walking Club</p> <p>1:15pm Board Games</p> <p>2:30pm Root beer Floats</p> <p>3:00pm New Neighbor Social</p> <p>6:15pm Movie Night- TR</p>	<p>13</p> <p>9:00am Coffee Chat- Bistro</p> <p>10:00am Group Exercise- TR</p> <p>11:00am One on One</p> <p>1:00pm Walking Club</p> <p>1:15pm Series Thursday- TR</p> <p>2:30pm Free Bingo- DR</p> <p>4:00pm Happy Hour</p> <p>6:15pm Movie Night- TR</p>	<p>14</p> <p>9:00am Coffee Chat- Bistro</p> <p>10:00am Group Exercise- TR</p> <p>11:00am Twister Trivia</p> <p>1:00pm Walking Club</p> <p>1:15pm "The Carol Burnett Show"</p> <p>2:30pm Who Am I?</p> <p>4:00pm Coloring</p> <p>6:15pm Movie Night- TR</p>	<p>15-Armed Forces Day</p> <p>9:00am Coffee Chat- Bistro</p> <p>10:00am Group Exercise- TR</p> <p>11:00am Number Magic</p> <p>1:00pm Walking Club</p> <p>1:15pm Movie Matinee</p> <p>2:30pm Beer and Bingo</p> <p>4:00pm You be the Judge</p> <p>6:15pm Movie Night- TR</p>



<p>16 9:00am Coffee Chat- Bistro 10:00am Group Exercise- TR 11:00am History TV. 1:15pm Replay Matinee 1:15pm Cranium Crunches 2:30pm Armchair Travel - Washington 4:00pm Coloring 6:15pm Movie Night- TR</p>	<p>17 9:00am Coffee Chat- Bistro 10:00am Group Exercise- TR 11:00am Mad Libs 1:00pm Walking Club 1:15pm Replay Matinee 1:30pm Strawberry Rock Painting 3:30pm News Currents 6:15pm Movie Night- TR</p>	<p>18 Ear Clinic 9:00am Coffee Chat- Bistro 10:00am Group Exercise- TR 11:00am Word Games 1:15pm Matching Tulips 2:30pm Music Appreciation 3:30pm Happy Hour 6:15pm Movie Night- TR</p>	<p>19 9:00am Coffee Chat- Bistro 10:00am Group Exercise- TR 11:00am 1:00pm Walking Club 1:15pm Card Games 2:30pm Root beer Floats 3:00pm New Neighbor Social 6:15pm Movie Night- TR</p>	<p>20 9:00am Coffee Chat- Bistro 10:00am Group Exercise- TR 11:00am One on One 1:00pm Walking Club 1:15pm Series Thursday- TR 2:30pm Free Bingo- DR 4:00pm Happy Hour 6:15pm Movie Night- TR</p>	<p>21 9:00am Coffee Chat- Bistro 10:00am Group Exercise- TR 11:00am Name that Country 1:00pm Walking Club 1:15pm "The Carol Burnett Show" 1:30pm Passport Making 3:30pm Where in the World 4:00pm Coloring 6:15pm Movie Night- TR</p>	<p>22 9:00am Coffee Chat- Bistro 10:00am Group Exercise- TR 11:00am Number Magic 1:00pm Walking Club 1:15pm Movie Matinee 2:30pm Beer and Bingo 4:00pm You be the judge. 6:15pm Movie Night- TR</p>
<p>23 9:00am Coffee Chat- Bistro 10:00am Group Exercise- TR 11:00am History TV. 1:15pm Penny Frames and the Penny Debate 2:30pm Armchair Travel - Montana 4:00pm Puzzles 6:15pm Movie Night- TR</p>	<p>24 9:00am Coffee Chat- Bistro 10:00am Group Exercise- TR 11:00am Cranium Crunches 1:00pm Walking Club 1:15pm Replay Matinee 1:30pm All about Queen Victoria 2:30pm News Currents - DR 6:15pm Movie Night- TR</p>	<p>25 9:00am Coffee Chat- Bistro 10:00am Group Exercise- TR 11:00am Word Games 1:15pm Lilac Q -Tip Painting 2:30pm Music Appreciation 3:30pm Happy Hour 6:15pm Movie Night- TR</p>	<p>26 9:00am Coffee Chat- Bistro 10:00am Group Exercise- TR 11:00am What makes us feel good? 1:00pm Walking Club 1:15pm Colorado Wildflower Tour 2:30pm Root beer Floats 3:00pm Ball toss 6:15pm Movie Night- TR</p>	<p>27 9:00am Coffee Chat- Bistro 10:00am Group Exercise- TR 11:00am One on One 1:00pm Walking Club 1:15pm Series Thursday- TR 2:30pm Free Bingo- DR 4:00pm Happy Hour 6:15pm Movie Night- TR</p>	<p>28 9:00am Coffee Chat- Bistro 10:00am Group Exercise- TR 11:00am Twister Trivia 1:00pm Walking Club 1:15pm "The Carol Burnett Show" 2:30pm Who Am I? 4:00pm Coloring 6:15pm Movie Night- TR</p>	<p>29 9:00am Coffee Chat- Bistro 10:00am Group Exercise- TR 11:00am Number Magic 1:00pm Walking Club 1:15pm Movie Matinee 2:30pm Beer and Bingo 4:00pm You be the Judge 6:15pm Movie Night- TR</p>
<p>30 9:00am Coffee Chat- Bistro 10:00am Group Exercise- TR 11:00am History TV. 1:15pm Cranium Crunches 2:30pm Armchair Travel – North and South Dakota 4:00pm Coloring 6:15pm Movie Night- TR</p>	<p>31 Memorial Day 9:00am Coffee Chat- Bistro 10:00am Group Exercise- TR 11:00am History of Memorial Day 1:00pm Walking Club 1:15pm Replay Matinee 1:30pm Poppies Finger Painting – A&C 2:30pm News Currents - DR 6:15pm Movie Night- TR</p>	