

# Legacy Ridge



# June 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p><b>HAPPY BIRTHDAY</b></p> <p>Mary K. June 1</p> <p>Linda C. June 3</p> <p>Lucy D. June 3</p> <p>Jane C. June 8</p> <p>Bonnie D. June 10</p> <p>Pat L. June 12</p> <p>Louise F. June 25</p>		<p>1 Today:</p> <p>7:30 am Breakfast 11:30 am Lunch 3:00 pm Root Beer Floats 4:30 pm Dinner 6:00 pm Movie</p> <p>Throughout the day we will offer a variety of T-Zone and Stimulation Station Activities.</p> <p><b>T-Zone</b> are group activities like bowling, archery, exercise class, walking, etc.</p> <p><b>Stim Stations</b> are individual activities designed for each resident's interest level.</p>	<p>2 Today:</p> <p>7:30 am Breakfast 11:30 am Lunch 3:00 pm Happy Hour 4:30 pm Dinner 6:00 pm Movie</p> <p>Throughout the day we will offer a variety of T-Zone and Stimulation Station Activities.</p> <p><b>T-Zone</b> are group activities like bowling, archery, exercise class, walking, etc.</p> <p><b>Stim Stations</b> are individual activities designed for each resident's interest level.</p>	<p>3 Today:</p> <p>7:30 am Breakfast 11:30 am Lunch 1:30 pm Joy Ride 4:30 pm Dinner 6:00 pm Movie</p> <p>Throughout the day we will offer a variety of T-Zone and Stimulation Station Activities.</p> <p><b>T-Zone</b> are group activities like bowling, archery, exercise class, walking, etc.</p> <p><b>Stim Stations</b> are individual activities designed for each resident's interest level.</p>	<p>4 Today:</p> <p>7:30 am Breakfast 11:30 am Lunch 3:00 pm Bingo 4:30 pm Dinner 6:00 pm Movie</p> <p>Throughout the day we will offer a variety of T-Zone and Stimulation Station Activities.</p> <p><b>T-Zone</b> are group activities like bowling, archery, exercise class, walking, etc.</p> <p><b>Stim Stations</b> are individual activities designed for each resident's interest level.</p>
<p>5 Today:</p> <p>7:30 am Breakfast 11:30 am Lunch 4:30 pm Dinner 6:00 pm Movie</p> <p>Throughout the day we will offer a variety of T-Zone and Stimulation Station Activities.</p> <p><b>T-Zone</b> are group activities like bowling, archery, exercise class, walking, etc.</p> <p><b>Stim Stations</b> are individual activities designed for each resident's interest level.</p>	<p>6 Today:</p> <p>7:30 am Breakfast 11:30 am Lunch 2:30 pm Rummage Wagon 4:30 pm Dinner 6:00 pm Movie</p> <p>Throughout the day we will offer a variety of T-Zone and Stimulation Station Activities.</p> <p><b>T-Zone</b> are group activities like bowling, archery, exercise class, walking, etc.</p> <p><b>Stim Stations</b> are individual activities designed for each resident's interest level.</p>	<p>7 Today: <b>AUDIOLOGY CLINIC</b></p> <p>7:30 am Breakfast 11:30 am Lunch 4:30 pm Dinner 6:00 pm Movie</p> <p>Throughout the day we will offer a variety of T-Zone and Stimulation Station Activities.</p> <p><b>T-Zone</b> are group activities like bowling, archery, exercise class, walking, etc.</p> <p><b>Stim Stations</b> are individual activities designed for each resident's interest level.</p>	<p>8 Today: <b>FOOT CLINIC</b></p> <p>7:30 am Breakfast 11:30 am Lunch 3:00 pm Root Beer Floats 4:30 pm Dinner 6:00 pm Movie</p> <p>Throughout the day we will offer a variety of T-Zone and Stimulation Station Activities.</p> <p><b>T-Zone</b> are group activities like bowling, archery, exercise class, walking, etc.</p> <p><b>Stim Stations</b> are individual activities designed for each resident's interest level.</p>	<p>9 Today:</p> <p>7:30 am Breakfast 11:30 am Lunch 3:00 pm Happy Hour 4:30 pm Dinner 6:00 pm Movie</p> <p>Throughout the day we will offer a variety of T-Zone and Stimulation Station Activities.</p> <p><b>T-Zone</b> are group activities like bowling, archery, exercise class, walking, etc.</p> <p><b>Stim Stations</b> are individual activities designed for each resident's interest level.</p>	<p>10 Today:</p> <p>7:30 am Breakfast 11:30 am Lunch 1:30 pm Joy Ride 4:30 pm Dinner 6:00 pm Movie</p> <p>Throughout the day we will offer a variety of T-Zone and Stimulation Station Activities.</p> <p><b>T-Zone</b> are group activities like bowling, archery, exercise class, walking, etc.</p> <p><b>Stim Stations</b> are individual activities designed for each resident's interest level.</p>	<p>11 Today:</p> <p>7:30 am Breakfast 11:30 am Lunch 3:00 pm Bingo 4:30 pm Dinner 6:00 pm Movie</p> <p>Throughout the day we will offer a variety of T-Zone and Stimulation Station Activities.</p> <p><b>T-Zone</b> are group activities like bowling, archery, exercise class, walking, etc.</p> <p><b>Stim Stations</b> are individual activities designed for each resident's interest level.</p>

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<p>12 Today: 7:30 am Breakfast 11:30 am Lunch 4:30 pm Dinner 6:00 pm Movie</p> <p>Throughout the day we will offer a variety of T-Zone and Stimulation Station Activities.</p> <p><b>T-Zone</b> are group activities like bowling, archery, exercise class, walking, etc.</p> <p><b>Stim Stations</b> are individual activities designed for each resident's interest level.</p>	<p>13 Today: <b>RUMMAGE WAGAN</b> 7:30 am Breakfast 11:30 am Lunch 4:30 pm Dinner 6:00 pm Movie</p> <p>Throughout the day we will offer a variety of T-Zone and Stimulation Station Activities.</p> <p><b>T-Zone</b> are group activities like bowling, archery, exercise class, walking, etc.</p> <p><b>Stim Stations</b> are individual activities designed for each resident's interest level.</p>	<p>14 Today: 7:30 am Breakfast 11:30 am Lunch 1:00pm Chris Wells, Lighthouses 4:30 pm Dinner 6:00 pm Movie</p> <p>Throughout the day we will offer a variety of T-Zone and Stimulation Station Activities.</p> <p><b>T-Zone</b> are group activities like bowling, archery, exercise class, walking, etc.</p> <p><b>Stim Stations</b> are individual activities designed for each resident's interest level.</p>	<p>15 Today: 7:30 am Breakfast 11:30 am Lunch 3:00 pm Root Beer Floats 4:30 pm Dinner 6:00 pm Movie</p> <p>Throughout the day we will offer a variety of T-Zone and Stimulation Station Activities.</p> <p><b>T-Zone</b> are group activities like bowling, archery, exercise class, walking, etc.</p> <p><b>Stim Stations</b> are individual activities designed for each resident's interest level.</p>	<p>16 Today: 7:30 am Breakfast 11:30 am Lunch 3:00 pm Happy Hour 4:30 pm Dinner 6:00 pm Movie</p> <p>Throughout the day we will offer a variety of T-Zone and Stimulation Station Activities.</p> <p><b>T-Zone</b> are group activities like bowling, archery, exercise class, walking, etc.</p> <p><b>Stim Stations</b> are individual activities designed for each resident's interest level.</p>	<p>17 Today: 7:30 am Breakfast 11:30 am Lunch 1:30 pm Joy Ride 4:30 pm Dinner 6:00 pm Movie</p> <p>Throughout the day we will offer a variety of T-Zone and Stimulation Station Activities.</p> <p><b>T-Zone</b> are group activities like bowling, archery, exercise class, walking, etc.</p> <p><b>Stim Stations</b> are individual activities designed for each resident's interest level.</p>	<p>18 Today: 7:30 am Breakfast 11:30 am Lunch 3:00 pm Bingo 4:30 pm Dinner 6:00 pm Movie</p> <p>Throughout the day we will offer a variety of T-Zone and Stimulation Station Activities.</p> <p><b>T-Zone</b> are group activities like bowling, archery, exercise class, walking, etc.</p> <p><b>Stim Stations</b> are individual activities designed for each resident's interest level.</p>
<p>19 Today: 7:30 am Breakfast 11:30 am Lunch 4:30 pm Dinner 6:00 pm Movie</p> <p>Throughout the day we will offer a variety of T-Zone and Stimulation Station Activities.</p> <p><b>T-Zone</b> are group activities like bowling, archery, exercise class, walking, etc.</p> <p><b>Stim Stations</b> are individual activities designed for each resident's interest level.</p>	<p>20 Today: 7:30 am Breakfast 11:30 am Lunch 4:30 pm Dinner 6:00 pm Movie</p> <p>Throughout the day we will offer a variety of T-Zone and Stimulation Station Activities.</p> <p><b>T-Zone</b> are group activities like bowling, archery, exercise class, walking, etc.</p> <p><b>Stim Stations</b> are individual activities designed for each resident's interest level.</p>	<p>21 Today: 7:30 am Breakfast 11:30 am Lunch 4:30 pm Dinner 6:00 pm Movie</p> <p>Throughout the day we will offer a variety of T-Zone and Stimulation Station Activities.</p> <p><b>T-Zone</b> are group activities like bowling, archery, exercise class, walking, etc.</p> <p><b>Stim Stations</b> are individual activities designed for each resident's interest level.</p>	<p>22 Today: 7:30 am Breakfast 11:30 am Lunch 3:00 pm Root Beer Floats 4:30 pm Dinner 6:00 pm Movie</p> <p>Throughout the day we will offer a variety of T-Zone and Stimulation Station Activities.</p> <p><b>T-Zone</b> are group activities like bowling, archery, exercise class, walking, etc.</p> <p><b>Stim Stations</b> are individual activities designed for each resident's interest level.</p>	<p>23 Today: 7:30 am Breakfast 11:30 am Lunch 3:00 pm Happy Hour 4:30 pm Dinner 6:00 pm Movie</p> <p>Throughout the day we will offer a variety of T-Zone and Stimulation Station Activities.</p> <p><b>T-Zone</b> are group activities like bowling, archery, exercise class, walking, etc.</p> <p><b>Stim Stations</b> are individual activities designed for each resident's interest level.</p>	<p>24 Today: 7:30 am Breakfast 11:30 am Lunch 1:30 pm Joy Ride 4:30 pm Dinner 6:00 pm Movie</p> <p>Throughout the day we will offer a variety of T-Zone and Stimulation Station Activities.</p> <p><b>T-Zone</b> are group activities like bowling, archery, exercise class, walking, etc.</p> <p><b>Stim Stations</b> are individual activities designed for each resident's interest level.</p>	<p>25 Today: 7:30 am Breakfast 11:30 am Lunch 3:00 pm Bingo 4:30 pm Dinner 6:00 pm Movie</p> <p>Throughout the day we will offer a variety of T-Zone and Stimulation Station Activities.</p> <p><b>T-Zone</b> are group activities like bowling, archery, exercise class, walking, etc.</p> <p><b>Stim Stations</b> are individual activities designed for each resident's interest level.</p>
<p>26 Today: 7:30 am Breakfast 11:30 am Lunch 4:30 pm Dinner 6:00 pm Movie</p> <p>Throughout the day we will offer a variety of T-Zone and Stimulation Station Activities.</p> <p><b>T-Zone</b> are group activities like bowling, archery, exercise class, walking, etc.</p> <p><b>Stim Stations</b> are individual activities designed for each resident's interest level.</p>	<p>27 Today: 7:30 am Breakfast 11:30 am Lunch 4:30 pm Dinner 6:00 pm Movie</p> <p>Throughout the day we will offer a variety of T-Zone and Stimulation Station Activities.</p> <p><b>T-Zone</b> are group activities like bowling, archery, exercise class, walking, etc.</p> <p><b>Stim Stations</b> are individual activities designed for each resident's interest level.</p>	<p>28 Today: 7:30 am Breakfast 11:30 am Lunch 4:30 pm Dinner 6:00 pm Movie</p> <p>Throughout the day we will offer a variety of T-Zone and Stimulation Station Activities.</p> <p><b>T-Zone</b> are group activities like bowling, archery, exercise class, walking, etc.</p> <p><b>Stim Stations</b> are individual activities designed for each resident's interest level.</p>	<p>29</p>	<p>30</p>	<p>T-Zone is our nickname for Thrive Zone. T-Zone is a group activity that stimulates mind, body, and spirit. Our Activity Assistants will use their vast knowledge of the residents to select appropriate, stimulating daily T-Zone activities.</p> <p>Stimulation Stations are meaningful activity stations using the Montessori approach: <i>finding individual strengths, supporting those strengths, and building on those strengths.</i></p>	