

# Legacy Ridge



# May 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>1</p> <p>7:30 am Breakfast</p> <p>9:30 am Daily Chronicle/Chat</p> <p>10:00 am Exercise</p> <p>10:30 am T-Zone</p> <p>11:30 am Lunch</p> <p>12:30 pm—4: 00 pm various T-Zone and Stim Stations</p> <p>4:30 pm Dinner</p> <p>5:30 pm Meditation</p> <p>6:00 pm Movie</p>	<p>2 <b>AUDIOLOGY CLINIC</b></p> <p>7:30 am Breakfast</p> <p>9:30 am Daily Chronicle/Chat</p> <p>10:00 am Exercise</p> <p>10:30 am T-Zone</p> <p>11:30 am Lunch</p> <p>12:30 pm—2: 00 pm various T-Zone and Stim Stations</p> <p><b>2:00 pm Music/Art Appreciation</b></p> <p><b>3:00 pm Sing Out!</b></p> <p>4:30 pm Dinner</p> <p>5:30 pm Meditation</p> <p>6:00 pm Movie</p>	<p>3 Today:</p> <p>7:30 am Breakfast</p> <p>9:30 am Daily Chronicle/Chat</p> <p>10:00 am Exercise</p> <p>10:30 am T-Zone</p> <p>11:30 am Lunch</p> <p>12:30 pm—3: 00 pm various T-Zone and Stim Stations</p> <p><b>3 PM Root Beer Floats</b></p> <p>4:30 pm Dinner</p> <p>5:30 pm Meditation</p> <p>6:00 pm Movie</p>	<p>4 Today:</p> <p>7:30 am Breakfast</p> <p>9:30 am Daily Chronicle/Chat</p> <p>10:00 am Exercise</p> <p>10:30 am T-Zone</p> <p>11:30 am Lunch</p> <p>12:30 pm—3: 00 pm various T-Zone and Stim Stations</p> <p><b>3 PM Happy Hour</b></p> <p>4:30 pm Dinner</p> <p>5:30 pm Meditation</p> <p>6:00 pm Movie</p>	<p>5 Today:</p> <p>7:30 am Breakfast</p> <p>9:30 am Daily Chronicle/Chat</p> <p>10:00 am Exercise</p> <p>10:30 am T-Zone</p> <p>11:30 am Lunch</p> <p>12:30 pm—T-Zone</p> <p><b>1:30 PM Joyride</b></p> <p>1:30 pm Stim Stations &amp; One on One's</p> <p>4:30 pm Dinner</p> <p>5:30 pm Meditation</p> <p>6:00 pm Movie</p>	<p>6 Today:</p> <p>7:30 am Breakfast</p> <p>9:30 am Daily Chronicle/Chat</p> <p>10:00 am Exercise</p> <p>10:30 am T-Zone</p> <p>11:30 am Lunch</p> <p>12:30 pm—3: 00 pm various T-Zone and Stim Stations</p> <p><b>3 PM Bingo</b></p> <p>4:30 pm Dinner</p> <p>5:30 pm Meditation</p> <p>6:00 pm Movie</p>
<p>7 Today:</p> <p>7:30 am Breakfast</p> <p>9:30 am Daily Chronicle/Chat</p> <p>10:00 am Exercise</p> <p>10:30 am T-Zone</p> <p>11:30 am Lunch</p> <p>12:30 pm—4: 00 pm various T-Zone and Stim Stations</p> <p>4:30 pm Dinner</p> <p>5:30 pm Meditation</p> <p>6:00 pm Movie</p>	<p>8 Today:</p> <p>7:30 am Breakfast</p> <p>9:30 am Daily Chronicle/Chat</p> <p>10:00 am Exercise</p> <p>10:30 am T-Zone</p> <p>11:30 am Lunch</p> <p>12:30 pm—4: 00 pm various T-Zone and Stim Stations</p> <p>4:30 pm Dinner</p> <p>5:30 pm Meditation</p> <p>6:00 pm Movie</p>	<p>9 Today:</p> <p>7:30 am Breakfast</p> <p>9:30 am Daily Chronicle/Chat</p> <p>10:00 am Exercise</p> <p>10:30 am T-Zone</p> <p>11:30 am Lunch</p> <p>12:30 pm—T-Zone</p> <p><b>1:30 pm Colorado Birds</b></p> <p>1:30 pm Stim Stations and One-on-Ones</p> <p>4:30 pm Dinner</p> <p>5:30 pm Meditation</p> <p>6:00 pm Movie</p>	<p>10 Today: <b>FOOT CLINIC</b></p> <p>7:30 am Breakfast</p> <p>9:30 am Daily Chronicle/Chat</p> <p>10:00 am Exercise</p> <p>10:30 am T-Zone</p> <p>11:30 am Lunch</p> <p>12:30 pm—3: 00 pm various T-Zone and Stim Stations</p> <p><b>3 PM Root Beer Floats</b></p> <p>4:30 pm Dinner</p> <p>5:30 pm Meditation</p> <p>6:00 pm Movie</p>	<p>11 Today:</p> <p>7:30 am Breakfast</p> <p>9:30 am Daily Chronicle/Chat</p> <p>10:00 am Exercise</p> <p>10:30 am T-Zone</p> <p>11:30 am Lunch</p> <p>12:30 pm—3: 00 pm various T-Zone and Stim Stations</p> <p><b>3 PM Happy Hour</b></p> <p>4:30 pm Dinner</p> <p>5:30 pm Meditation</p> <p>6:00 pm Movie</p>	<p>12 Today:</p> <p>7:30 am Breakfast</p> <p>9:30 am Daily Chronicle/Chat</p> <p>10:00 am Exercise</p> <p>10:30 am T-Zone</p> <p>11:30 am Lunch</p> <p>12:30 pm—T-Zone</p> <p><b>1:30 PM Joyride</b></p> <p>1:30 pm Stim Stations &amp; One on One's</p> <p>4:30 pm Dinner</p> <p>5:30 pm Meditation</p> <p>6:00 pm Movie</p>	<p>13 Today:</p> <p>7:30 am Breakfast</p> <p>9:30 am Daily Chronicle/Chat</p> <p>10:00 am Exercise</p> <p>10:30 am T-Zone</p> <p>11:30 am Lunch</p> <p>12:30 pm—3: 00 pm various T-Zone and Stim Stations</p> <p><b>3 PM Bingo</b></p> <p>4:30 pm Dinner</p> <p>5:30 pm Meditation</p> <p>6:00 pm Movie</p>

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<p>14 Today:</p> <p>7:30 am Breakfast</p> <p>9:30 am Daily Chronicle/Chat</p> <p>10:00 am Exercise</p> <p>10:30 am T-Zone</p> <p>11:30 am Lunch</p> <p>12:30 pm—4: 00 pm various T-Zone and Stim Stations</p> <p>4:30 pm Dinner</p> <p>5:30 pm Meditation</p> <p>6:00 pm Movie</p>	<p>15 Today:</p> <p>7:30 am Breakfast</p> <p>9:30 am Daily Chronicle/Chat</p> <p>10:00 am <b>Teddy Bears! Hand out by outside group</b></p> <p>10:30 am Exercise</p> <p>11:30 am Lunch</p> <p>12:30 pm—4: 00 pm various T-Zone and Stim Stations</p> <p>4:30 pm Dinner</p> <p>5:30 pm Meditation</p> <p>6:00 pm Movie</p>	<p>16 Today:</p> <p>7:30 am Breakfast</p> <p>9:30 am Daily Chronicle/Chat</p> <p>10:00 am Exercise</p> <p>10:30 am T-Zone</p> <p>11:30 am Lunch</p> <p>12:30 pm—2: 00 pm various <b>2 PM Roy Wiley, Music</b></p> <p>2:00 pm Stim Stations and One-on-Ones</p> <p>4:30 pm Dinner</p> <p>5:30 pm Meditation</p> <p>6:00 pm Movie</p>	<p>17 Today:</p> <p>7:30 am Breakfast</p> <p>9:30 am Daily Chronicle/Chat</p> <p>10:00 am Exercise</p> <p>10:30 am T-Zone</p> <p>11:30 am Lunch</p> <p>12:30 pm—3: 00 pm various T-Zone and Stim Stations</p> <p><b>3 PM Root Beer Floats</b></p> <p>4:30 pm Dinner</p> <p>5:30 pm Meditation</p> <p>6:00 pm Movie</p>	<p>18 Today:</p> <p>7:30 am Breakfast</p> <p>9:30 am Daily Chronicle/Chat</p> <p>10:00 am Exercise</p> <p>10:30 am T-Zone</p> <p>11:30 am Lunch</p> <p>12:30 pm—3: 00 pm various T-Zone and Stim Stations</p> <p><b>3 PM Happy Hour</b></p> <p>4:30 pm Dinner</p> <p>5:30 pm Meditation</p> <p>6:00 pm Movie</p>	<p>19 Today:</p> <p>7:30 am Breakfast</p> <p>9:30 am Daily Chronicle/Chat</p> <p>10:00 am Exercise</p> <p>10:30 am T-Zone</p> <p>11:30 am Lunch</p> <p>12:30 pm—T-Zone <b>1:30 PM Joyride</b></p> <p>1:30 pm Stim Stations &amp; One on One's</p> <p>4:30 pm Dinner</p> <p>5:30 pm Meditation</p> <p>6:00 pm Movie</p>	<p>20 Today:</p> <p>7:30 am Breakfast</p> <p>9:30 am Daily Chronicle/Chat</p> <p>10:00 am Exercise</p> <p>10:30 am T-Zone</p> <p>11:30 am Lunch</p> <p>12:30 pm—3: 00 pm various T-Zone and Stim Stations</p> <p><b>3 PM Bingo</b></p> <p>4:30 pm Dinner</p> <p>5:30 pm Meditation</p> <p>6:00 pm Movie</p>
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