


# Cherry Hills



# October 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div>1</div> <div>9:00 am Coffee Chat—BIS 9:00 am Catholic Mass—TR 10:00am Group Exercise—GYM 11:00am Group Games—BIS 11:00 am Protestant Service/TR 11:00 am Broncos v. Bears—BIS 1:30 pm <i>Mysteries at the Museum</i> —TR 3:00 pm Arm Chair Travel—TR 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR</div> <div>International Music Day</div>	<div>2</div> <div>9:00 am Coffee Chat—BIS 10:00am Group Exercise—GYM 10:00 am Walg/Trader Joe’s—LOB 10:30am Arapahoe Library/LOB 11:00 am Group Games—BIS 1:30 pm Joyride—LOB 1:30 Brain Teasers—BIS 2:30 pm Group Games—BIS 3:00 pm News Currents 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR</div>	<div>3 <b>AUDIOLOGY CLINIC</b></div> <div>9:00 am Coffee Chat—BIS 10:00am Balance Class—GYM 11:00 am Mountain Man—LOB 11:00 am Group Games—BIS 11:00 am Mountain Man—LOB 1:30 pm Art/Music Appreciation—TR 3:00 pm Sing Out! - TR 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR</div> <div>National Animal Day</div>	<div>4</div> <div>9:00 am Coffee Chat—BIS 10:00 am Group Exercise/GYM 11:00 am Group Games—BIS 11:00 am Lunch Outing—LOB 1:30 pm Hawkquest —Atrium 3:00pm Root Beer Floats—BIS 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR</div> <div>Butterfly/Hummingbird Day</div>	<div>5</div> <div>9:00 am Coffee Chat—BIS 10:00am Group Exercise: Yoga w Martha—GYM 11:00 am Group Games—BIS 1:30 pm Compliment Cards-BIS 3:00 pm Happy Hour—BIS 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR</div> <div>National Be Nice Day</div>	<div>6</div> <div>9:00 am Coffee Chat—BIS 10:00am Group Exercise—GYM 11:00 am Group Games—BIS 11:00 am ROMEO—DR 1:30 pm Biography—TR 2:00 pm Science w Sage—BIS 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR</div> <div>National Poetry Day</div>	<div>7</div> <div>9:00 am Coffee Chat—BIS 10:00 am Group Exercise—GYM 11:00 am Group Games—TR 1:30 pm Activities Potpourri—TR 3:00 pm Happy Hour Bingo—BIS 5:30 pm Daily Wrap Up—BIS 6:15 pm Broadway Night:—TR</div> <div>World Smile Day</div>
<div>8</div> <div>9: 00 am Coffee Chat—BIS 9:00 am Catholic Mass—TR 10:00am Group Exercise—GYM 11:00 am Protestant Service/TR 11:00 am Group Games—BIS 1:30pm <i>Mysteries at the Museum</i> —TR 2:25 pm Broncos v NY Jets—BIS 3:00 pm Arm Chair Travel—TR 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR</div> <div>World Octopus Day</div>	<div>9</div> <div>9:00 am Coffee Chat—BIS 10:00am Exercise Class—GYM 10:00 am Walg/Trader Joe’s—LOB 11:00 am Group Games—BIS 1:30 pm Joyride—LOB 1:30 Classical Pianist-BIS 2:30 pm Group Games—BIS 3:00 pm News Currents 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR</div>	<div>10 <b>FLU/VACCINE CLINIC</b></div> <div>9:00 am Coffee Chat—BIS 10:00am Balance Class—GYM 11:00 am Group Games—BIS 1:30 Music/Art Appreciation-TR 2:00 pm Roy Willey Music-BIS* 3:00 pm Sing Out! - TR* 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR</div> <div>National Dessert Day</div>	<div>11 <b>FOOT CLINIC</b></div> <div>9:00 am Coffee Chat—BIS 10:00 am Group Exercise/GYM 11:00 am Group Games—BIS 1:30 pm Dinosaur Documentary —TR 3:00pm Root Beer Floats—BIS 4:00pm Dinner Outing—LOB 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR</div> <div>National Dinosaur/Fossil Day</div>	<div>12</div> <div>9:00 am Coffee Chat—BIS 10:00am Group Exercise: Yoga w Martha—GYM 11:00 am Group Games—BIS 1:30 pm Singer Documentary—TR 3:00 pm Happy Hour—BIS 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR 6:15 pm Broncos v Kansas City</div> <div>World Singing Day</div>	<div>13</div> <div>9:00 am Coffee Chat—BIS 10:00am Group Exercise—GYM 10:00 am Walg/Trader Joe’s—LOB 11:00 am Group Games—BIS 11:00 am ROMEO—DR 1:30 pm Biography—TR 2:00 pm Science w Sage-BIS 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR</div> <div>National Word/Dictionary Day</div>	<div>14</div> <div>9:00 am Coffee Chat—BIS 10:00 am Group Exercise—GYM 11:00 am Group Games—BIS 1:30 pm Activities Potpourri/BIS 3:00 pm Happy Hour Bingo—BIS 5:30 pm Daily Wrap Up—BIS 6:15 pm Broadway Night:—TR</div> <div>National Pasta Day</div>

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div>15</div> <div>9:00 am Catholic Mass—TR</div> <div>10:00am Group Exercise—GYM</div> <div>11:00 am Group Games—BIS</div> <div>11:00 am Protestant Service/TR</div> <div>11:00 am Group Games</div> <div>1:00 pm <i>Mysteries at Museum</i>/TR</div> <div>3:00 pm Arm Chair Travel—TR</div> <div>5:30 pm Daily Wrap Up—BIS</div> <div>6:15 pm Movie— TR</div> <div>Alaska Day</div>	<div>16</div> <div>9:00 am Coffee Chat—BIS</div> <div>10:00am Balance Class—GYM</div> <div>10:30am Arapahoe Library/LOB</div> <div>11:00 am Group Games—BIS</div> <div>1:30 pm Joyride—LOB</div> <div>1:30 pm Singer/Entertainer BIS</div> <div>3:00 pm News Currents</div> <div>5:30 pm Daily Wrap Up—BIS</div> <div>6:15 pm Movie—TR</div> <div>National Friends Day</div>	<div>17</div> <div>9:00 am Coffee Chat—BIS</div> <div>10:00am Group Exercise—GYM</div> <div>11:00 am Group Games—BIS</div> <div>1:30 pm Chris Wells—TR</div> <div>3:30 pm Sing Out!—BIS</div> <div>5:30 pm Daily Wrap Up—BIS</div> <div>6:15 pm Movie—TR</div> <div>National Apple Day</div>	<div>18</div> <div>9:00 am Coffee Chat—BIS</div> <div>10:00am Group Exercise—GYM</div> <div>11:00 am Group Games—BIS</div> <div>12:30 pm Depart Trishaw Outing</div> <div>1:30 pm Depart Trishaw Outing</div> <div>5:30 pm Daily Wrap Up—BIS</div> <div>6:15 pm Movie—TR</div> <div>National Make a Difference Day</div>	<div>19</div> <div>9:00 am Coffee Chat—BIS</div> <div>10:00am Group Exercise, Chair Yoga w/ Martha—GYM</div> <div>11:00 am Group Games—BIS</div> <div>1:30pm Chef Chat/Activities</div> <div>Discussion—TR</div> <div>2:00 pm Pin the Tail on the Peanut—BIS</div> <div>3:00 pm Happy Hour —BIS</div> <div>5:30 pm Daily Wrap Up—BIS</div> <div>6:15 pm Movie—TR</div> <div></div>	<div>20</div> <div>9:00 am Coffee Chat—BIS</div> <div>10:00am Group Exercise—</div> <div>11:00 am ROMEO: Olive Garden- Lunch Outing—LOB</div> <div>11:00 am Group Games—BIS</div> <div>1:00 pm Biography—TR</div> <div>2:00 pm Science w Sage—BIS</div> <div>5:30 pm Daily Wrap Up—BIS</div> <div>6:15 pm Movie—TR</div> <div>International Artists Day</div>	<div>21</div> <div>9:00 am Coffee Chat—BIS</div> <div>10:00am Group Exercise—GYM</div> <div>11:00 am Group Games—BIS</div> <div>1:30 pm Activities Potpourri/BIS</div> <div>3:00 pm Happy Hour Bingo—BIS</div> <div>5:30 pm Daily Wrap Up—BIS</div> <div>6:15 pm Broadway Night: -TR</div> <div>National Pumpkin Day</div>
<div>22</div> <div>9:00 am Catholic Mass—TR</div> <div>10:00am Group Exercise—GYM</div> <div>11:00 am Protestant Service/TR</div> <div>11:00 am Group Games—BIS</div> <div>1:00 pm <i>Mysteries at the Museum</i> —TR</div> <div>2:25 pm Broncos v Green Bay/BIS</div> <div>3:00 pm Arm Chair Travel —TR</div> <div>5:30 pm Daily Wrap Up—BIS</div> <div>6:15 pm Movie—TR</div> <div>National Chocolate Day</div>	<div>23</div> <div>9:00am Coffee Chat—Bistro</div> <div>10:00am Balance Class—GYM</div> <div>11:00 am Group Games—BIS</div> <div>1:30 pm Joyride—LOB</div> <div>1:30 Book Club—PDR</div> <div>2:00 pm Group Games—BIS</div> <div>3:00 pm News Currents</div> <div>5:30 pm Daily Wrap Up—BIS</div> <div>6:15 pm Movie—TR</div> <div>National Oatmeal Day</div> <div>National Day</div>	<div>24</div> <div>9:00 am Coffee Chat—BIS</div> <div>10:00am Group Exercise—GYM</div> <div>11:00 am Group Games—BIS</div> <div>1:30 Music/Art Appreciation-TR</div> <div>3:00 pm Sing Out!—TR</div> <div>5:30 pm Daily Wrap Up—BIS</div> <div>6:15 pm Movie—TR</div> <div>National Candy Corn Day</div>	<div>25</div> <div>9:00 am Coffee Chat—BIS</div> <div>10:00am Group Exercise—GYM</div> <div>11:00 am Group Games—BIS</div> <div>11:00 am Lunch Outing—LOB</div> <div>1:30 pm Biography—TR</div> <div>3:00 pm Root Beer Floats—BIS</div> <div>5:30 pm Daily Wrap Up—BIS</div> <div>6:15 pm Movie—TR</div> <div>National Cupcake Day</div>	<div>26</div> <div>9:00 am Coffee Chat—BIS</div> <div>10:00am Group Exercise, Chair Yoga w/ Martha—GYM</div> <div>11:00 am Group Games—BIS</div> <div>1:30 pm Group Activity</div> <div>3:00 pm Happy Hour—BIS</div> <div>5:30 pm Daily Wrap Up—BIS</div> <div>6:15 pm Movie—TR</div> <div>National “I Love Yarn” Day</div>	<div>27</div> <div>9:00 am Coffee Chat—BIS</div> <div>10:00 am Group Exercise—GYM</div> <div>10:00 am Walg/Trader Joe’s—LOB</div> <div>11:00 am Group Games—BIS</div> <div>11:00 am ROMEO—DR</div> <div>1:00 pm Biography—TR</div> <div>2:00 pm Science w/Sage—BIS</div> <div>5:30 pm Daily Wrap Up—BIS</div> <div>6:15 pm Movie—TR</div> <div>National Pretzel Day</div>	<div>28</div> <div>9:00 am Coffee Chat—BIS</div> <div>10:00am Group Exercise—GYM</div> <div>11:00 am Group Games—BIS</div> <div>1:30 pm Activities Potpourri/BIS</div> <div>3:00 pm Happy Hour Bingo—BIS</div> <div>5:30 pm Daily Wrap Up—BIS</div> <div>6:15 pm Broadway Night: —TR</div> <div>National Architecture Day</div>
<div>29</div> <div>9:00 am Catholic Mass—TR</div> <div>10:00am Group Exercise—GYM</div> <div>11:00 am Protestant Service/TR</div> <div>1:00 pm <i>Mysteries at the Museum</i> —TR</div> <div>2:25 pm Broncos v Kansas City/BIS</div> <div>3:00 pm Arm Chair Travel—TR</div> <div>5:30 pm Daily Wrap Up—BIS</div> <div>6:15 pm Movie—TR</div> <div>National Fruit Day</div>	<div>30</div> <div>9:00 am Coffee Chat—BIS</div> <div>10:00 am Balance Class—GYM</div> <div>11:00 am Group Games—BIS</div> <div>1:30 pm Joyride—BIS</div> <div>2:00 pm Group Games—AR</div> <div>2:00 pm Book Club—TR</div> <div>3:00 pm News Currents</div> <div>5:30 pm Daily Wrap Up—BIS</div> <div>6:15 pm Movie—TR</div> <div>National Reptile Day</div>	<div>31 HALLOWEEN!</div> <div>9:00 am Coffee Chat—BIS</div> <div>10:00am Group Exercise—GYM</div> <div>11:00 am Group Games—BIS</div> <div>11:00 am Mountain Man—LOB</div> <div>1:30 pm Art/Music Appreciation—TR</div> <div>3:00 pm Resident Council—TR</div> <div>5:30 pm Daily Wrap Up—BIS</div> <div>6:15 pm Movie—TR</div> <div>National Color Orange Day</div>	<div></div> <div>Annabel S. Oct. 5</div> <div>Nicole O. Oct. 9</div> <div>Evelyn W. Oct. 14</div> <div>Frankey L. Oct. 16</div> <div>Viola F. Oct. 18</div> <div>Sonja H. Oct. 28</div> <div>Edna G. Oct. 31</div>	<div>All activities and times are Subject to change based on Our residents’ needs.</div>		