

Cherry Hills



November 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 Mary Frances H. Nov 17 Casmira L. Nov 17 Simone P. Nov 21 Elaine S. Nov 22			1 9:00 am Coffee Chat—BIS 10:00 am Group Exercise/GYM 11:00 am Cranium Crunch—BIS 1:30 pm What is Dia De Los Muertos? - BIS 3:00pm Root Beer Floats—BIS 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR Dia De Los Muertos	2 9:00 am Coffee Chat—BIS 10:00am Group Exercise: Yoga w Martha—GYM 11:00 am Cranium Crunch—BIS 1:30 pm Art w/Peggy—AR 3:00 pm Happy Hour —BIS 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR National Be Nice Day	3 9:00 am Coffee Chat—BIS 10:00am Group Exercise—GYM 11:00 am Cranium Crunch—BIS 11:30 am ROMEO—DR 1:30 pm Wizard of Oz Trivia—BIS 3:00 pm Science w/ Sage—BIS 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie: <i>The Wizard of OZ</i>—TR Wizard of OZ Anniversary	4 9:00 am Coffee Chat—BIS 10:00 am Group Exercise—GYM 11:00 am Cranium Crunch—BIS 1:30 pm Sage Advice—BIS 3:00 pm Happy Hour Bingo—BIS 5:30 pm Daily Wrap Up—BIS 6:15 pm Broadway Night: <i>Hairspray</i>—TR National Chili Day
5 Daylight Savings Time Ends 9:00 am Coffee Chat—BIS 9:00 am Catholic Mass—TR 10:00am Group Exercise—GYM 11:00 am Protestant Service/TR 11:00 am Cranium Crunch—BIS 1:30 pm Documentary: <i>The Code Breaker</i>—TR 3:00 pm Arm Chair Travel—TR 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR Football Day (Broncos Bye Week)	6 9:00 am Coffee Chat—BIS 10:00am Balance Class—GYM 10:30am Arapahoe Library/LOB 11:00 am Cranium Crunch—BIS 1:30 pm Joyride—LOB 2:00 pm Book Club—TR 3:00 pm News Currents 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR Color the World Orange Day	7 Audiology 9:00 am Coffee Chat—BIS 10:00am Balance Class—GYM 11:00 am Cranium Crunch—BIS 2:00 pm Music Appreciation Live Entertainment—BIS 3:00 pm Trivia—BIS 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR National Dessert Day	8 Foot Clinic 9:00 am Coffee Chat—BIS 10:00 am Group Exercise/GYM 11:00 am Cranium Crunch—BIS 1:30 pm Classical Pianist Gio—BIS 3:00pm Root Beer Floats—BIS 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR World Pianist Day	9 9:00 am Coffee Chat—BIS 10:00am Group Exercise: Yoga w Martha—GYM 11:00 am Cranium Crunch—BIS 1:30 pm Dance Class—Atrium 3:00 pm Happy Hour —BIS 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR 6:15 pm Broncos v Kansas City Nuts about Peanut Butter Day	10 9:00 am Coffee Chat—BIS 10:00am Group Exercise—GYM 11:00 am Cranium Crunch—BIS 11:30 am ROMEO—DR 1:30 pm Biography—TR 1:30 pm Cupcake Decorating/BIS 3:00 pm Science w/ Sage—BIS 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR National Vanilla Cupcake Day	11 Veterans Day 9:00 am Coffee Chat—BIS 10:00 am Group Exercise—GYM 11:00 am Cranium Crunch—BIS 1:30 pm Celebrating CHAL Vets 3:00 pm Happy Hour Bingo—BIS 5:30 pm Daily Wrap Up—BIS 6:15 pm Broadway Night: <i>Anything Goes</i>—TR

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12 9:00 am Catholic Mass—TR 10:00am Group Exercise—GYM 11:00 am Group Games—BIS 11:00 am Protestant Service/TR 11:00 am Cranium Crunch—BIS 1:30 pm Documentary: <i>The Dustbowl</i> —TR 3:00 pm Arm Chair Travel—TR 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie— TR National French Dip Day	13 9:00 am Coffee Chat—BIS 10:00 am Balance Class—GYM 11:00 am Cranium Crunch—BIS 1:30 pm Joyride—LOB 3:00 pm News Currents 5:30 pm Daily Wrap Up—BIS 6:15 pm Broncos v Buffalo—BIS 6:15 pm Movie—TR Where in the World Day	14 9:00 am Coffee Chat—BIS 10:00am Group Exercise—GYM 11:00 am Cranium Crunch—BIS 1:30 pm Roy Wiley—BIS 3:00 pm States Game—BIS 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR National Family PJ Day	15 9:00 am Coffee Chat—BIS 10:00am Group Exercise—GYM 11:00 am Cranium Crunch—BIS 1:30 pm Sage Advice—BIS 3:00 pm Root Beer Floats—BIS 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR I Love to Write Day	16 9:00 am Coffee Chat—BIS 10:00am Group Exercise, Chair Yoga w/ Martha—GYM 11:00 am Cranium Crunch—BIS 1:30pm Chef Chat/Activities Round Table—TR 3:00 pm Happy Hour —BIS 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR National Nut Day	17 9:00 am Coffee Chat—BIS 10:00 am Group Exercise— 11:00 am ROMEO—DR 11:00 am Cranium Crunch—BIS 1:30 pm Biography—TR 3:00 pm Science w/ Sage—BIS 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR National Homemade Bread Day	18 9:00 am Coffee Chat—BIS 10:00am Group Exercise—GYM 11:00 am Cranium Crunch—BIS 1:30 pm Activities Potpourri/BIS 3:00 pm Happy Hour Bingo—BIS 5:30 pm Daily Wrap Up—BIS 6:15 pm Broadway Night: <i>Billy Elliot Live</i> —TR Apple Cider Day
19 9:00 am Catholic Mass—TR 10:00am Group Exercise—GYM 11:00 am Protestant Service/TR 11:00 am Cranium Crunch—BIS 1:30 pm Documentary: <i>Empire of the Air</i> —TR 3:00 pm Arm Chair Travel —TR 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR 6:20 pm Broncos v Minnesota/BIS National Family Day	20 9:00 am Coffee Chat—Bistro 10:00 am Balance Class—GYM 10:30 am Arapahoe Library/LOB 11:00 am Book Club—TR 1:30 pm Joyride—LOB 2:00 pm Cranium Crunch—BIS 3:00 pm News Currents 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR Memorabilia Monday	21 9:00 am Coffee Chat—BIS 10:00am Group Exercise—GYM 11:00 am Cranium Crunch—BIS 1:30 Chris Wells: Beauty and Majesty of America—TR 3:00 pm Sing Out!—TR 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR World Hello Day	22 9:00 am Coffee Chat—BIS 10:00am Group Exercise—GYM 11:00 am Cranium Crunch—BIS 1:30 pm Biography—TR 3:00 pm Happy Hour—BIS 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR National Jukebox Day	23 THANKSGIVING 9:00 am Coffee Chat—BIS 10:00am Group Exercise—GYM 11:00 am Thanksgiving Lunch 1:30 pm Movie Matinee: <i>Walk. Ride. Rodeo</i> —TR 3:15 pm Movie Matinee: <i>An Old Fashioned</i> <i>Thanksgiving</i> —TR 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR Scot Joplin Birthday	24 9:00 am Coffee Chat—BIS 10:00 am Group Exercise—GYM 11:00 am Cranium Crunch—BIS 11:30 am ROMEO—DR 1:30 pm Biography—TR 3:00 pm Science w/ Sage—BIS 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie: <i>Butch Cassidy and</i> <i>the Sundance Kid</i> —TR National Parfait Day	25 9:00 am Coffee Chat—BIS 10:00am Group Exercise—GYM 11:00 am Cranium Crunch—BIS 1:30 pm Activities Potpourri/BIS 3:00 pm Happy Hour Bingo—BIS 5:30 pm Daily Wrap Up—BIS 6:15 pm Broadway Night: <i>Harvey</i> —TR National Parfait Day
26 9:00 am Catholic Mass—TR 10:00am Group Exercise—GYM 11:00 am Protestant Service/TR 11:00 am Cranium Crunch—BIS 1:30 pm Documentary: <i>The Farthest: NASA’s Voyager</i> /TR 2:05 pm Broncos v. Cleveland 3:00 pm Arm Chair Travel—TR 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR Alice in Wonderland Day	27 9:00 am Coffee Chat—BIS 10:00 am Balance Class—GYM 11:00 am Cranium Crunch—BIS 1:30 pm Joyride—BIS 1:30 pm Tree Decorating 2:00 pm Book Club—TR 3:00 pm News Currents 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR November Full Moon	28 9:00 am Coffee Chat—BIS 10:00am Group Exercise—GYM 11:00 am Cranium Crunch—BIS 1:30 pm Tree Decorating 2:00 pm Art/Music Appreciation—TR 3:00 pm Resident Council—TR 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR Giving Tuesday	29 9:00 am Coffee Chat—BIS 10:00am Group Exercise—GYM 11:00 am Cranium Crunch—BIS 1:30 pm <i>Square Dance Caller</i> /TR 3:00 pm Root Beer Floats—BIS 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR National Square Dance Day	30 9:00 am Coffee Chat—BIS 10:00 am Group Exercise, Chair Yoga w/ Martha —GYM 11:00 am Cranium Crunch—BIS 1:30 pm Tree Decorating 3:00 pm Happy Hour—BIS 5:30 pm Daily Wrap Up—BIS 6:15 pm Movie—TR National Mason Jar Day		All activities and times are Subject to change based on Our residents’ needs.