

Resident Showcase

The Year is New, by Daphne

We folks at Cherry Hills Assisted Living have seen many a New Year. Like Cinderella, we were invited to the Ball, but we did not have to hurry away, as she did, when the clock struck the hour of midnight. In her hurry, she carelessly lost her slipper. But that was fortunate because by that means she finally nabbed her prince and lived happily ever after.

In our lifetimes, we ladies of Cherry hills have lived and loved and nabbed our Prince Charming. We have lived and loved throughout good times and bad times, sad times and happy times. Now we have this lovely new, unspoilt year of 2024 in which to spend some of the happily ever after time.

I have a suggestion. Start writing real letters mailed with good, old fashioned US stamps. Ask those you write to reply the same way. Within these letters you can say all the kind words you were embarrassed to say before. You can tell all the memories of your childhood. You can say how much you love them. Perhaps in their replies they will do the same.

In this way, just like Cinderella, you will live happily ever after, and your words will echo forever!



The Ritz
Tappers
Holiday Tap
Dance
Performance

A special Thank You
to ALL of our
performers during
December. You
were amazing!

Please welcome to our CHAL Community...



Carol G. was raised in Pueblo, CO and calls Gunnison, CO her home. She attended Western State University where she studied physical education. Prior to retirement, Carol was a project manager and traveled the world. As you would expect from a P.E. teacher, Carol was a bike racer and a Pickleball champ. She loves to play the piano; Carol, please play in the CHAL Living Room whenever you like. Welcome to CHAL!

Gladys G. was born in Chapel Hill, NC and raised in Nachville, TN. Gladys' husband, Lynn, served in the Navy during WWII. Gladys was a homemaker raising two children. She is the grandmother of three and the great-grandma of two. She and Lynn traveled to many places. Please welcome Gladys to CHAL!



You will get extra stars in your crown
when inviting our new residents to lunch and/or dinner!



The Denver Ukelele Jammers
perform their Christmas Concert.



Students from Newton
Middle School wows the
lunch crowd. Hubert has
a new friend!



Ms. Senior Colorado ladies put on
a holiday talent show.



Lucy awed us with her
piano playing!

Join us for the following, on-going January activities:



Every Monday at 10:00 am: Balance Class in the Gym

Every Wednesday at 3:00 pm: Root Beer Floats in the Bistro

Every Thursday at 10:00 am: Yoga w/ Martha in the Gym

Every Thursday at 3:00 pm: Happy Hour with live entertainment
in the Bistro

Every Friday at 2:00 pm: Science or Potpourri w/Sage in the Bistro

Every Saturday at 3:00 pm: Happy Hour Bingo in the Bistro



Join us for interesting documentaries every Sunday afternoon at 1:30 pm in the Theater.

To go along with our January theme “Game Shows Through the Decades”, we will watch the documentary *The Game Show Show* which has four episodes. We will watch them each Sunday in January.

Bronco games: Jan 7, Broncos v Raiders TBD. We don’t know if the Broncos will make it into the playoffs. Please check out the CHAL “Week at a Glance” for updated information.

In Memory of

Carol W.
Doug H.

Our prayers are with their
family and friends.
Gone but not forgotten.

The Executive Team

Melia Sharkey—Executive Director
Michele Farrelly—Sales and Marketing Director
Jennifer Townsend, LPN—Director of Memory Care
Adam Dodd, LPN—Director of Assisted Living
Gershwin Sandberg—Executive Chef
Amber Jeffres—Business Office Manager
Jorge Torres—Director of Operations



Join us for our **QUARTERLY**
Resident Council Meeting on
Tuesday, January 30, 2024
at 3:00 pm, in the Theater.

Special Thank YOU!

We asked and you answered with
graciousness and lavish holiday gift
giving. Your generous donations to the
Employee Gift Fund raised over \$20,000
giving each of our staff a Holiday bonus of
\$250! We are so grateful to each of you.

On behalf of the staff at CHAL, Thank YOU!

Chuck Sparks and Beth Hamstra

Cherry Hills

Assisted Living *and* Memory Care

6325 S University Blvd, Centennial, CO 80121



Upcoming January Events:

Jan 2: Movie Outing: *Boys in the Boat*

Jan 3: Game Show Game: *Family Feud*

Jan 4: Game Show Game: *Concentration*

Jan 6: Game Show Game: *Name That Tune*

Jan 6: Broadway Night: *2 Pianos, 4 Hands*

Jan 8: Arapahoe Library

Jan 9: Roy Wiley, Music

Jan 10: Game Show Game: *Beat the Clock*

Jan 11: Game Show Game: *The Price is Right*

Jan 13: Game Show Game: *Win, Lose or Draw*

Jan 13: Broadway Night: *Liza with a “Z”*

Jan 16: Chris Wells, Travel

Jan 17: Game Show Game: *Password*

Jan 18: Game Show Game: *Tic, Tac, Dough*

Jan 20: Game Show Game: *Let’s Make a Deal/*
Broadway Night: *Centennial Concert*

Jan 22: Arapahoe Library/Book Club

Jan 23: Mountain Man

Jan 24: Game Show Game: *To Tell the Truth*

Jan 25: Game Show Game: *\$64,000 Question*

Jan 27: Game Show Game: *\$10,000 Pyramid*

Jan 27: Broadway Night: *A Love Letter to S. Sondheim*

Jan 30: Teaching Kitchen/Resident Council

Jan 31: Game Show Game: *Lingo*

This January we are going “old school” back to the 50’s, 60’s, 70’s and 80’s as we play some of the beloved TV Game Shows through the decades. Do you remember back in the 1970’s when sweet Betty White played *Password*, fell in love and married the host? What do you know/remember about the *\$64,000 Question* scandal? Let’s find out some of the back stories of the game shows and try to play them CHAL style.

The games will be played in the Bistro at 1:30 pm on Wednesdays, Thursdays and Saturdays. We will be playing 13 different games; maybe one of the games will be your favorite! We will do our best to adapt some of the games for our friends in Legacy Ridge.



A gentle reminder that “baby, it’s cold outside”. If you are going for a walk, please make sure you have good, warm shoes/boots on, a coat, hat and gloves. And don’t forget to sign out at the front desk so we know where you are and when to expect you back. We will come looking for you if we think you have been out on a winter walk too long.

HAPPY NEW YEAR!

