	CHAL WEEK AT A GLANCE SPECIALS #2 July / - July 15								
	SUNDAY 7	MONDAY 8	TUESDAY 9	WEDNESDAY 10	THURSDAY 11	FRIDAY 12	SATURDAY 13		
В	Chef's Special Sunday	Blueberry Pancake	Cottage Cheese and Fruit	Breakfast Burrito Bowl	French Toast Roll Ups	Poached Eggs with Breakfast	Chocolate Banana Bread		
R	Breakfast	A fluffy blueberry infused pancake	Cottage Cheese bowl with fresh fuit	Scrambled eggs with bacon,	French toast with a difference!	Salsa	Freshly made banana bread with		
E		hot off the griddle. Served with syrup	finished with honey	peppers, potatoes & cheese in a		Soft poached eggs served with a	chocolate chips		
Α				bowl topped with green onions	. 64	fresh made salsa			
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	SOUP:	SOUP:	SOUP:	SOUP:	SOUP:	SOUP:	SOUP:		
	Seafood Soup	Beef & Vegetable Soup	Broccoli Cheddar Soup	Lentil Soup	Minestrone Soup	Soup of the Day	Split Pea Soup		
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	Fried Catfish Nuggets	Sausage and Squash Kabob	Chorizo, Egg & Cheese	French Dip Sandwich	Smoked Turkey and Swiss	Summer Grilling Presents:	Fajita Vegetable Cheese		
		Polish sausage, red onions, zucchini	Empanada	Thinly sliced prime rib with onions &	Croissant	Grilled Garlic Parmesan Chicken	Quesadilla		
	served with coleslaw, tartar sauce,	& yellow squash on a skewer &	Boiled egg with cheese, chorizo &	provolone cheese on a hoagie roll.	Toasted croissant with shaved	Legs	Shredded cheddar cheese with fajita		
	fresh lemon & steak fries	grilled. Served with a small side	fresh herbs in empanada dough &	Served with au jus & steak fries	smoked turkey and melted Swiss		blend vegetables in a toasted tortilla		
		salad	then baked until golden. Served with		cheese, served with melon and mint	herbs, grilled, then tossed in parmesan oil	and served with pico de gallo, sour		
			a carrot slaw		salad (Summer Grilling in LR)	& spices. Served with grilled portabella	cream and guacamole		
L						mushrooms			
U	Italian Chopped Salad	Chef's Steak Cobb Salad	Shrimp and Noodle Salad	Soy Ginger Salad with	Grilled Salmon Salad	Avocado BLT Salad	Southwest Pasta Salad		
N	Grilled pork seasoned in Italian	Salad greens topped with fresh	Crispy shrimp with Asian noodles,	Edamame and Chicken	Grilled salmon pieces, tomatoes, red	Romaine lettuce topped with bacon,	A flavorful pasta vegetable salad		
C	seasonings & dry herbs with	tomato, crispy bacon, hard boiled	green onions, mandarin oranges,	A flavorful salad filled with shredded	onion and bacon with an apple cider	tomatoes, croutons, avocado,	with corn, black beans, avocado, red		
Н	provolone, tomatoes, cucumbers and	egg, avocado, blue cheese and	crispy wonton pieces & peppers.	cabbage, edamame, carrots, sesame	dressing over mixed greens	shredded cheese and Ranch	onions & tomatoes. Tossed chipotle		
	black olives with iceberg lettuce and	grilled steak served with a red wine	Served with a sweet ginger soy	seeds & grilled chicken		dressing	matonnaise & topped with crisp		
	Italian dressing	vinaigrette	dressing	-			tortilla strips		
	Assorted Desserts	Strawberry Poke Cake	Chef's Choice	Boston Cream Pie	Pumpkin Pie Dessert Smoothie	Chocolate Eclairs	Lemon Blueberry Cupcakes		
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	Lemon Pasta	Braised Sausage & Creamy	Crispy Fish with Ramen	Spinach and Mushroom	Smoked Pork Butt	Bacon, Onion & Goat Cheese	Chicken Curry		
	Simple but flavorful dish of pasta	Polenta	Noodles	Ravioli	Smoked low and slow for many	Flatbread	Bone-in chicken wing pieces ina		
		Fennel sausage served over creamy		Spinach and mushroom in ravioli	hours. Served with zesty coleslaw &	Sauteed onions with goat cheese &	coconut curry sauce. Served over		
		polenta with sauteed onions, garlic		pasta with a marinara sauce. Served	a cornbread muffin	bacon bits on a flatbread with fresh	Jasmine rice		
		and mushrooms	Chef's choice of sauteed vegetables			thyme. Served with diced			
						watermelon			
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N	Roast Sirloin Au Jus	Creamy Turkey Meatballs	Pineapple Chicken Teriyaki	Grilled Flank Steak	Fried Chicken	Sweet Potato Hash with Steak	Creamy Corn Pasta		
E	Slow roasted, tender beef sirloin	Handmade turkey meatballs served	-	Seasoned flank steak pieces, grilled,	Brined and breaded chicken pieces	Diced sweet potato pieces with fresh	Blended corn makes the "cream		
R	with au jus. Served with roasted fingerling potatoes and creamed	in a creamy mushroom sauce & served with Chef's choice vegetable	& pineapple, served over rice with steamed broccoli	cut thin & served with baked potato & corn on the cob	fried till golden brown, served with steak fries & a side of colelsaw	herbs, onions, peppers & steak. Served with a side of sour cream	sauce" sauce in this dish. Served with fresh basil & shaved parmesan		
1	spinach	Served with Other's choice vegetable	Steamed brocedii	G COM ON THE COD	Steak mes & a side of coleisaw	Screed with a side of soul crediti	cheese		
	Sp.://doi/						55555		
		Brownie							
	Ice Cream Sundae	Diswino	Peach Cobbler Cake	Assorted Pies	Cheesecake	Assorted Desserts	Chef's Choice		
	*Chef Specials- Breakfast 7am-9am Lunch 11am-1pm Dinner 4pm-6pm Menu Items Subject to Change*								