



**CHAL WEEK AT A GLANCE SPECIALS #5 September 1 - September 7**

	SUNDAY 1	MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6	SATURDAY 7
<b>B R E A K F A S T</b>	<b>Chef's Choice Breakfast</b> Enjoy one of our specialty breakfast creations	<b>Overnight Oats</b> Oats soaked in coconut milk overnight with berries and nuts	<b>Breakfast Tacos</b> Fluffy eggs & cheese in a tortilla with pico de gallo	<b>The Denver Omelette</b> Omelette of peppers, onions, ham and cheese	<b>Banana Pancake</b> Banana & vanilla mixed with pancake batter and cooked to perfection	<b>French Toast with Berries</b> Delicious brioche bread soaked in our french toast batter & topped with berries & cream	<b>Freshly Baked Breakfast Danish</b> A selection of freshly baked danishes. Please ask your server for more details
	<b>SOUP:</b> Lentil Soup		<b>SOUP:</b> Beef and Vegetable Soup	<b>SOUP:</b> Sausage and Rice	<b>SOUP:</b> Chicken Noodle Soup	<b>SOUP:</b> Broccoli and Cheddar Soup	<b>SOUP:</b> Egg Drop Soup
<b>L U N C H</b>	<b>Salami and Muenster Panini</b> Salami & muenster cheese with garlic aioli on a french roll toasted on the panini press & served with tater tots		<b>PLEASE ENJOY OUR LABOR DAY BBQ WITH HAMBURGERS, HOTDOGS, WATERMELON, POTATO SALAD AND CORN ON THE COBB</b>	<b>Chorizo and Egg Empanada</b> Sauteed chorizo, egg & onions inside of empanade wrapper, fried till crispy & served with avocado sauce & tangy slaw	<b>Stuffed Sweet Potato</b> Beautiful sweet potatoes baked, then stuffed with broccoli, ham, cheese, diced tomato, diced onion, butter & sour cream	<b>Cubano Sandwich</b> A favorite at CHAL! Ham, pork, pickles, mustard & cheese on a Cuban roll. Served with seasoned house chips	<b>Beef Wrap</b> Thin slices of beef with cheddar cheese, shredded lettuce & tomato slices. Served with melon slices
	<b>Crispy Pork Salad</b> Diced and fried crispy pieces of pork over greens with roasted corn tomatoes & chimichurri dressing	<b>Shrimp Noodle Salad</b> Cold lo mein noodles with tender shrimp, green onions, shredded cabbage & crispy chow mein. Served with a sweet ginger vinaigrette		<b>Beef and Bean Salad</b> Grabanzo beans with seasoned ground, greens, cherry tomatoes, onions & blackberries. Served with balsamic vinaigrette	<b>Italian Pasta Salad with Salami</b> Fusilli pasta with diced cucumbers, cherry tomatoes, red onion, olives & feta cheese. Served with a Italian vinaigrette	<b>A Simple Chicken Salad</b> Grilled chicken breast, croutons, dried cranberries, feta cheese & sliced red onion. Served with a creamy lemon vinaigrette	<b>Tortellini Salad</b> Tortellini pasta served with Parmesan cheese, cherry tomatoes, grilled artichokes & fresh basil. Tossed in a balsamic vinaigrette
	M&M Cookies	Apple Pie A la Mode & Peach Cobbler		Vanilla Cupcake with Brown Sugar Frosting	Ice Cream Sandwich	Chocolate Mousse	Assorted Desserts
<b>D I N N E R</b>	<b>Beef Brisket</b> Brisket cooked low and slow until fork tender. Served with roasted potatoes and Chef's choice of vegetable.	<b>Nachos</b> Freshly made tortilla chips served with shredded cheese, nacho cheese sauce, cilantro, sour cream, diced tomatoes & seasoned ground beef	<b>Pork Stew</b> Rich and hearty pork stew made of diced pork, potatoes & vegetables. All in a rich broth & served over brown rice	<b>"Dinner Casserole"</b> Just like mom used to make. I can't wait to see what we cook up 	<b>Chicken and Biscuits</b> Freshly baked biscuits topped with a chicken stew of carrots, peas, onions, diced chicken, broth & heavy cream	<b>Hawaiian Pizza</b> Pizza with marinara, pineapple, ham & mozzarella cheese. Served with a Chef's side salad	<b>Roasted Pork Loin</b> Pork loin marinated & roasted. Served with whipped potatoes, buttery corn & roasted Brussel sprouts
	<b>Pasta Primavera</b> Classic American dish with pasta & an assortment of vegetables.	<b>Grilled Cheese &amp; Soup</b> Simple yet so good! Melted cheese on golden brown grilled bread & served with tomato soup	<b>Chicken Nuggets Dinner</b> Crispy chicken nuggets with tater tots, dipping sauce & a side salad	<b>Greek Rice with Fish</b> A wonderfully flavored meal of Greek rice pilaf, lemon, parsley, peas & dill. Served with pan fried white fish	<b>Lasagna</b> This meatless lasagna is made with scratch made marinara, ricotta cheese, lasagna sheets, then topped with cheese and baked.	<b>Kielbasa Plate</b> Kielbasa sausage served with boiled potatoes, steamed carrots & sauteed broccoli & onions.	<b>Beef Stew</b> Tender pieces of beef in a thick brown gravy with potatoes, celery, onions & carrots. Served over rice.
	Chef's Choice Dessert	Assorted Desserts	Oreo Milkshake	Cinnabon Cake	Flan	Individual Cheesecakes	Mint Chocolate Chip Ice Cream with Chocolate Sauce

**\*Chef Specials- Breakfast 7am-9am Lunch 11am-1pm Dinner 4pm-6pm Menu Items Subject to Change\***