

# Legacy Ridge

# October

| Sun  | Mon   | Tue  | Wed   | Thu   | Fri   | Sat  |
|--|---|--|---|---|---|--|
|  |   | <p>1 <b>International Music Day</b></p> <p>9- Daily Chronicle</p> <p>9:45- Stretch and Strength</p> <p>10:30- Tunes Through Time</p> <p>11- Oshibori</p> <p>12:30- Music Bingo</p> <p>1:15- Music Inspiration</p> <p>2:30- My Bonnie Chair Exercise</p> <p>3:15- Creative Molding (Ghosts)</p> <p>4- Oshibori</p> <p>5:30- Visual Tranquility</p> <p>6- Now Showing: Maltilda</p>        | <p>2</p> <p>9- Daily Chronicle</p> <p>9:45- Stretch and Strength</p> <p>10:30- Tunes Through Times</p> <p>11- Oshibori</p> <p>Lunch Outing</p> <p>12:30- Guess The Next Line</p> <p>1:15- Rainbow Sensory</p> <p>2:30- Pleasant Face Exercise</p> <p>3:00- Mix and Mingle</p> <p>4p- Oshibori</p> <p>5:30- Reminiscing (Friendship)</p> <p>6- Now Showing: We Bought a Zoo and popcorn</p>      | <p>3</p> <p>9- Daily Chronicle</p> <p>9:45- Stretch and Strength</p> <p>10:30- Tunes Through Time</p> <p>11- Oshibori</p> <p>12:30- Guess The Next Line</p> <p>1:15- Jewelry Making</p> <p>2:00- One Potato Rhyme and Exercise</p> <p>3- <b>Happy Hour/Deb Scheer AL</b></p> <p>4- Oshibori</p> <p>5:30- Restful Relaxation</p> <p>6- Now Showing: Think Like a Dog</p> | <p>4 <b>National Cinnamon Roll Day</b></p> <p>9- Daily Chronicle</p> <p>9:30- Stretch and strength</p> <p>10:30- Tunes Through Time</p> <p>11a- Oshibori</p> <p>1- Joyride</p> <p>Creative Expressions With Color</p> <p>2:45- Paper quilt Poster</p> <p>3:15- Baking/Cinnamon Rolls</p> <p>4- Oshibori</p> <p>5:30- Visual Tranquility</p> <p>6- Now Showing: Nanny Mcphee and popcorn</p> | <p>5 World Card Making Day</p> <p>9- Daily Chronicle</p> <p>9:45- Stretch and Strength</p> <p>10:30- Tunes Through Time</p> <p>11- Oshibori</p> <p>12:30- Flower arranging</p> <p>1:15- Colorful Cards</p> <p>2:30- Walker Sling shot</p> <p>3- Happy Hour Bingo</p> <p>4- Oshibori</p> <p>5:30- Reminiscing (Sweet Treats)</p> <p>6- Now Showing: Honey I Shrunk the Kids</p> |
| <p>6</p> <p>9- Daily Chronicle</p> <p>Catholic Mass</p> <p>9:45- Stretch and Strength</p> <p>10:30- Tunes Through Time</p> <p>11- Oshibori</p> <p>12:30- Armchair Travel</p> <p>1:15- Make and Taste Pretzel Rods</p> <p>2:30- Pass the Ball Stop the Music</p> <p>3:15- Spa Time Hand Massages</p> <p>4- Oshibori</p> <p>5:30- Restful Relaxation</p> <p>6- Now Showing: The Little Rascals and Popcorn</p> | <p>7</p> <p>9- Daily Chronicle</p> <p>9:45- Stretch and Strength</p> <p>10:30- Tunes Through Time</p> <p>11- Oshibori</p> <p>12:30- Nursery Rhymes of the Past word game</p> <p>1:15- Tissue Paper Stained Glass</p> <p>2:30- Twister Bean Bag Toss</p> <p>3:15- I Spy and I Hear</p> <p>4- Oshibori</p> <p>5:30- Visual Tranquility</p> <p>6- Now Showing: The Parent Trap</p> | <p>8 <b>National Heroes Day</b></p> <p>9- Daily Chronicle</p> <p>9:45- Stretch and Strength</p> <p>10:30- Tunes Through Time</p> <p>11- Oshibori</p> <p>12:30- My Real Life Hero</p> <p>1:00- <b>Lizzy Luppin</b></p> <p>2:30- Bucket of Bean Bags</p> <p>3:15- Orange Volcano</p> <p>4- Oshibori</p> <p>5:30- Reminiscing (Farm vs City)</p> <p>6- Now Showing: Peter Pan and Wendy</p> | <p>9 <b>Beer and Pizza Day</b></p> <p>9- Daily Chronicle</p> <p>9:45- Stretch and Strength</p> <p>10:30- Tunes Through Time</p> <p>11- Oshibori</p> <p>Lunch Outing</p> <p>12:30- My name is....</p> <p>1:15- Pizza Making and Tasting</p> <p>2:30- Scarf Dancing</p> <p>3- Mix and Mingle</p> <p>4- Oshibori</p> <p>5:30- Restful Relaxation</p> <p>6- Now Showing: The Rookie and Popcorn</p> | <p>10</p> <p>9- Daily Chronicle</p> <p>9:45- Stretch and Strength</p> <p>10:30- Tunes Through Time</p> <p>11- Oshibori</p> <p>12:30- Chair Soccer</p> <p>1:15- Creative Button Tree</p> <p>2- La Bumba and Ribbons</p> <p>3- <b>Happy Hour/Jim Ehrlich</b></p> <p>4- Oshibori</p> <p>5:30- Visual Tranquility</p> <p>6- Now Showing: Around The World in 80 Days</p>    | <p>11</p> <p>9- Daily Chronicle</p> <p>9:45- Stretch and Strength</p> <p>10:30- Tunes Through Time</p> <p>11- Oshibori</p> <p>1- Joyride</p> <p>Creative Expressions with Color</p> <p>2:30- Beach Ball Volleyball</p> <p>3:15- Route 66 Sensory</p> <p>4- Oshibori</p> <p>5:30- Reminiscing (Whats in my kitchen)</p> <p>6- Now Showing: Newsies and popcorn</p>                           | <p>12</p> <p>9- Daily Chronicle</p> <p>9:45- Stretch and Strength</p> <p>10:30- Tunes Through Time</p> <p>11- Oshibori</p> <p>12:30- Flower arranging</p> <p>1:15- Butterfly Art</p> <p>2:30- Ball in the Bucket</p> <p>3- Happy Hour Bingo</p> <p>4- Oshibori</p> <p>5:30 Restful Relaxation</p> <p>6- Now Showing: The Greatest Showman</p>                                  |

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| <p>13 <b>National M &amp; M Day</b></p> <p>9– Daily Chronicle<br/>Catholic Mass</p> <p>9:45– Stretch and Strength</p> <p>10:30– Tunes Through Time</p> <p>11a– Oshibori</p> <p>12:30– Arm Chair Travel</p> <p>1:15– Flower Vase Craft</p> <p>2:30– Chair Volleyball</p> <p>3:15– M &amp; M Feeling Game</p> <p>4– Oshibori</p> <p>5:30– Visual Tranquility</p> <p>6–Now showing: The Long Game and Popcorn</p> | <p>14</p> <p>9– Daily Chronicle</p> <p>9:30– Daily Riddle</p> <p>10– Yoga with Martha</p> <p>11– Oshibori</p> <p>12:30– Tunes Through Time</p> <p>1:15– Cover The Numbers (Dice Game)</p> <p>2:30– Drum Circle</p> <p>3:15– Spiced Cider Make and Sip</p> <p>4– Oshibori</p> <p>5:30– Reminiscing (Candy)</p> <p>6– Now Showing: The Music Man and Popcorn</p>                     | <p>15</p> <p>9– Daily Chronicle</p> <p>9:45– Stretch and Strength</p> <p>10:30– Tunes Through Time</p> <p>11– Oshibori</p> <p>12:30– What do you See Word Game</p> <p>1:00– <b>Chris Wells</b></p> <p>2:30–Football Toss</p> <p>3:15– I love Lucy Talk and Show</p> <p>4– Oshibori</p> <p>5:30– Restful Relaxation</p> <p>6– Now Showing: Bedtime Stories</p>                  | <p>16 <b>Dictionary Day</b></p> <p>9– Daily Chronicle</p> <p>9:45– Stretch and Strength</p> <p>10:30– Tunes Through Time</p> <p>11–Oshibori</p> <p>Lunch Outing</p> <p>12:30– Hangman</p> <p>1:15–Patchwork Paper Pumpkin</p> <p>2:30– Conversation Catch</p> <p>3:15–Make and Taste Halloween Cake Pops</p> <p>4– Oshibori</p> <p>5:30– Visual Tranquility</p> <p>6– Now Showing: Enchanted and popcorn</p> | <p>17</p> <p>9– Daily Chronicle</p> <p>9:45– Stretch and Strength</p> <p>10:30 Tunes Through Time</p> <p>11a– Oshibori</p> <p>12:30– What's In My Room Word Game</p> <p>1:15– Ghost Craft</p> <p>2:00– Artist Impression</p> <p>3– <b>Happy Hour/ Jim Kurty</b></p> <p>4- Oshibori</p> <p>5:30– Reminiscing (School)</p> <p>6– <i>Now Showing: You Again</i></p> | <p>18</p> <p>9– Daily Chronicle</p> <p>9:45– Stretch and Strength</p> <p>10:30- Tunes Through Time</p> <p>11- Oshibori</p> <p>12:30– How Do You Feel Word Game</p> <p>1- Joyride</p> <p>Creative Expressions with Color</p> <p>3:15– Make and TasteChoco Cup-cakes</p> <p>5:30– Restful Relaxation</p> <p>6– Now Showing: Hello Dolly and Popcorn</p>  | <p>19</p> <p>9– Daily Chronicle</p> <p>9:45– Stretch and Strength</p> <p>10:30– Tunes through Time</p> <p>11– Oshibori</p> <p>12:30– Flower arranging</p> <p>1:30–Dance Party with Laura</p> <p>3– Happy Hour Bingo</p> <p>4– Oshibori</p> <p>5:30– Visual Tranquility</p> <p>6– Now Showing: Lady and The Tramp</p>   |
| <p>20</p> <p>9– Daily Chronicle</p> <p>Catholic Mass</p> <p>9:45– Stretch and Strength</p> <p>10:30-Tunes Through Time</p> <p>11a– Oshibori</p> <p>12:30– Arm Chair Travel</p> <p>1:15– Wall Art Craft (Pumpkins)</p> <p>2:30– Coin Tap Chair Dance</p> <p>3:15– Alphabet Name Game</p> <p>4– Oshibori</p> <p>5:30– Reminiscing (Favorite Scenic Drives)</p> <p>6– Now Showing Hocus Pocus and popcorn</p>     | <p>21 <b>Pumkin Cheesecake Day</b></p> <p>9– Daily Chronicle</p> <p>9:30– Balloon Toss</p> <p>10:00- Yoga</p> <p>11– Oshibori</p> <p>12:30– Tunes Through Time</p> <p>1:30–</p> <p>2:30– Bake And Taste Pumpkin Cheesecake</p> <p>3:15–Creepy Crawly Craft</p> <p>4– Oshibori</p> <p>5:30– Restful Relaxation</p> <p>6– Now Showing: The Sound of Music</p>                        | <p>22</p> <p>9– Daily Chronicle</p> <p>9:45– Stretch and Strength</p> <p>10:30– Tunes Through Time</p> <p>11– Oshibori</p> <p>12:30– Laminating Leaves</p> <p>1:30-<b>Mark Paulson</b></p> <p>2:30– Balloon Tennis</p> <p>3:15– Halloween Kabobs Make and Taste</p> <p>4– Oshibori</p> <p>5:30– Visual Tranquility</p> <p>6– Now Showing: La La Land</p>                       | <p>23</p> <p>9– Daily Chronicle</p> <p>9:45– Stretch and Strength</p> <p>10:30– Tunes Through Time</p> <p>11– Oshibori—Lunch Outing</p> <p>12:30– Spider Web Sun Catcher</p> <p>1:15– Skeleton Dance</p> <p>2:30– Slime Scavenger hunt</p> <p>3– Mix and Mingle</p> <p>4– Oshibori</p> <p>5:30– Reminiscing Scenic Drives</p> <p>6-Now Showing: The Lion King and Popcorn</p>                                | <p>24</p> <p>9– Daily Chronicle</p> <p>9:45– Stretch and Strength</p> <p>10:30– Tunes Through Time</p> <p>11– Oshibori</p> <p>12:30– Animal to Habitat Matching</p> <p>1:15– Pick Me Up Jar</p> <p>2– Hot Potato</p> <p>3– <b>Happy Hour/Steve Smith</b></p> <p>4– Oshibori</p> <p>5:30– Restful Relaxation</p> <p>6– Now showing: Cinderella</p>                | <p>25 <b>International Artist Day</b></p> <p>9-Daily Chronicle</p> <p>9:45– Stretch and Strength</p> <p>10:30– Tunes Through Time</p> <p>11– Oshibori</p> <p>12:30– Make and Taste Popcorn Balls</p> <p>1– Joyride</p> <p>Creative Expressions with Color</p> <p>2:45– Sip and Paint</p> <p>3:15– Hallway Hockey</p> <p>4– Oshibori</p> <p>5:30– Visual Tranquility</p> <p>6– Now Showing: Freaky Friday</p> | <p>26 National Pumkin Day</p> <p>9- Daily Chronicle</p> <p>9:45– Stretch and Strength</p> <p>10:30– Tunes Through Time</p> <p>11– Oshibori</p> <p>12:30– Pumpkin putt putt</p> <p>1:15– Roll a Pumpkin</p> <p>2:30–Trick or Treat Street</p> <p>3– Happy Hour Bingo</p> <p>4– Oshibori</p> <p>5:30-Reminiscing (Smells of Fall)</p> <p>6– Now Showing: Sandlot</p> |
| <p>27</p> <p>9– Daily Chronical</p> <p>Catholic Mass</p> <p>9:45– Stretch and Strength</p> <p>10:30– Tunes through Time</p> <p>11a– Oshibori</p> <p>12:30– Arm Chair Travel</p> <p>1:15– Pool Noodle Paint Stamp-ing</p> <p>2:30– Conversation Catch</p> <p>3:15– Truth or Scare</p> <p>4p– Oshibori</p> <p>5:30– Restful Relaxation</p> <p>6– Now Showing: Mary Poppins and Popcorn</p>                       | <p>28</p> <p>9– Daily Chronicle</p> <p>9:30– Tongue Twisters</p> <p>10a– Yoga with Martha</p> <p>11a– Oshibori</p> <p>12:30– Tunes Through Time</p> <p>1:00-Spider Web Watercolor</p> <p>1:30– <b>David Harrower</b></p> <p>230– Lilly Pad Leap Frog</p> <p>3:15– Franken Worms Experiment</p> <p>4– Oshibori</p> <p>5:30– Visual Tranquility</p> <p>6– Now Showing: Pollyanna</p> | <p>29</p> <p>– Daily Chronicle</p> <p>9:45– Stretch and Strength</p> <p>10:30– Tunes Through Time</p> <p>11– Oshibori</p> <p>12:30– Ghost Suckers for Trick or Treat Street Kids</p> <p>1:15– Candy Corn Scarecrow</p> <p>2- Rummage Wagon</p> <p>3:15– Penny Pinching</p> <p>4– Oshibori</p> <p>5:30– Reminiscing (Halloween)</p> <p>6– Now Showing: The Princess Diaries</p> | <p>30</p> <p>9– Daily Chronicle</p> <p>9:45– Stretch and Strength</p> <p>10:30– Tunes Through Time</p> <p>11– Oshibori—Lunch Outing</p> <p>12:30 - Candy Corn Toss</p> <p>1:30– <b>Ritz Tappers</b></p> <p>2:30– Make and Taste Cracker Jacks</p> <p>3– Mix and Mingle</p> <p>4– Oshibori</p> <p>5:30– Restful Relaxation</p> <p>6– Now Showing: The Kid and Pop-corn</p>                                    | <p>31 <b>Halloween</b></p> <p>9– Daily Chronicle</p> <p>9:45– Stretch and Strength</p> <p>10:30– Tunes Through Time</p> <p>11– Oshibori</p> <p>12:30– Carpet Bowling</p> <p>1:15– Musical Witches Hat</p> <p>2:00– Artist Impression</p> <p>3– <b>Happy Hour Steve Smith</b></p> <p>4– Oshibori</p> <p>5:30– Visual Tranquility</p> <p>6– Now Showing: Dumbo</p> | <p>Please Note:<br/>All activities are subject to change based on the needs/wants of our residents.</p>  |  |