

WHO ARE *these people?*

**"the staff of chal"
front desk**

Caitlyn Martinez



I was born and raised in Denver, I am a proud native. I love Baseball and am a huge Rockies and Mets fan. I'm an animal lover and have 2 cats. I like to read and Stephen King books are my favorite.



Kim Blei

I have worked at CHAL for just over 3 years now. I was born in Kansas City, so I am a Kansas City Chiefs fan! And yes, my favorite player is Patrick Mahomes. I love spending time outdoors hiking and reading.

Susan Wilkinson



I'm sure it comes as a big shock to y'all but I was born and raised in New Orleans. I have two grown children and one fabulous grandson...all of who are the apples of my eye. I was a realtor with Re/Max for 35 years in the Denver area, I got retired but got restless & decided to come work part time for CHAL.. I love this amazing retirement job with all you wonderful people!

chal LEADERSHIP TEAM

MELIA SHARKEY - EXECUTIVE DIRECTOR

Michele Farrelly - Sales and Marketing Director

Jennifer Townsend, LPN - Director of Memory Care

Adam Dodd, LPN - Director of Assisted Living

Anna Jarrell - Business Office Manager

Gershwin Sandberg - Executive Chef

Jorge Torres - Director of Operations



OCTOBER 2024

THE CHAL CHRONICLES

6325 S UNIVERSITY BLVD, CENTENNIAL, CO 80121 720-592-0252

ENJOYING LIFE'S SEASONS

As we journey through life, the passage of time can often be met with mixed emotions. While society tends to emphasize youth and the vibrancy of early years, there are profound joys that come with aging. In fact, many people find that as they grow older, they also grow wiser, more fulfilled, and increasingly appreciative of life's simple pleasures

Aging is not merely a passage of time; it is a beautiful journey filled with opportunities for growth, connection, and joy. By embracing the gifts that come with aging—wisdom, deeper relationships, self-acceptance, freedom, appreciation for the present, a commitment to learning, and a desire to leave a legacy—we can celebrate this chapter of life with open hearts. The joys of aging remind us that every stage of life has its own unique beauty, waiting to be discovered and cherished.



**OUR RESIDENTS ENJOYING
THE ART MUSEUM**

September HAPPENINGS



paper quilting with activities



we had GOATS!!!



we love when family comes to visit



we enjoy our art here at CHAL



Larry making some challah bread



friends enjoying some sun

CHAL

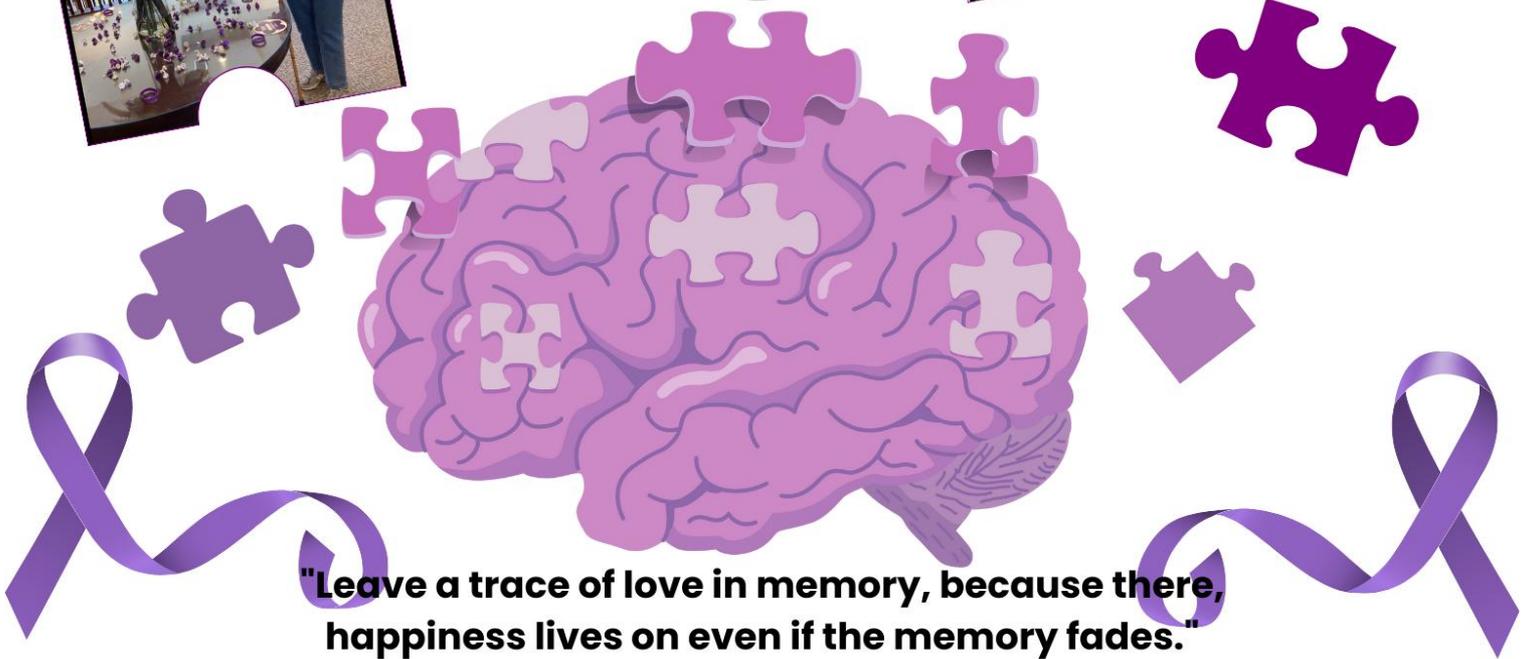
We're excited to start our resident spotlight series to celebrate the incredible people who make our community so special. Meet Bonnie! Originally from South Dakota, Bonnie has called Denver home for 55 years. She's been a cherished member of Cherry Hills for the past 2.5 years, making dear friends along the way. A dedicated fitness enthusiast and avid reader, Bonnie is an active member of our Book Club and would love to see new faces join in. This month, they're diving into "Women of Light". As a passionate Broncos fan and sports lover, Bonnie enjoys the vibrant atmosphere here at CHAL. She appreciates all the amenities we offer, from the hair salon to the audiologist, mobile dentist, and our caring Nurse Practitioner from Bloom. Bonnie loves living at Cherry Hills, relishing the friendly community and all the entertainment options available. Thank you for being such a bright light in our community, Bonnie!



Resident Spotlight!

age is simply the number of years the world has been enjoying you!

CHAL *Celebrated* ALZHEIMER'S DAY



"Leave a trace of love in memory, because there, happiness lives on even if the memory fades."

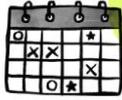


Boo!

october



THINGS



MOVIE TIME



6pm every night

(check the monthly calendar for more details)

some highlights to look forward to:

october 3rd book club

OCTOBER 6TH BRONCOS VS RAIDERS

armchair travel series throughout the month

weekly dining outings to local restaurants

october 26th trick or treat street

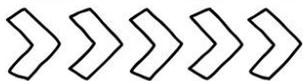
oct 31 teaching kitchen

Happy HOUR

TRICK OR TREAT



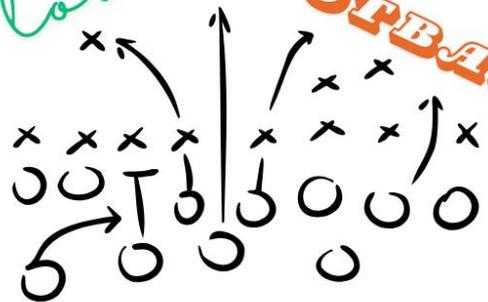
every thursday at 3pm with entertainment



MOVING & STRETCHING EVERY MORNING AT 10AM



we love FOOTBALL



Join us for all the Bronco's games and other football games