

CHAL WEEK AT A GLANCE SPECIALS #4 November 3 - November 9

	SUNDAY 3	MONDAY 4	TUESDAY 5	WEDNESDAY 6	THURSDAY 7	FRIDAY 8	SATURDAY 9
B R E A K F A S T	Chef's Choice Breakfast Enjoy on of our specialty breakfast creations	Spinach & Cheese Omelette Spinach and shredded cheese folded together with fluffy eggs	Overnight Oats Oats soaked in almond milk with berries, nuts and honey overnight	Muffin & Fruit Blueberry muffin with fresh fruit salad	Avocado Eggs Benedict Avocado on an English muffin with poached egg & hollandaise sauce	Coffee Cake Freshly baked coffee cake	Egg & Ham Toast Sliced ham with an over easy egg on toast
	SOUP: Soup of The Day	SOUP: Soup of The Day	SOUP: Soup of The Day	SOUP: Soup of The Day	SOUP: Soup of The Day	SOUP: Soup of The Day	SOUP: Soup of The Day
L U N C H	Lunch Deli Sandwich Freshly baked bread with turkey, ham, lettuce, spinach & muenster cheese. Served with seasoned house chips	Fish and Chips Beer battered fish pieces served with fries, lemon wedge & tartar sauce	Chicken & Egg Rice Bowl Marinated & grilled chicken thighs with green onions, soft scrambled eggs & rice in a sweet soy broth.	Chicken Parmesan Sandwich Crispy chicken breast topped with marinara & mozzarella cheese. Served with seasoned house chips	Sloppy Joe House made tangy meat sauce served on a soft bun & served with steak fries	Nacho Supreme Bowl Freshly fried tortilla chips topped with ground beef, shredded cheese, sour cream, guacomole, lime & cilantro	Sesame Chicken Battered chicken in a sesame sauce over basmati rice with broccoli florets. Served with a spring roll
	Apple & Brie Harvest Salad Sliced apples with brie cheese, prosciutto & seasoned pecans with spinach & arugula tossed in a apple vinaigrette	Chicken & Quinoa Salad Sweet potatoes, broccoli, bell peppers all roasted, served with feta cheese, grilled chicken and a roasted garlic lemon dressing	Beef Chimichurri Pasta Salad Thin strips of beef over pasta with sliced tomatoes, diced red onions, feta cheese, beans & corn. Topped with tortilla strips and chimichurri dressing	Salmon Cous Cous Salad Marinated salmon, grilled & served over cous cous with cherry tomatoes & pickled cucumbers.	Winter Cobb Salad Mixed greens with butternut squash, apples, bacon, eggs, avocados, dried cranberries & toasted pumpkin seeds with a Dijon vinaigrette	Chicken Coleslaw Red & green shredded cabbage with carrots, scallions & peanuts. Served with grilled chicken pieces & Chef inspired coleslaw dressing	Vegetable Chow Mein Bowl Green Onions, mushrooms, carrots, celery, cabbage and broccoli served with chow mein noodles in a rich sweet and tangy Asian sauce
	Bread Pudding & Custard	Sopapilla with Honey & Ice Cream	Lemon Meringue Pie	Assorted Desserts	Cinnamon Sugar Apple Cake	Chef's Choice	Caramel Peach Dump Cake
D I N N E R	Scampi Pasta with Scallops Scallops in a butter scampi sauce & served over pasta. Served with garlic bread	Roasted Pork Lemon and herb seasoned pork shoulder roasted until tender. Served with potatoes and Chef's choice of vegetables	Corned Beef Cooked overnight until tender with cabbage, carrots & red potatoes.	Tilapia Pan fried tilapia served over cilantro cous cous & with a squash medley	Glazed Garlic & Ginger Sticky Pork Tender strips of pork cooked in a garlic & ginger sauce & served over rice with steamed broccoli & sesame seeds	Meat Lovers Pizza Pizza with marinara sauce, cheese, sausage bits, pepperoni, ham & bacon bits!! Served with Caesar salad.	Sausage & Lentils Italian sausages grilled & served with lentils in a rich broth & freshly baked bread
	Beef Ragu Cooked until tender beef stew meat in a tasty ragu with onions, carrots, celery, fresh herbs & garlic. Served over rice	Salmon Chowder Pieces of salmon with potatoes & corn in a rich creamy broth. Topped with green onions & served with freshly baked bread	Sausage Roll with Cranberry Chutney Ground sausage with fresh herbs and garlic wrapped in puff pastry. Served with cranberry chutney, steamed sweet potatoes and peas	Pasta Alla Vodka Chefs choice pasta in a wonderful vodka tomato cream sauce. Served with parmesan cheese & and a garlic roll	Southern Fried Chicken Breaded chicken fried golden brown, just the way it should be! Served with cornbread & a side of peas & carrots	Everything Cheddar Bacon Tomato Grilled Cheese A dressed up grilled cheese with everything seasoning, bacon, cheddar cheese & tomato slices. Served with tater tots	Pork Belly Ramen Bowl Ramen noodles & pork belly in broth with green onions & cabbage
	M&M Cookies	Peaches and Cream	Chocolate Mousse	Honeybun Cake	Rice Krispy Treats	Southern Banana Pudding	Assorted Desserts

Chef Specials - Breakfast 7am-9am Lunch 11am-1pm Dinner 4pm-6pm Menu Items Subject to Change