

THE CHAL CHRONICLES

Newsletter of Cherry Hills Assisted Living & Memory Care



“EVERYBODY CAN BE GREAT BECAUSE ANYBODY CAN SERVE. YOU DON’T HAVE TO HAVE A COLLEGE DEGREE TO SERVE. YOU DON’T HAVE TO MAKE YOUR SUBJECT AND VERB AGREE TO SERVE. YOU ONLY NEED A HEART FULL OF GRACE. A SOUL GENERATED BY LOVE.”

-MARTIN LUTHER KING, JR.

HAPPY NEW YEAR!! 2025, HERE WE COME!!

How lucky we all are to celebrate another year filled with possibility and promise. As we reflect on 2024 and look forward to the year to come, we want to take the time to thank you for sharing your loved ones with us. It’s an honor to have the opportunity to be a part of their live and to soak up the wisdom, laughter and love they share with us. We are so grateful to be able to create special moments for and with them here at CHAL. As we move through the year, planning our activities and events, we will continue focusing on the importance of community, connection and purpose, so we can create a true richness, sense of peace and happiness in each of their, and our, daily lives.

We look forward to creating more memories, and special moments, with you in 2025.

Happy New Year!!

Your Friends at Cherry Hills Assisted Living & Memory Care

“I have the audacity to believe that peoples everywhere can have three meals a day for their bodies, education and culture for their minds, and dignity, equality, and freedom for their spirits.”

MARTIN LUTHER KING, JR.

Residents, Friends and Families of CHAL, once again your kindness was over the top; each of our employees received a generous gift for the Holidays!

We can't thank you enough,

Chuck Sparks and Beth Hamstra



History in the Hearts of Our Residents

The War Comes to England - Part 1

BY DAPHNE

It was a warm September afternoon in the year of 1939, as I skipped happily home from school. We had been learning about an ancient Egyptian Queen Hatshepsut, who became King by default, much to the annoyance of her subjects. She quelled the revolt by dressing as a man and gluing a false beard to her face.

When I reached home, my reverie was banished by the sight of my father digging a deep trench in our backyard. “There may be a war soon”, he said. I was not scared - just surprised. How right he was!

Two days later, on September 3, 1939, all five of the members of my family sat solemnly listening to our little radio as Prime Minister Neville Chamberlin told us we, that is England, had declared war on Germany, in support of beleaguered Poland.

Within minutes the air raid sirens resounded. We tumbled into my father's trench, even though it was not finished yet, and we trembled as we awaited our fate.

An hour later we realized it was a false alarm as the all clear sounded.

The next day a man brought government-issued gas masks for each family member.

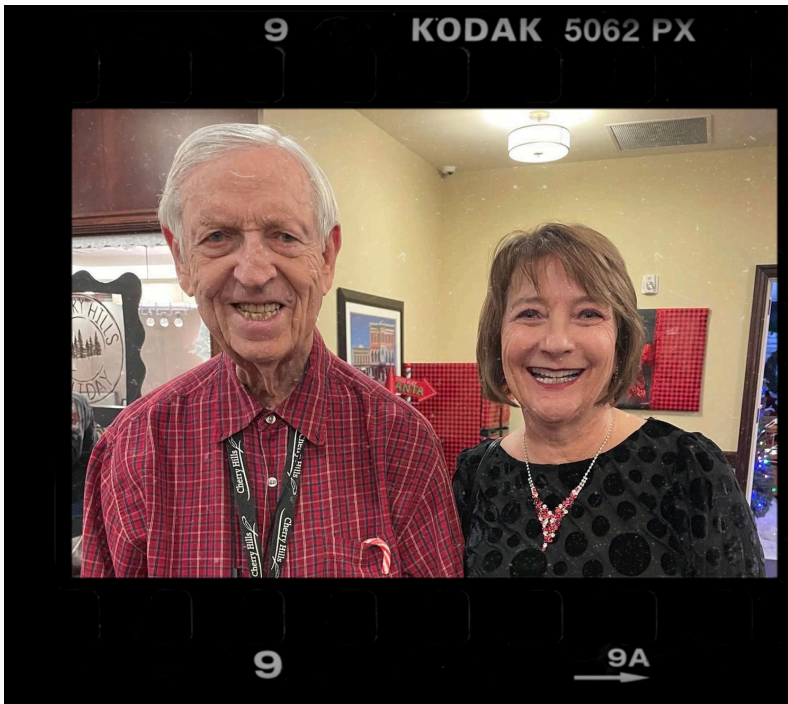
And so our war began.

To be continued...



“Legacy is not leaving something FOR people. It's leaving something IN people.”

PETER STROPLE



2024 CHAL
HOLIDAY PARTY

January Happenings

January 3rd

2025 Activities Meeting

January 7th

Zuma's Rescue Ranch

Presentation

January 8th

Ceramics w/Vanessa Hayes

January 14th

Blackjack

January 21st

Pedicures

January 28th

Blackjack

January 30th

Zuma's Rescue Ranch Outing
(Equine & Art Therapy)



COZY UP WITH CASH, CAROLING AND HOLIDAY CHEER!!



CHAL LEADERSHIP TEAM

- Melia Sharkey - Executive Director
- Michele Farrelly - Sales & Marketing Director
- Jennifer Townsend, LPN- Director of Memory Care
- Adam Dodd, LPN- Director of Assisted Living

- Caitlyn Croce - Business Office Manager
- Gershwin Sandberg - Executive Chef
- Jorge Torres - Director of Operations
- Trish Dunbar - Director of Community Life

