

Assisted Living

June 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 9- Catholic Mass (TR) 9:30- Daily News Update (BIS) 10- Move & Stretch 11- Protestant Service (TR) 11- Price is Right 1- Concert: Dolly Parton: A Musical Tribute (TR) 2:15- Putt Putt Golf (outside) 3- Origami w/Tony 5:30- Our Daily Roses & Buds 6- Documentary: Inside the Mind of a Dog	2 9:30- Daily News Update (BIS) 10- Exercise w/Empower Me 11- Syd the Science Kid 11- Mountain Man! 1-3- Joyride: Daniel's Park 2- Let's Make It! 3- News Currents w/Rorie! 5:30- Our Daily Roses & Buds 6- Movie: Fly Me to the Moon & Popcorn	3 Love Conquers All Day 9:30- Daily News Update (BIS) 10- Move & Stretch 11- Famous Love Stories 11:30- Juliet Club Lunch w/ Rorie & Hollyn 1:30- Music Appreciation w/ Rorie 3- Garden Paper Pot Flowers 5:30- Our Daily Roses & Buds 6- Movie: Ocean's 13	4 Cash's Birthday! 9:30- Daily News Update (BIS) 10- Move & Stretch 11- Family Feud 1:30- Armchair Travel: Antarctica 2:15- Jewelry Making 3- Mix, Mingle, Music & Cash's Birthday Party! 5:30- Our Daily Roses & Buds 6- Movie: All Hands on Deck & Popcorn	5 9:30- Daily News Update (BIS) 10- Yoga w/Martha 11- Music Trivia 1 - Book Club (Atrium) 1:30- Grab & Go! 3- Happy Hour: John Crabtree 5:30- Our Daily Roses & Buds 6- Movie: The Mask of Zorro	6 National Donut Day 9:30- Daily News Update (BIS) 10- Move & Stretch 11 - Donuts & Dad Jokes 11- BBQ FRIDAY!!! 11:30- Romeo Lunch Club w/ Tony & Leon 1:30- Walking Club 1:30- Gardening Club 3- Sip & Paint w/Tony 5:30- Our Daily Roses & Buds 6- Movie: Meet Joe Black & Popcorn	7 9:30- Daily News Update (BIS) 10- Move & Stretch 11- Wheel of Fortune 1- Acts of Service Saturday: Toys for God's Kid's Cars (BIS) 2- Puzzles & Brain Games 3- Happy Hour Bingo 5:30- Our Daily Roses & Buds 6- Broadway Night: There's No Business Like Show Business
8 9- Catholic Mass (TR) 9:30- Daily News Update (BIS) 10- Move & Stretch 11- Protestant Service (TR) 11- Tales by Tony 1-Concert: Monterey Pop (TR) 2:15- Outdoor Lawn Bowling 3- Watercolor Art w/Tony 5:30- Our Daily Roses & Buds 6- Documentary: Won't You Be My Neighbor	9 9:30- Daily News Update (BIS) 10- Exercise w/Empower Me 11- Syd the Science Kid 1-3- Joyride: Chatfield State Park 1-2- **Arapahoe Library** 2- Let's Make It! 3- News Currents w/Rorie! 5:30- Our Daily Roses & Buds 6- Movie: M*A*S*H & Popcorn	10 National Black Cow Day 9:30- Daily News Update (BIS) 10- Move & Stretch 11- Cranium Crunch 11:30- Juliet Club Lunch w/ Rorie & Hollyn 1:30- Art Appreciation w/ Rorie 3- June Birthdays' Celebration: Root beer floats and Janet Joe on the piano 5:30- Our Daily Roses & Buds 6- Movie: Grapes of Wrath	11 9:30- Daily News Update (BIS) 10- Move & Stretch 11- Mad Libs 11- Lunch Outing: Birdcall 1:30- Armchair Travel: Portugal 2:15- Fingerpaint Butterfly Mugs 3- Mix, Mingle & Music with Barbara Dawson 5:30- Our Daily Roses & Buds 6- Movie: Some Like it Hot & Popcorn	12 9:30- Daily News Update (BIS) 10- Yoga w/Martha 11- Tongue Twisters 1:30- Resident Council 2:15- Watermelon Coasters 3- Happy Hour: Rick Iraki 5:30- Our Daily Roses & Buds 6- Movie: All the President's Men	13 National Weed Your Garden Day 9:30- Daily News Update (BIS) 10- Move & Stretch 11 - Life's Weeds Discussion 11- BBQ FRIDAY!! 11:30- Romeo Lunch Club w/ Tony & Leon 1:30- Walking Club 1:30- Gardening Club 3- Sip & Paint w/Tony 5:30- Our Daily Roses & Buds 6-Movie: Tootsie & Popcorn	14 9:30-Daily News Update (BIS) 10- Move & Stretch 11- This Day in History 1- Acts of Service Saturday: Care Packages for the Homeless (BIS) 2- Painted Garden Kindness Rocks 3- Happy Hour Bingo 5:30- Our Daily Roses & Buds 6- Broadway Night: Gypsy

Sun	Mon	Tue	Wed	Thu	Fri	Sat
15 Father’s Day! 9— Catholic Mass 9:30 - Daily News Update (BIS) 10- Move & Stretch 11- Protestant Service 11-1: FATHER’S DAY BBQ! 1— Concert: Music By John Williams 2:15— Putt Putt Golf (outside) 3— Sea Glass Bird Art w/Tony 5:30 - Our Daily Roses & Buds 6 - Documentary: Honeyland	16 9:30- Daily News Update (BIS) 10- Exercise w/Empower Me 11— Syd the Science Kid 1— 3- Joy Ride: Roxborough State Park 2— Let’s Make It! 3— News Currents w/Rorie! 5:30- Our Daily Roses & Buds 6— Movie: High Noon & Popcorn	17 9:30- Daily News Update (BIS) 10- Move & Stretch 11— Who, What, Where 11:30— Juliet Club Lunch w/ Rorie & Hollyn 1:30— Music Appreciation w/Rorie 3— Outdoor Games Galore 5:30- Our Daily Roses & Buds 6- Movie: A Night at the Opera	18 National Go Fishing Day 9:30- Daily News Update (BIS) 10- Move & Stretch (MOT) 11— Family Feud 11-1- Lunch Outing: Poppies 1:30- Armchair Travel: Alaska & It’s Fishing Adventures 2:15— Outdoor Pool Fishing 3— Mix, Mingle & Music 5:30- Our Daily Roses & Buds 6- Movie: Platoon & Popcorn	19 National Popcorn Day 9:30 - Daily News Update (BIS) 10— Yoga w/Martha 11- Left, Center, Right 1:30— Grab & Go 2:15— Popcorn ball making 3- Happy Hour: Deb Scheer 5:30- Our Daily Roses & Buds 6- Movie: Easy Rider	20 9:30- Daily News Update (BIS) 10- Move & Stretch 11- Guess 10! 11— BBQ FRIDAY!!! 11:30- Romeo Lunch Club w/ Tony & Leon 1:30- Walking Club 1:30— Gardening Club 3— Sip & Paint w/Tony 5:30- Our Daily Roses & Buds 6- Movie: The Best Years of Our Life & Popcorn	21 World Music Day 9:30- Daily News Update (BIS) 10- Move & Stretch 11— Music Trivia 1 - Acts of Service Saturday: Blanket Making 2:15 - Bean Mosaic Art 3— Happy Hour Bingo! 5:30— Our Daily Roses & Buds 6- Broadway Night: Gentle-men Prefer Blondes & Popcorn
22 9—Catholic Mass 9:30— Daily News Update (BIS) 10- Move & Stretch 11—Protestant Service 11— Tongue Twisters 1- Concert: The Beatles— A Hard Day’s Night 2:15— Axe Throwing (Terrace) 3— Watercolor Art w/Tony 5:30- Our Daily Roses & Buds 6— Documentary: All That Breathes	23 9:30- Daily News Update (BIS) 10— Exercise w/Empower Me 11— Syd the Science Kid 1-3: Joy Ride: Alamo Placita Park 1-2: **Arapahoe Library** 2— Let’s Make It! 3— News Currents w/Rorie! 5:30- Our Daily Roses & Buds 6- Movie: Shane & Popcorn	24 9:30- Daily News Update (BIS) 10- Move & Stretch 11- Poetry Classics 11:30— Juliet Club Lunch w/ Rorie & Hollyn 1:30— Story Telling with Chris Wells 3— Putt Putt & Outdoor Bowling! 5:30- Our Daily Roses & Buds 6- Movie: Do the Right Thing	25 9:30- Daily News Update (BIS) 10- Move & Stretch 11— Riddle Me This 11–1- Lunch Outing: Big Bill’s New York Pizza 1:30 - Armchair Travel: Switzerland 2:15— Giant Jenga 3- Mix, Mingle & Music with Barbara Dawson & Flutist 5:30- Our Daily Roses & Buds 6- Movie: Blade Runner & Popcorn	26 9:30— Daily News Update (BIS) 10— Yoga w/Martha 11- Sports Trivia 1:30— Chef Chat w/Gershwin 2— Community Connection w/Hollyn (TR) 3- Happy Hour: Ryden Fredericks 5:30- Our Daily Roses & Buds 6- Movie: The Last Picture Show	27 9:30- Daily News Update (BIS) 10- Move & Stretch 11— Roll Until You Can’t 11— BBQ FRIDAY!!! 11:30- Romeo Lunch Club w/ Tony & Leon 1:30- Walking Club 1:30— Gardening Club 3— Sip & Paint w/Tony 5:30- Our Daily Roses & Buds 6- Movie: Rear Window & Popcorn	28 9:30- Daily News Update (BIS) 10- Move & Stretch 11- The Price is Right 1— Acts of Service Saturday: Post it Love— Handwritten Notes of Encouragement for Kids 2:15— Smore Marshmallow Pops 3— Happy Hour Bingo! 5:30— Our Daily Roses & Buds 6- Broadway Night: When My Baby Smiles At Me & Popcorn
29 9- Catholic Mass 9:30— Daily News Update (BIS) 10- Move & Stretch 11- Protestant Service 11— Cranium Crunch 1— Concert: Fantasia 2:15— Croquet (Courtyard) 3— Adventures in Tie Die w/Tony 5:30- Our Daily Roses & Buds 6- Documentary: Time	30 9:30- Daily News Update (BIS) 10- Exercise w/Empower Me 11— Syd the Science Kid 1-3- Joy Ride: Confluence Park 2 - Let’s Make It! 3— News Currents w/Rorie! 5:30- Our Daily Roses & Buds 6- Movie: Intolerance & Popcorn	31 9:30- Daily News Update (BIS) 10- Move & Stretch 11— Gratitude Bingo 11:30— Juliet Club Lunch w/ Rorie & Hollyn 1:30— Art Appreciation w/Rorie 3 — New Resident Meet & Greet! 5:30— Our Daily Roses & Buds 6— Movie: A Street Car Named Desire	Please note the Walking and Gardening Club will meet at 1:30 depending on the current weather condition. Please check with the activities boards or with the Activities Department for updated information.	 June Birthdays! Elise K.—June 1st Linda C.—June 3 rd Rosemary G.—June 8 th Bonnie D.—June 10 th Pat L.—June 12 th Jim O.—June 12 th Shirley S.—June 24 th Lou P.—June 29 th	Please note CHAL plans our activities to align with Teepa Snow’s philosophy of “filling the day with meaning”. We believe both our staff and residents benefit from engaging in the four categories of meaningful activities to help them feel healthy, happy, purposeful and valued. <i>* All activities are subject to change based on the needs/ wants of our residents.</i>	Red = Productivity & Purpose Purple = Leisure & Fun Green = Self– Care (Mind/ Body/Spirit) to include Art, Movement, Music & Animal Assisted Therapy Blue = Rest & Restoration Yellow = Cognitive (BIS)