

Legacy Ridge

June 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 9- Catholic Mass 9:15- Melody Making 10- Stretch & Strength 10:30- Daylight Discussions 10:45- Guess 10: States of America 11:15- Oshibori 12:30- Balloon Volleyball 1- Armchair Travel: Antarctica 2:15- Ice Cream Sundae Sundays 3- Outdoor Pool Fishing 3:45- Read Aloud 4- Oshibori 5- Sensory Sunset 5:30- Musical: When My Baby Smiles At Me	2 9:15- Melody Making 10- Stretch & Strength 10:30- Daylight Discussions 10:45- Let's Chat Convo Cards 11:15- Oshibori 12:30- Connect Four! 1- Jewelry Making 2- Putt Putt Golf (Outside) 3- Gardening Club 3:45- Read Aloud 4- Oshibori 5- Sensory Sunset 5:30- Nature Doc: The Secret World of Sound	3 Love Conquers All Day 9:15- Tunes Through Time 10- Stretch & Strength 10:30- Daylight Discussions 10:45- Chuck the Duck 11:15- Oshibori 12:30- Famous Love Stories 1- Paint Stamping 2- Bowling 3- Indoor Fishing 3:45- Read Aloud 4- Oshibori 5- Sensory Sunset 5:30- Movie: Guys and Dolls	4 Cash's Birthday! 9:15- Sing Along w/Elder Song 10- Stretch & Strength 10:30- Daylight Discussions 10:45- Figures of Speech 11:15- Oshibori 1-3- Joyride: Daniel's Park 2- Creative Expressions 3:15 - Mix, Mingle , Music & Cash's Birthday Party! 4- Oshibori 5- Sensory Sunset 5:30- Musical: Jailhouse Rock	5 9:15- Melody Making! 10- Stretch & Strength 10:30- Daylight Discussions 10:45- Guess 10: Foods Around the World 11:15- Oshibori 11:30-12:30: BBQ LUNCH!! 12:30- Outdoor Games 1:15- Conversation Catch 2- Watercolor Art w/Tony 3- Happy Hour: John Crabtree 4- Oshibori 5- Sensory Sunset 5:30- Movie: Night at the Museum	6 National Donut Day 9:15- Tunes Through Time 10- Swallow Hill Musical Memories Outing 1- Stretch & Strength 1:30- Flower Bracelets 2:15- Decorating Donuts! 3- Axe Throwing 3:45 - Read Aloud 4- Oshibori 5- Sensory Sunset 5:30- Nature Documentary: Life on our Planet	7 9:15- Sing Along w/Elder Song 10- Stretch & Strength 10:30- Daylight Discussions 10:45- Let's Chat Convo Cards 11:15- Oshibori 12:30- Outside Tunes 1- Flower Arranging 2- Wack a Cup 3- Happy Hour Bingo 3 - Artistic Expressions 4- Oshibori 5- Sensory Sunset 5:30- Movie: The Incredible Mr. Limpet
8 9- Catholic Mass 9:15- Melody Making 10- Stretch & Strength 10:30- Daylight Discussions 10:45- Guess 10: Animal Planet 11:15- Oshibori 12:30- Twister Trivia 1- Armchair Travel: Portugal 2:15- Ice Cream Sundae Sundays 3- Pool Noodle Baseball 3:45- Read Aloud 4- Oshibori 5- Sensory Sunset 5:30- Musical: Gentlemen Prefer Blondes	9 9:15- Melody Making 10- Stretch & Strength 10:30- Daylight Discussions 10:45- Let's Chat Convo Cards 11:15- Oshibori 12:30- Axe Throwing 1- Painted Garden Kindness Rocks 2- Balloon Volleyball 3- Gardening Club 3:45- Read Aloud 4- Oshibori 5- Sensory Sunset 5:30- Nature Doc: Our Great National Parks	10 National Black Cow Day 9:15- Tunes Through Time 10- Yoga with Martha 10:30- Daylight Discussions 10:45- Guess 10: Disney Edition 11:15- Oshibori 12:30- Outside Circle Soccer 1- What I Learned From My Dog: Reading w/author Evie B. 2- Root Beer Floats! 3- June Birthdays' Celebration with Janet Joe on the piano 3:45- Read Aloud 4- Oshibori 5- Sensory Sunset 5:30- Movie: Singing in the	11 9:15- Sing Along w/Elder Song 10- Stretch & Strength 10:30- Daylight Discussions 10:45- Guess 10: Foods Around the World 11:15- Oshibori 12:30- Read Aloud 1- Sensory Art Class w/Vanessa Hayes 2:15 - Hungry Hungry Hippo 3- Mix, Mingle & Music with Barbara Dawson 3 - Games Galore 4- Oshibori 5- Sensory Sunset 5:30- Musical: Guys and Dolls	12 9:15- Melody Making 10- Stretch & Strength 10:30- Daylight Discussions 10:45- Hangman 11:30-12:30: BBQ LUNCH!! 12:30- Outdoor Games 1:15- Conversation Catch 2 - Canvas Creations w/Tony 3- Happy Hour: Rick Iraki 3- Creative Expressions 4- Oshibori 5- Sensory Sunset 5:30- Movie: Casablanca	13 International Axe Throwing Day 9:15- Tunes Through Time 10- Stretch & Strength 10:30- Daylight Discussions 10:45- Figures of Speech 11:15- Oshibori 12:30- Read Aloud 1-3- Joyride: Chatfield State Park 2- Creative Expressions 3- Axe Throwing 3:45 - Read Aloud 4- Oshibori 5- Sensory Sunset 5:30- Nature Documentary: Life in Color	14 9:15- Sing Along w/Elder Song 10- Stretch & Strength 10:30- Daylight Discussions 10:45- Let's Chat Convo Cards 11:15- Oshibori 12:30- Music Trivia 1- Flower Arranging 2- Pool Noodle Hockey 3- Happy Hour Bingo 4- Oshibori 5- Sensory Sunset 5:30- Movie: Sound of Music

Sun	Mon	Tue	Wed	Thu	Fri	Sat
15 Happy Father’s Day! 9- Catholic Mass 9:15– Tunes Through Time 10- Stretch & Strength 10:30- Daylight Discussions 10:45– Guess 10: Disney Edition 11– Oshibori 11-1- Father’s Day BBQ Lunch! 1- Armchair Travel: Coral Reefs 2:30– Ice Cream Sundae Sundays 3– Outdoor Pool Fishing 3:45– Read Aloud 4– Oshibori 5– Sensory Sunset 5:30– Musical: Dean Martin Live in London	16 9:15– Melody Making 10- Stretch & Strength 10:30- Daylight Discussions 10:45- Let’s Chat Convo Cards 11:15– Oshibori 12:30– Go Fish! 1:15– Fingerpaint Butterfly Mugs 2– Hot Balloon (Potato) 3– Gardening Club 3:45–Read Aloud 4– Oshibori 5– Sensory Sunset 5:30– Nature Documentary	17 9:15– Tunes Through Time 10– Stretch & Strength 10:30- Daylight Discussions 10:45– Figures of Speech 11:15– Oshibori 12:30– Who, What, Where 1:30– Story Telling w/Chris Wells 2:30– Fruit Pizza 3:15– Connect Four! 3:45–Read Aloud 4– Oshibori 5– Sensory Sunset 5:30– Movie: Blue Hawaii	18 9:15– Sing Along w/Elder Song 10- Stretch & Strength 10:30- Daylight Discussions 10:45– Music Trivia 11:15– Oshibori 12:30– Hangman 1:15–Watermelon Coasters 2– Balloon Volleyball 3– Mix, Mingle & Music 4– Oshibori 5– Sensory Sunset 5:30– Musical: CATS on Broadway	19 National Popcorn Day 9:15– Melody Making 10- Stretch & Strength 10:30– Daylight Discussions 10:45– Guess 10: Animals 11:15– Oshibori 11:30-12:30: BBQ LUNCH!! 12:30– Bridgetown Music: Sounds of Summer 1:30– Popcorn Balls 2- Outdoor Lawn Bowling 3– Happy Hour: Deb Scheer 4- Oshibori 5– Sensory Sunset 5:30– Movie: Road to Bali	20 9:15– Tunes Through Time 10- Stretch & Strength 10:30- Daylight Discussions 10:45– Guess 10: World Foods 11:15– Oshibori 12:30– Music Trivia 1-3- Joy Ride: Roxborough State Park 2– Creative Expressions 3:15- Cardboard Flower Vases 3:45 - Read Aloud 4- Oshibori 5– Sensory Sunset 5:30– Nature Documentary: Night on Earth	21 International Yoga Day World Music Day 9:15– Sing Along w/Elder Song 10- Stretch & Strength 10:30- Daylight Discussions 10:45– Let’s Chat Convo Cards 11:15– Oshibori 12:30– Cranium Crunch 1- Flower Arranging 1:45– Yoga 2:30– Sing Along Dance Party 3– Happy Hour Bingo 4– Oshibori 5– Sensory Sunset 5:30– Movie: Support Your Local Sheriff
22 9- Catholic Mass 9:15– Tunes Through Time 10- Stretch & Strength 10:30- Daylight Discussions 10:45– Figures of Speech 11:15– Oshibori 12:30- Cornhole 1- Armchair Travel: World Oceans 2:15– Ice Cream Sundae Sundays 3– Beach Ball Volleyball 3:45– Read Aloud 4– Oshibori 5– Sensory Sunset 5:30- Musical: John Denver Live in Sydney 1977	23 9:15– Melody Making 10- Stretch & Strength 10:30- Daylight Discussions 10:45– Let’s Chat Convo Cards 11:15– Oshibori 12:30– Wheel of Fortune 1:30– Music w/David Harrower 2:45 - Gardening Club 3:45- Read Aloud 4– Oshibori 5– Sensory Sunset 5:30– Nature Documentary: Life in Color	24 9:15– Tunes Through Time 10- Yoga with Martha 10:30–Daylight Discussions 10:45– Guess 10: Animal Planet 11:15– Oshibori 12:30– Tongue Twisters 1– Music w/Mark Paulson 2:30– Ants on a Log 3– Chair Soccer 3:45–Read Aloud 4– Oshibori 5– Sensory Sunset 5:30– Movie: Topper	25 9:15– Sing Along w/Elder Song 10- Stretch & Strength 10:30–Daylight Discussions 10:45- Guess 10: States of America 11:15– Oshibori 12:30– Syd the Science Kid 1– Sensory Art Class w/Vanessa 2:15 - Funny Stories Read Aloud 3– Mix, Mingle & Music with Barbara Dawson & Flutist 4– Oshibori 5– Sensory Sunset 5:30– Musical: There’s No Business Like Showbusiness	26 9:15– Melody Making 10- Stretch & Strength 10:30–Daylight Discussions 10:45– Hangman 11:15– Oshibori 11:30-12:30: BBQ LUNCH!! 12:30– Outdoor Games 1:15– Conversation Catch 1:45– Tie Die w/Tony 3- Happy Hour: Ryden Fredericks 4– Oshibori 4– Family Forum 5– Sensory Sunset 5:30– Movie: The Beatles A Hard Day’s Night	27 9:15– Tunes Through Time 10- Stretch & Strength 10:30–Daylight Discussions 10:45- Guess 10: World Countries 11:15– Oshibori 12:30– Yahtzee! 1–3: Joyride: Alamo Placita Park 2– Creative Expressions 3:15 - Wack-a-Staff 3:45- Read Aloud 4– Oshibori 5– Sensory Sunset 5:30– Nature Documentary: Chasing Coral	28 9:15– Sing Along w/Elder Song 10- Stretch & Strength 10:30–Daylight Discussions 10:45– Let’s Chat Convo Cards 11:15– Oshibori 12:30– Scrabble 1– Flower Arranging 1:45– Outdoor Art 2:30– Outdoor Lawn Bowling 3– Happy Hour Bingo 4– Oshibori 5- Sensory Sunset 5:30– Movie: The Beatles HELP!
29 9- Catholic Mass 9:15– Tunes Through Time 10- Stretch & Strength 10:30- Daylight Discussions 10:45– Figures of Speech 11:15- Oshibori 12:30– Target Practice 1- Armchair Travel: Rainforests 2:15– Ice Cream Sundae Sundays 3– Inflatable Ring Toss 3:45– Read Aloud 4– Oshibori 5– Sensory Sunset 5:30- Musical: The Grand Old Opry Stars of the 50’s	30 9:15– Melody Making 10- Stretch & Strength 10:30- Daylight Discussions 10:45– Let’s Chat Convo Cards 11:15– Oshibori 12:30– Connect Four! 1– Rainforest Snake Craft 2-Outdoor Pool Flshing 3– Gardening Club 3:45– Read Aloud 4– Oshibori 5– Sensory Sunset 5:30– Nature Documentary: Our Living World	31 9:15– Tunes Through Time 10- Stretch & Strength 10:30–Daylight Discussions 10:45– Guess 10: Foods Around the World 11:15– Oshibori 12:30– Price is Right 1– Wack-A-Staff 2– Walking Club & Outdoor Games 3– New Resident Meet & Greet! 4– Oshibori 5– Sensory Sunset 5:30– Movie: The Mark of Zorro 1940		 June Birthdays! Elise K.—June 1st Linda C.—June 3 rd Rosemary G.—June 8 th Bonnie D.—June 10 th Pat L.—June 12 th Jim O.—June 12 th Shirley S.—June 24 th Lou P.—June 29 th	Please note CHAL plans our activities to align with Teepa Snow’s philosophy of “filling the day with meaning”. We believe both our staff and residents benefit from engaging in the four categories of meaningful activities to help them feel healthy, happy, purposeful and valued. * All activities are subject to change based on the needs/ wants of our residents.	Red = Productivity & Purpose Purple = Leisure & Fun Green = Self– Care (Mind/ Body/Spirit) to include Art, Movement, Music & Animal Assisted Therapy Blue = Rest & Restoration Yellow = Cognitive