

**CHAL WEEK AT A GLANCE SPECIALS #1 December 7 - December 13**

	SUNDAY 7	MONDAY 8	TUESDAY 9	WEDNESDAY 10	THURSDAY 11	FRIDAY 12	SATURDAY 13
<b>B R E A K F A S T</b>	<b>Chef's Choice Breakfast</b> Enjoy on of our specialty breakfast creations	<b>Chocolate Banana Overnight Oats</b> A healthy start to the day with oats, chia seeds, Greek yogurt, mashed banana, cocoa powder, cinnamon & nutmeg	<b>Strawberry French Toast</b> Delicious French toast smothered with a strawberry sauce and topped with whipped cream	<b>Breakfast Burrito Bowl</b> Shredded potatoes with scrambled eggs, bacon, bell peppers & onions. Served with sour cream & pico de gallo	<b>Spinach, Bacon and Cheese Scramble</b> Sauteed spinach with bacon bits & cheese in an egg scramble	<b>Sausage, Egg &amp; Cheese Breakfast Quesadilla</b> Fluffy eggs, with breakfast sausage & shredded cheese in a toasted golden brown tortilla	<b>Biscuits &amp; Gravy</b> Freshly baked biscuits topped with
	<b>SOUP:</b> Turkey Chili	<b>SOUP:</b> Minestrone Soup	<b>SOUP:</b> Italian White Bean Soup	<b>SOUP:</b> Sweet Potato Soup	<b>SOUP:</b> Cream of Asparagus Soup	<b>SOUP:</b>	<b>SOUP:</b> Soup of the Day
	<b>Chicken Salad Sandwich</b> Shredded chicken with diced celery, grapes, scallions & cashews in a creamy sauce served on toasted wheat bread & with a served with fresh fruit	<b>Hot Pastrami Sandwich</b> Thinly sliced pastrami on rye bread with sauerkraut, pickles, provolone cheese & mayonnaise. Chef's choice side	<b>Potato, Bacon and Onion Frittata</b> Diced potatoes, with sauteed onions, bacon, cheese & egg cooked together, served with melon slices	<b>Tuna Casserole</b> American classic dish of tuna with egg noodles, onion, celery & peas with cheese in a creamy sauce topped with a breadcrumbs & baked	<b>Italian Slider</b> Swiss cheese with ham & salami on a slider bun with sundried tomato aioli, spinach & fresh basil. Served with cold melon cup	<b>Soup &amp; Sandwich</b> Enjoy a grilled ham & cheese or a turkey & cheese with a cup of soup	<b>Chef's Specials</b>  <b>Please enjoy a wonderful selection of Chef's creations</b>  Assorted Desserts
<b>Tuscan Tomato Salad</b> Heirloom cherry tomatoes with chick peas, thin red onions, marinated artichoke & roasted pork. Served with balsamic vinaigrette	<b>Citrus Asian Chicken Salad</b> Glazed chicken over mixed greens with shredded carrots, bell peppers, mandarin oranges and crispy wonton strips. Served with orange ginger dressing	<b>Salad Trio</b> Portions of egg salad, ham salad & tuna salad served with crackers	<b>BLT Turkey Salad</b> Turkey pieces with lettuce, cherry tomatoes, bacon bits & croutons. Served with ranch dressing	<b>Wild Rice and BBQ Chicken Salad</b> Wild rice with red onions, cranberries, feta & grilled BBQ chicken. Served with honey dijon vinaigrette	<b>Freshly Baked Cookies</b>		
<b>Cookies &amp; Cream Swirl Bar</b>		<b>Chocolate Strawberry Kabobs</b>	<b>Frosted Cupcakes</b>	<b>Chocolate Oreo Pudding Parfait</b>			
<b>L U N C H</b>	<b>Chicken Parmesan</b> Breaded chicken breasts served with spaghetti, marinara sauce & parmesan cheese. Served with garlic toast	<b>BBQ Pork Chops</b> Boneless grilled pork chop & basted in BBQ sauce. Served over cous cous & with Chef's choice of vegetable.	<b>Meatloaf</b> Traditional meatloaf with mashed potatoes & gravy. Served with Chef's choice of vegetables	<b>Sloppy Joes</b> Ground beef in that unique sauce served on a soft potato bun & served with onion rings	<b>Macaroni and Cheese</b> Macaroni pasta in cheese sauce topped with cheese & breadcrumbs then baked. Enjoy a lovely bowl of this classic dish!	 <b>HOLIDAY PARTY</b>	<b>Beef Souvlaki</b> Ground beef marinated with oregano, garlic, lemon & oil. Formed around a skewer & grilled. Served with warm pita, tzatziki sauce & a side of roasted mushrooms
	<b>Lemon Ricotta Pasta with Spinach &amp; Beef</b> A light & zesty dish with simple fresh flavors & ingredients including wilted spinach & tender pieces of braised beef	<b>Phyllo Fish Pie</b> Creamy fish & shrimp filling with peas, carrots, onions & topped with phyllo dough & baked till golden brown	<b>Garlic Cream Bucatini</b> Bucatini pasta in a garlic cream sauce with peas & asparagus. Served with garlic bread	<b>Pork Pozole</b> A traditional Mexican stew with hominy, pork pieces, garlic, onions & spices. Served with lime wedges, shredded cabbage and fried tortilla chips	<b>Fried Chicken</b> Buttermilk brined chicken pieces with flour & seasonings. Fried till golden & crispy, served with cornbread muffins & green beans		<b>Pork Schnitzel</b> Thinly sliced pork loin pieces pounded out, breaded & fried. Served with mustard cream sauce, broccoli & steamed baby carrots
<b>D I N N E R</b>	<b>Chef's Choice</b>	<b>Assorted Desserts</b>	<b>Salted Caramel Panna Cotta</b>	<b>Chef's Choice</b>	<b>Strawberry Rhubarb Pie</b>	<b>Hello Dolly Bars</b>	

**\*Chef Specials- Breakfast 7am-9am Lunch 11am-1pm Dinner 4pm-6pm Menu Items Subject to Change\***



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