

Legacy Ridge

December 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
HAPPY BIRTHDAY! Ralph C. — Dec.1st Marcie W.— Dec. 4th Mona M.— Dec. 5th Gail S.— Dec.16 Donna M. — Dec.27 Sam J.— Dec 29th	1 Dr. Ralph’s Birthday! 9:15– Melody Making 9:30–Health & Wellness Clinic 10- Stretch & Strength 10:45– Scattergories 11:15– Oshibori 12:30– Word Games 1– Bean Bag Twister 1:45- News Currents w/Rorie 2:15– Waterless Snow Globe 3– Slap Balloon 3:30- “My Girl” Music Activity 4:15-Oshibori 5– Sensory Sunset 5:30– Movie: Fried Green Tomatoes	2 9:15– Tunes Through Time 10– Yoga with Emilia! 10:45- Daily News Update! 11:15– Oshibori 12:30– Guess 10: Animals! 1:15– Chair Soccer 2– Holiday & Tree Decorating 2:45– Hot Cocoa & Gratitude Chains 3:30 - Big Band Chair Dancing 4:15-Oshibori 5– Sensory Sunset 5:30– Movie: Seven Brides for Seven Brothers	3 9:15– Sing Along w/Elder Song 10- Stretch & Strength w/ Rorie 10:45– Daily News Update! 11:15– Oshibori 12:30– Doo Wop Rhythm Shakers 1- Sensory Art w/Vanessa 2:15 - Chair Soccer 3- Trivia & Hot Cocoa Bar (BIS) 3– Creative Expressions 4:15-Oshibori 5– Sensory Sunset 5:30– Movie: The Sound Of Music & Popcorn	4 Marcie W.’s Birthday! 9:15– Melody Making 10- Stretch & Strength 10:45– White Board Word Games 11- Newton Middle School Advance Choir Performance (11:15- Oshibori 12:30– Bocce Ball 1– Creative Pursuits w/Tony! 2– Loteria Fiesta Bingo 3– Happy Hour: John Crabtree 3– Games Galore 4:15-Oshibori 5– Sensory Sunset 5:30– Movie: Casablanca	5 Mona M.’s Birthday! 9:15– Tunes Thru Time 10– Stretch & Strength 10:45 - Storytelling 11:15– Oshibori 12:30- Guess 10: Professions 1:15–3- Joyride: Daniel’s Park 2– Games Galore 3 - Let’s Make It: Smores! 3:45 - Drum Circle 4:15-Oshibori 5:30– Movie: Gone with the Wind & Popcorn	6 9:15– Sing Along w/Elder Song 10- Stretch & Strength 10:45– Daily News Update! 11:15 - Oshibori 12:30– Flower Arranging 1– Snow Flake Salt Paintings 1:45– Indoor Bowling 2:15– Comedy Club: My Three Sons 3– Happy Hour Bingo! (BIS) 3 - Creative Arts 4:15-Oshibori 5– Sensory Sunset 5:30– Movie: Singing in the Rain
7 9—Catholic Service 9:15–Melody Making 10—Stretch & Strength 10:45–Daily News Update! 11:15–Oshibori 12:30– Doo Wop Rhythm Shakers 1—Clay Christmas Trees 2:05— Broncos vs. Raiders 2:15– Let’s Make It! Smores! 3– Hot Potato (Balloon) 3:45– Drum Circle 4:15-Oshibori 5– Sensory Sunset 5:30- Movie: That Darn Cat	8 9:15– Melody Making 10- Stretch & Strength 10:45– News Currents w/Rorie 11:15– Oshibori 12:30– Let’s name the States 1:30– Ritz Tappers Holiday Performance (Atrium) 2:15– Pipe Cleaner Ornaments 3– Donuts & Discussion 3:30– Finish the Line Singing 4:15-Oshibori 5– Sensory Sunset 5:30– Movie: One Magic Christmas	9 9:15– Tunes Through Time 10– Yoga with Emilia! 10:45- Daily News Update! 11:15– Oshibori 12:30– Guess 10: US States! 1:30– Jubilee Handbell Performance (BIS) 2– Snowy Ornaments 3– December Birthday Celebration & Caroling with Janet Joe (BIS) 4:15-Oshibori 5– Sensory Sunset 5:30– Movie: The Christmas Star	10 9:15– Sing Along w/Elder Song 10- Stretch & Strength w/ Rorie 10:45– Daily News Update! 11:15– Oshibori 12:30– You Be the Judge 1- Coffee Filter Snow Flakes 2:15 - Chair Soccer 3 - Happy Hour Trivia (BIS) 3– Creative Expressions 4:15-Oshibori 5– Sensory Sunset 5:30– Movie: Home Alone & Popcorn	11 9:15– Melody Making 10- Stretch & Strength 10:45– Daily News Update! 11:15- Oshibori 12:30– Magical Musical Memories 1– Creative Pursuits w/Tony! 2– Loteria Fiesta Bingo 3– Happy Hour: Ryden Fredrick (BIS) 3– Games Galore 4:15-Oshibori 5– Sensory Sunset 5:30– Movie: Jingle all the Way	12 CHAL CHRISTMAS PARTY 9:15– Tunes Thru Time 10– Stretch & Strength 10:45 - Storytelling 11:00— Hopkins Elementary Students Christmas Carol Performance (BIS) 11:15– Oshibori 12:30- Guess 10: Animals 1:15--3– Joyride: Roxborough State Park 2 – Games Galore 3 - Let’s Make It! Hot Cocoa 4–7: CHAL CHRISTMAS PARTY Denver Dolls Performing!	13 9:15– Sing Along w/Elder Song 10- Stretch & Strength 10:45 - Gratitude Board 11:15– Oshibori 12:30- Flower Arranging 1– Chair Yoga 1:45– Pinecone Ornaments 2:15– Comedy Club: Maude 3– Happy Hour Bingo (BIS) 4:15-Oshibori 5– Sensory Sunset 5:30– Movie: It’s A Wonderful Life

Sun	Mon	Tue	Wed	Thu	Fri	Sat
14 Beginning of Hannukah 9- Catholic Service 9:15– Tunes Through Time 10- Stretch & Strength 10:45- Daily News Update! 11:15– Oshibori 12:30– Heartbeat Drumming 1– Popsicle Stick Snow Flakes 2– Certified Therapy Dog– Zirkel 2:25 Broncos vs. Packers 3:45– Doo Wop Rhythm Shakers 4:15-Oshibori 5– Sensory Sunset 5:30– Movie: The Santa Clause	15 9:15– Melody Making 10- Stretch & Strength 10:45- Daily News Update! 11:15– Oshibori 12:30– Music with Ryden F. 1:45 - News Currents w/Rorie 2:30– Paint w/ Snow 3:15–Manicure Monday! 3:45 - Motown Sway Circle 4:15-Oshibori 5– Sensory Sunset 5:30– Movie: The Grinch	16 Gail S.’s Birthday/ PODIATRIST 9:15– Tunes Through Time 10– Yoga with Emelia 10:45– Giant Tic Tac Toe 11:15– Oshibori 12:30– Go Fish! 1:00— Caroling with Janet Joe 2 – Paint Pinecones 3– Happy Hour Trivia (BIS) 4–Drum Circle 4:15-Oshibori 5– Sensory Sunset 5:30– Movie: White Christmas	17 9:15– Sing Along w/Elder Song 10- Stretch & Strength w/Rorie 10:45- Daily News Update! 11:15– Oshibori 12:30–Doo Wop Rhythm Shakers 1– Sensory Art w/Vanessa 2 - Clothespin Christmas Tree 2:15 - Chair Soccer 3– Mix, Mingle & Music w/ Barbara Watson (BIS) 3 - Creative Expressions 4:15-Oshibori 5– Sensory Sunset 5:30– Movie: Elf & Popcorn	18 xx 9:15– Melody Making 10- Stretch & Strength 10:45- Conversation Catch 11:15– Oshibori 12:30– Conversation Catch 1– Kent Denver Choir & Piano Performance 2– Loteria Fiesta Bingo! 3– Happy Hour: Rick Iracki (BIS) 3 - Games Galore 4:15- Oshibori 5– Sensory Sunset 5:30– Movie: Mary Poppins	19 9:15– Tunes Through Time 10- Stretch & Strength 10:45– Storytelling 11:15– Oshibori 12:30– Whiteboard Games 1:15– 3- Joyride: Cherry Creek State Park 2– Mindful Masterpieces 3:15- Cookie Decorating 3:45 - Drum Circle 4:15- Oshibori 5– Sensory Sunset 5:30– Movie: On the Town & Popcorn	20 9:15– Sing Along w/Elder Song 10- Stretch & Strength 10:45- Daily News Update! 11:15– Oshibori 12:30- Flower Arranging 1- Chair Yoga 1:45 - Christmas Cards 2:15 - Comedy Club: Mork and Mindy 3– Happy Hour Bingo (BIS) 4:15-Oshibori 5– Sensory Sunset 5:30– Movie: Grumpy Old Men
21 9- Catholic Service 9:15– Tunes Through Time 10- Stretch & Strength 10:45– Daily News Update! 11:15– Oshibori 12:30– Hang Man 1– Holiday Card Making 2:05 - Broncos vs. Jaguars 2:15– Ice Cream Sundae Sunday! 3:30– Holiday Music Sing Along 4:15-Oshibori 5– Sensory Sunset 5:30– Movie: A Christmas Carol	22 End of Hannukah 9:15– Melody Making 10- Stretch & Strength 10:45- Daily News Update! 11:15– Oshibori 12:30–Instrumental Music Making 1:45– News Currents w/Rorie 2:30 - Bocce Ball 3:15 - Decorate Stockings 3:45– Motown Sway Circle 4:15– Oshibori 5– Sensory Sunset 5:30– Movie: Christmas with the Kranks	23 9:15– Tunes Through Time 10– Yoga with Emelia 10:45– Mad Libs! 11:15– Oshibori 12:30– Hot Potato (Balloon) 1– Music with Mark Paulson 1:30 - Story Telling with Chris Wells 3– Pinecone Ornaments 3:45–Holiday Music Sing Along 4:15-Oshibori 5– Sensory Sunset 5:30– Movie: A Christmas Story	24 9:15– Sing Along w/Elder Song 10- Stretch & Strength w/Rorie 10:45– Gratitude Board 11:15– Oshibori 12:30– Doo Wop Rhythm Shakers 1–Holiday Sing Along 2:15 - Chair Soccer 3– Happy Hour Trivia 4:15-Oshibori 5– Sensory Sunset 5:30– Movie: Miracle on 34th Street & Popcorn	25 Christmas 9:15– Melody Making 10- Stretch & Strength 10:45– Daily News Update! 11:15– Oshibori 12:30– Cornhole 1– Let’s Make It: Shaved Ice 2 - Loteria Fiesta Bingo! 3 - Holiday Canvas Creations 4:15-Oshibori 5– Sensory Sunset 5:30– Movie: Dolly Parton’s Christmas on the Square	26 9:15– Tunes Through Time 10- Stretch & Strength 10:45 - Guess 10: Professions 11:15– Oshibori 12:30– Bocce Ball 1:15–3- Joyride: Chatfield State Park 2– Mindful Masterpieces 3:15 - Let’s Make It: Caramel Apple Fun! 3:45– Drum Circle 4:15-Oshibori 5– Sensory Sunset 5:30– Movie: Homeward Bound & Popcorn	27 Donna M.’s Birthday! 9:15– Sing Along w/Elder Song 10- Stretch & Strength 10:45– Daily News Update! 11:15– Oshibori 12:30- Flower Arranging 1– Acts of Service: Blanket Making 1:45– Hot Potato (Balloon) 2:15– Comedy Club: Father Knows Best 3– Happy Hour: Ryden Fredericks (BIS) 4:15-Oshibori 5- Sensory Sunset 5:30– Movie: Driving Miss Daisy
28 9- Catholic Service 9:15– Tunes Through Time 10- Stretch & Strength 10:45– Daily News Update! 11:15- Oshibori 12:30– White Board Games 1:15- Armchair Travel: The Wonders of Maine 2:15– Peppermint Milk Shakes 3– Chair Soccer 3:45– Doo Wop Rhythm Shakers 4:15-Oshibori 5– Sensory Sunset 5:30– Movie: Bed Knobs and Broom Sticks	29 9:15– Melody Making 10- Stretch & Strength 10:45– Giant Tic Tac Toe 11:15– Oshibori 12:30– Indoor Bowling 1– Guess 10: States 1:45– News Currents w/Rorie 2:30 - Wax Paper Art 3:15 - Manicure Monday! 3:45– Motown Sway Circle 4:15– Oshibori 5– Sensory Sunset 5:30– Movie: Live Action Dumbo	30 9:15– Tunes Through Time 10- Yoga with Emelia 10:45–Daily News Update! 11:15– Oshibori 12:30– I Remember That! 1– Snowman Sock Dolls 1:45– Chair Soccer 3–Bunco! 3:45– Connect 4 4:15-Oshibori 5– Sensory Sunset 5:30– Movie: Yankee Doodle Dandy	31 9:15– Sing Along w/Elder Song 10- Stretch & Strength w/Rorie 10:45–White Board Word Games 11:15– Oshibori 12:30– Motown Sway Circle 1– Decorate Party Hats 2:15– Chair Soccer 3– Happy Hour Trivia (BIS) 3 - Creative Expressions 4:15-Oshibori 5– Sensory Sunset 5:30– Movie: Annie & Popcorn		Please note CHAL plans our activities to align with Teepa Snow’s philosophy of “filling the day with meaning”. We believe both our staff and residents benefit from engaging in the four categories of meaningful activities to help them feel healthy, happy, purposeful and valued. <i>* All activities are subject to change based on the needs/</i>	