

THE CHAL CHRONICLES

Newsletter of Cherry Hills Assisted Living & Memory Care



"When were you born, who are your parents, where did you grow up? None of us earns these things. These things were given to us. So when we strip away all of our luck and our privilege, and we consider where we'd be without them, it becomes much easier to see someone who's poor and say, 'That could be me.' And that's empathy."

Melinda Gates

At Cherry Hills Assisted Living & Memory Care, gratitude is more than a word — it's the heart of everything we do.

Each and every day, we are reminded how truly lucky we are to be part of our residents' lives. It is a profound honor to walk alongside them in their journeys, to hear their stories, to share in their laughter, and to provide comfort and support when it's needed most. The trust families place in us is something we never take for granted. Being welcomed into your lives — and entrusted with the care of those you love — is a privilege that fills us with purpose.

Our residents are the soul of Cherry Hills. Their wisdom, resilience, humor, and kindness create a community that feels like home. We celebrate birthdays, milestones, quiet conversations, and joyful gatherings together. These everyday moments are the ones that matter most, and we are so grateful to share them.

This month, we are also celebrating something very special — our incredible team.

Behind every warm smile, every carefully prepared meal, every engaging activity, and every comforting reassurance is a staff member who truly cares. From our caregivers and nurses to our culinary team, life enrichment staff, housekeeping, and administrative support — each person plays a vital role in making Cherry Hills a place of dignity, compassion, and excellence.

We are unbelievably fortunate to work alongside such dedicated, skilled, and heartfelt professionals. Their compassion cannot be taught — it comes from within. They show up every day not just to do a job, but to make a difference. They form meaningful bonds with residents and families, often becoming an extension of those families themselves.

To our team: thank you for your patience, your kindness, your laughter, your long days, and your unwavering commitment. Cherry Hills shines because of you.

As we reflect this month, we are filled with gratitude — for our residents, for their families, and for our extraordinary staff. Cherry Hills is more than a community; it is a family. And we are so very lucky to be part of yours.

With heartfelt appreciation,

The Cherry Hills Assisted Living & Memory Care Team



Happy Retirement, AD!

THANK YOU FOR GIVING US 7 YEARS OF SERVICE! WE HAVE BEEN SO FORTUNATE TO HAVE YOU AS OUR LAUNDRESS. YOU'VE BEEN A STEADY, CARING PRESENCE WITH OUR RESIDENTS AND THE PRIDE YOU'VE TAKEN IN YOUR WORK MEANT SO MUCH TO ALL OF US.

WISHING YOU A RETIREMENT FILLED WITH REST, JOY, AND A COLD BEVERAGE ON THE BEACH!

A Prelude to March

IT WAS A GOOD MONTH OF FEBRUARY—FULL OF MIXING AND MINGLING, SWAPPING STORIES, AND TAKING DELIGHTFUL ARMCHAIR TRAVEL ADVENTURES TO PLACES LIKE HAWAII. IN BETWEEN THE EVERYDAY MOMENTS, THERE WAS TIME TO SLOW DOWN AND CELEBRATE VALENTINE'S DAY, SAVORING CONNECTION, LAUGHTER, AND A LITTLE EXTRA SWEETNESS. THE KIND OF MONTH THAT FEELS BOTH FULL AND FULFILLING.



MONTH AT A GLANCE
3/2 - 1:15 PM:
JOYRIDE WITH GERSHWIN
3/10 - 3:00 PM:
COMEDY PLAY BY
DRAMA IN PROGRESS
3/15 - 3:00 PM:
CINDY CLICK ON PIANO
3/17 -12:30 PM: JOYCE
KARCHERE - IRISH TUNES
3/17 - 1:30 PM:
CHRIS WELLS
3/19 - 1:30 PM: CHEF CHAT
3/24 - 3:00 PM
MARCH BIRTHDAYS PARTY
3/26 - 1:30 PM:
TEACHING KITCHEN WITH
GERSHWIN
3/29 - 3 PM:
CINDY CLICK ON PIANO
3/31 - 3:00 PM: RESIDENT
RECOGNITION REVELRY:
LARRY P.



SUCH FULL, SPECIAL DAYS HERE AT CHAL!



MEMORY CARE FUN!

BOWLING



GROUP EXERCISE



FINE MOTOR ACTIVITIES



GO FISH!!



CHAL LEADERSHIP TEAM

- Melia Sharkey - Executive Director
- Michele Farrelly - Sales & Marketing Director
- Jennifer Townsend, LPN- Director of Memory Care
- Adam Dodd, LPN- Director of Assisted Living



- Caitlyn Croce - Business Office Manager
- Gershwin Sandberg - Executive Chef
- Trish Dunbar - Director of Community Life
- Eric Davis - Director of Operations