

THE CHAL CHRONICLES

Newsletter of Cherry Hills Assisted Living & Memory Care



"MAY IS THE MONTH OF EXPECTATION, THE MONTH OF WISHES, THE MONTH OF HOPE."

- Emily Bronte

Dear Residents, Families, and Friends,

May has arrived, bringing with it longer days, blooming flowers, and a renewed sense of energy all around us. It's a beautiful reminder that growth often happens quietly—through small moments of connection, kindness, and joy that brighten our days.

At Cherry Hills Assisted Living and Memory Care, May offers many opportunities to celebrate the meaningful relationships that make our community feel like home. This month, we look forward to honoring the mothers, grandmothers, and caregivers who have shared their love and wisdom with generations of families. We will also take time to recognize Memorial Day and reflect with gratitude on the brave men and women who have served our country.

As spring continues to bloom, so does our calendar of activities. From outdoor gatherings and music to creative programs and shared celebrations, our team remains committed to creating experiences that encourage purpose, connection, and joy for every resident.

We are grateful for the families who partner with us, the staff who bring compassion to their work each day, and the residents who make this community so special. Thank you for being part of all that makes Cherry Hills such a warm and vibrant place to call home. Wishing you a month filled with sunshine, laughter, and meaningful moments.

Warmly,

The Staff at Cherry Hills Assisted Living and Memory Care

A BIG WELCOME BACK TO SUSAN! WE ARE SO GLAD TO SEE YOUR SMILING FACE BACK AT THE FRONT DESK TO GREET US. CHAL DIDN'T FEEL THE SAME WITHOUT YOU!

WE LOVE & APPRECIATE YOU!!



WHEN WE COUNT OUR BLESSINGS, WE COUNT YOU TWICE..

What is Happiness?

BY DAPHNE

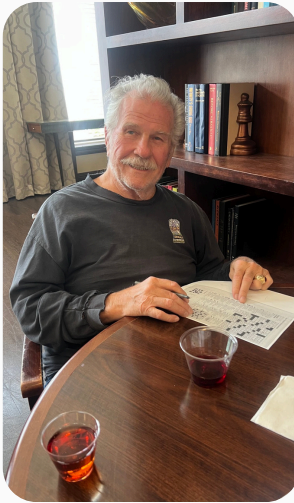
Happiness is waking in the morning to see sunlight streaming through the windows. Happiness is seeing your infant baby grandson for the first time. Happiness is enjoying a meal of pancakes for breakfast, it is so much better than anything I ever cooked myself. Happiness is feeling that I still have the love of my two daughters, I am glad that they don't make me feel like I am a problem in their lives.

And so, you see, it doesn't take much to make you happy. Life is full of so many good things. If there are bad things, we can often do nothing about them. We must cling to the happiness we know is waiting for us. We are so lucky to feel the joy that being at Cherry Hills gives us. Happiness is living life all over again at Assisted Living and loving it.

Thank you, Life still makes me happy.



COMMUNITY & CONNECTION
MAKE OUR LIVES RICHER



EASTER FUN!



BUNNY LOVE ❤️



CHAL LEADERSHIP TEAM

- Melia Sharkey - Executive Director
- Michele Farrelly - Sales & Marketing Director
- Jennifer Townsend, LPN- Director of Memory Care
- Adam Dodd, LPN- Director of Assisted Living

- Caitlyn Croce - Business Office Manager
- Gershwin Sandberg - Executive Chef
- Trish Dunbar - Director of Community Life
- Eric Davis - Director of Operations

